

## **Celebrating National Volunteer Month: A Time to Give Back and Stay Connected**

April is National Volunteer Month, a time to honor the invaluable contributions of volunteers across the country and to inspire others to get involved. For those over 65, volunteering is not only a meaningful way to give back to the community, but it also offers countless benefits to physical and mental well-being. Whether you've been volunteering for years or are looking for a way to start, National Volunteer Month is the perfect time to explore opportunities to make a difference.

### **The Power of Volunteering**

Volunteering allows individuals to use their skills, talents, and life experiences to improve the lives of others. Whether it's lending a hand at a local food pantry, tutoring young students, helping at a community event, or assisting with animal rescue organizations, there are countless ways to contribute. The joy of helping others is immeasurable, and it often creates a ripple effect - improving the lives of not only those being helped but also the volunteers themselves.

### **Health Benefits of Volunteering**

For people over 65, staying engaged in the community through volunteer work can be a powerful way to maintain good health. Studies show that volunteering has numerous physical and emotional health benefits. It can reduce stress, lower the risk of depression, and even improve longevity. Volunteering often involves physical activity, like walking, lifting, and assisting others, which can help improve mobility, balance, and overall fitness. Additionally, the sense of purpose that comes from helping others can contribute to better mental health and cognitive function.

### **Getting Started**

If you're interested in volunteering this April, there are many local organizations that could use your help. Start by thinking about causes you care about—whether it's health, education, the environment, or supporting the people—and look for opportunities nearby. Many organizations are flexible with the time commitment, allowing you to volunteer as much or as little as you prefer.

### **Volunteer Opportunities Near You**

- **Senior Centers:** We have many volunteer opportunities available at our three senior centers. Whether it's helping to serve lunch, assisting with exercise classes, supporting crafting activities, or lending a hand with other tasks, there are plenty of ways you can contribute and make a difference in the lives of your peers.
- **Hospitals and Healthcare Facilities:** Volunteer to provide companionship to patients or assist with administrative tasks.
- **Animal Shelters:** Help care for animals, assist with adoption events, or clean the facilities.
- **Food Pantries:** Donate your time helping package or distribute food to those in need.

### **Making a Difference**

As we celebrate National Volunteer Month this April, remember that age is just a number. Your wisdom, experience, and time are invaluable assets to your community. Whether you give a few hours a week or a few hours a month, your contribution will have a lasting impact.


Volunteering helps build stronger, more connected communities—and it's an opportunity to connect with others who share your passion and values. So, take a step this month to make a positive change, both in your own life and in the lives of others. Embrace the joy of giving back and experience the fulfillment of making a difference!

# April

**Suggested meal price:**  
\$3.00 for 60 and over;  
\$9.00 all others.

**Milk is Included with all meals.**

**Menu subject to change due to**

<b>April 2025 Menu</b>	1) Open face turkey sandwich w/ wheat bread and gravy Mashed potatoes Roasted Brussel sprouts Fruit cocktail  	2) Stuffed cabbage casserole Brown rice Baby carrots Wheat bread butter Fresh orange  	3) Juice Fish Sticks Macaroni & cheese Stewed tomatoes Wheat bread butter Fresh Cantaloupe <b>NW: juice, Turkey sandwich, mayo pc, bean salad, fruit</b>	4) <b>Italian Day</b> Juice Stuffed shells with marinara sauce and mozz cheese Creamed Spinach Italian bread butter Cannoli dessert  
7) Meat Lasagna Spinach California blend Wheat bread butter Fresh pear  	8) Honey ginger chicken Roasted red potatoes Broccoli Wheat dinner roll Butter Peaches  	9) Orange juice Cranberry glazed pork roast Mashed potatoes Summer squash Rye bread butter Vanilla pudding with strawberries	10) Turkey roll ups with Cornbread stuffing/Gravy Baked Sweet potato fries Creamed spinach Pineapple  	11) Corn & bean salad Cheese omelet Turkey sausage Home fries Wheat bread butter Fresh orange  
14) Swedish meatballs Mashed potatoes Green beans Wheat bread Butter Fresh orange  	15) Baked fish Florentine Creamed potatoes Carrots Wheat bread butter Cantaloupe  	16) <b>Easter dinner</b> Cranberry juice Baked ham with pineapple Mashed sweet potatoes Peas Wheat dinner roll Butter Coconut cream pie  	17) Chicken Corn Chowder Baked potato with sour cream Broccoli Rye bread butter Pudding <b>NW: juice, Ham &amp; cheese sandwich, mustard pc, beets, fruit</b>	18) <b>Closed</b>  
21) Apple BBQ pork on a Wheat bun Baby potatoes Sautéed cabbage Pineapple chunks  	22) <b>Earth Day</b> Grape juice Veggie cheese pizza Salad Dirt dessert  	23) Chicken Cacciatore over Cauliflower rice Broccoli Wheat bread butter Fruit cocktail  	24) Southwest Fish WW Taco French fries Spinach Cantaloupe  	25) Ground beef Stroganoff Roasted potatoes Green beans Wheat bread butter Mandarin oranges
28) Fish Patty on wheat bun Tartar sauce Potato wedges Carrots Fresh orange  	29) Eggplant Parmesan Pasta w sauce Broccoli Wheat bread butter Yogurt w Peaches	30) Mediterranean Meatloaf/gravy Mashed potatoes Cauliflower WW dinner roll Butter Pears	Tasty Tidbits: Don't let April fool you. Its National food month! A whole month dedicated to all different kinds of food. Come celebrate with us and try something new!	

**To make a reservation please call the center of interest the day prior by 1:00 PM.**

**Legend: NW-Northern Wayne, HB-Homebound Meals**

MAIN STREET  
**FARMERS  
MARKET**  
AT  
**the coo-per-age**



**saturdays | november 2**  
**11 am - 1 pm | to april 26**

**with farm-to-table food  
in our cafe, thanks to...**



**Northeast Sight Services** offers a number of different Support Services to adults based on the following qualifications: Geographic Area: Lives in the Counties of Upper Luzerne, Pike, Wayne, and Wyoming.

Visual Eligibility (based on one or more of these four factors): A corrected visual acuity of 20/70 or greater in the better eye · A visual field loss of 20 degrees or greater · A diagnosis of a progressive sight threatening disease · A significant functional limitation from vision loss Individuals who meet these qualifications are eligible for: Adjustment to Vision Loss Services (Initial Evaluation & Referral), Vision Rehabilitation Therapy, Assistive Technology, In-Home Independent Living Support and Educational and Social Events.

**Address: 1825 Wyoming Avenue, Exeter PA 18643**

**Email: [sara@northeastsight.org](mailto:sara@northeastsight.org)**

**Website: [www.northeastsight.org](http://www.northeastsight.org)**

**Toll free: 1-877-693-3555**

**Phone: 570-693-3555**



**NORTHEAST  
SIGHT SERVICES**

— Since 1918 —

OUR VISION IS CLEAR:  
SIGHT LOSS SUPPORT & PREVENTION™

United Cerebral Palsy of Northeastern Pennsylvania provides opportunities and resources to individual with disabilities as they build and lead their lives in the community.

UCP serves as one of nine Assistive Technology Resource Centers located in NEPA.

**Programs Provided:**

**-Free Special Phone Program**

**-Assistive Technology Lending Library**

**-Pass It On:** Reused Exchanged Equipment Partnership, which recycles and makes available to the public devices such as canes, walkers, wheelchairs, commode and shower chairs.

**Phone: 570-347-3357**

**Assistive Technology Resource Center: 1-877-UCP-TECH**





## **HAMLIN SENIOR CENTER-APRIL UPCOMING EVENTS**

**All Games Monday** – Enjoy Pinnacle, Dominoes, Rummikub, etc. Mon. mornings 8 am – 12 PM

**Tai Chi** – Mon.'s at 10:30 AM facilitated by Peter Brown.

**Chair Yoga** – Mon. at 1 PM, 4/7, 4/14, 4/21, and 4/28 facilitated by Ruth Piptone.

**Healthy Steps in Motion** – Wed. & Thurs. at 10 AM for eight weeks training effective 4/23 – 6/12. Primary focus is on fall prevention, strength, and balance.

**Standard HSIM Exercise** – Wed. at 11 AM following HSIM training

**Italian Day** – Fri., 4/4, Celebrate an Italian themed day admiring the Italian culture, bingo and lunch. Don't forget to wear red, white and green

**How to Series** – Tues., 4/8/25 qt 11 AM. "Devises to Assist in Everyday Tasks" facilitated by Denise Rossman from Tech Owl.

**Coloring Easter Eggs with Colleens** – Tues., 4/15 at 10 AM

**Angela from Dept. of Health** – Tues., 4/15 presenting information on "Parkinson's Awareness" at 11 AM

**Lynn Potter** – Tues., 4/15, 11:30 AM "Food Safety for Summer Months".

**Easter Celebration** – Wed., 4/16 for a full day of fun! Games begin at 10 AM and then wonderful entertainment by "Tom Rogo" at 11 AM. Our delectable Easter meal will be at 12 PM followed by Bingo at 1 PM.

**The Ridge Early Bird Dinner Night** –Thur., 4/17. Dinner begins at 3 PM. Fifteen may attend. Must RSVP before 4/3/25.

**Good Friday** – Fri., 4/18, Center Closed in Observance of Easter.

**Earth Day** – Tues. 4/22 at 1:30 AM **How to Series** – "Tips on Garden Preparation" and hands on planting in honor of Earth Day facilitated by Peter Brown, Master Gardener.

**RSVP Volunteer Recognition** – Wed., 4/30, for volunteers registered with RSVP taking place at Camp LaDore at 11 AM. (Invite only event).



Richard Kurz	Dottie Maritato
Diane Torre	Lois Johnson
Anny Antonello	Ernest Iannacone

## **CRAFT TIME AT HAMLIN**

Colleen Mentz and Anny Antonello have been facilitating the craft classes allowing for more craft time opportunities. A BIG thanks goes to them for sharing their talents. Keely Yetter has also stepped up to the plate. You never know what you will be doing and that is part of the fun!



Colleen Mentz leading the group with some assistance from Carolyn Lennan with Diamond Art. They made beautiful flowered coasters.



Anna Antonello instructing the crafters with crocheting on 2/25/25. Crocheting is on the come back!

## **HAMLIN ACTIVITIES**

<b><u>Monday</u></b> <b>9-12:00</b>	<b><u>Tuesday</u></b> <b>9-12:00</b>	<b><u>Wednesday</u></b> <b>10-11 AM</b>	<b><u>Thursday</u></b> <b>10-11 AM</b>	<b><u>Friday</u></b> <b>9-12 AM</b>
Pinnacle Fun in Games (Thrive Room)	Fun in Games Pinnacle (Main Room)	Exercise Class	Exercise Class	Poker Group
<b>10:30-11:30</b> Tai Chi	<b>10:30 – 12:00</b> Program or Craft (Thrive Room)	<b>1- 3 PM</b> Nu- Step Ma- chine	<b>9-12</b> Poker Group	<b>10AM</b> Bingo
<b>1 – 2 PM</b> Chair Yoga	<b>1 – 2 PM</b> BINGO	Shuffleboard	<b>1-3 PM</b> Fun in Games	<b>1-3 PM</b> Poker Group
<b>1 PM – 3 PM</b> Pinnacle & Games	<b>2-3 PM</b> Fun in Games	Fun in Games	Poker Group	Fun in Games
		<b>*Schedule sub- ject to change</b>		<b>May-September</b> <b>5-7PM</b> Every other Friday Pizza and Bingo Night

## **April Events—Hawley Center**

**April 1—Tuesday**— National Fun Day— Come to the center and join in a fun filled day of activities and games.

**April 2nd Wednesday**— Peanut Butter and Jelly Day— Come and join a Peanut butter and Jelly Taste Testing and some peanut butter and Jelly treats and trivia. Come to the center to find out additional information .

**April 4th—Friday**— Italian Day— Come and join us for a nice Italian lunch of stuffed shells, creamed spinach and a cannoli dessert. There might also be a presentation on winemaking in the NEPA region .Wear Red White and Green .

**April 8th— Tuesday**— Representative Olsommer's Office will be at the Hawley Center .

**April 16th— Wednesday**—Easter Celebration— Come and join us for an Easter Lunch , scavenger hunt and as an extra treat an Easter Bingo.

**April 17th— Thursday**— National Cheeseball Day— Let's make our own Bacon Ranch Cheeseball. Pre registration is required for this event to get the list of supplies you will need. Call the center at 570-226- 4209 if you would like to participate. We will also have a Cheeseball tasting and get a variety of cheeseball recipes.

**April 22nd — Tuesday**— Lois Elick, from the PA State Dept. of Health, will be at the Hawley Senior Center to discuss Parkinson's Disease. Angela Reeves will also be at the center for Free Blood Pressure Check.

**April 22nd— Tuesday**— Earth Day Celebration— We have a fun filled pack day of Earth Day events going on at the center. Come and join in on the fun.

**April 23rd— Wednesday**— National Picnic Day— Join us for another fun filled day centered around Picnic Fun. Come to the center to find out additional information about this day. (This is not the summer picnic; that will be on Friday, July 25th, save the date for a "roaring good time" Stay tuned for more details)

**April 24th and 25th**— AARP Driver Safety Classes— 10:00am-2:30pm. This is a two day, 4 hour course ; you must attend both sessions in order to receive the discount on your insurance. There is a Fee of \$20 for AARP members and \$25 for Non AARP members. Must bring card and driver's license with you. Also, if you would like to volunteer ,to be trained to present these classes in our area, please call 570-226-4209 for more information.

**April 28th— Monday**—National Superhero Day— Come dressed as your favorite Super Hero or create your own!!! Prizes for best costume . Join us for a fun filled action packed day .

**April 30th— Wednesday**— Diakon Volunteer Lunch @Camp LaDore. I sincerely appreciate all of our volunteer's hard work and dedication. Thank you for all that you do. Enjoy your day!!

**\*\* Save the Date, Thursday, May 8th**—The Dime Bank will be here to discuss Fraud Prevention from 10:30-11:30 am

**Mondays**— Ceramics 10:00-2:30, Exercise 10:30-11:30, Mahjong 11:30-2:30

**Tuesdays**— Bingo 1:00-2:00PM

**Wednesdays**— Tai Chi 10:00-10:30 ( \$5 ) Healthy Steps In Motion Program 10:30-11:30

**Thursdays**— Card Group 10:00-2:30 , Bingo 1:00-2:00 PM.

**Fridays**—Exercise 10:30-11:30— Board Game Day—1:00-2:30

\*\* All Events and activities are subject to change at any time.

## **Hawley Celebrates Extraterrestrial Culture, Valentine's and Hoodie Hoo Day!!!!**





## Honesdale Senior Center-April Activities



**April 4th (Friday) 1-3 pm**-Our brand new **writing group** will be on the 1st and 3rd Friday monthly. We are closed on Friday April 18th for Good Friday.

**April 4th (Friday)**-Italian Day - join us for an Italian Festival and Birthday Friday.

**April 10th and 24th (Thursday) 10-11:30**-Get creative and make a **craft** with Sandy.

**April 11th (Friday)**-We will host our **spring clothing swap**, we will have tables of free clothes set up in the back room of the Senior Center.

**April 16th (Wednesday)**-Come and celebrate **Easter** with a delicious meal and great company.

**April 22nd (Tuesday)**-Earth Day, join us for a special meal and celebrate the beautiful planet that sustains us. We will also be planting seeds that we cultivate throughout the summer.

**April 30th (Wednesday)**-**RSVP Volunteer Recognition** for volunteers registered with RSVP taking place at Camp LaDore at 11 AM. (**Invite only event**).

**We will be closed on April 18th in observance of Good Friday.**

\*\*\*\*Schedule Subject to Change\*\*\*\*

### **Save the Date**

May is Older Americans Month:

May 8<sup>th</sup> – Mural Project, Rock Painting, and Intergenerational Garden Day

May 11<sup>th</sup> - Free Day and Talent Show



We had a great time at our Valentine's Party!

### **For Your Information**

#### **Public Meeting:**

Area Agency on Aging Director, Mary Ursich, will host a meeting to talk about services provided in the past year and plans for the upcoming year. This will take place on Thursday, April 10<sup>th</sup> at 1pm, in the Honesdale Senior Center. All are welcome to attend.

#### **Under Construction:**

The Aging Building in Honesdale will be having some work done on our back entrance and fire detection system. This will be taking place on April 14<sup>th</sup> – April 16<sup>th</sup>. Please excuse any mess or noise.

## **HONESDALE ACTIVITIES**

<u><b>Monday</b></u>	<u><b>Tuesday</b></u>	<u><b>Wednesday</b></u>	<u><b>Thursday</b></u>	<u><b>Friday</b></u>
<b>11:00-12:00</b> Mind Matters Weekly Lecture Series	<b>10:30-11:30</b> Exercise Class	<b>10:00-11:00</b> Exercise Class	<b>10:00</b> Northern Wayne Center-1st and 3rd Thursday	<b>10:30-11:30</b> Exercise Class
<b>10:30-3:00</b> Bridge	<b>1:00-4:00</b> Billiards Shuffleboard	<b>1:00-2:00</b> BINGO <b>1:00-4:00</b> Hozzie Card Game	<b>10:00</b> Crafts/ Crocheting 2nd and 4th Thur.	<b>1:00</b> Rummikub tile game Billiards Shuffleboard
<b>1:00</b> Canasta		<b>2:00-3:30</b> Caregivers Support Group 3rd Wed. each month	<b>1:00</b> Shuffleboard Billiards	<b>1:00-3:00</b> Writing Group "Memoirs and More": 1st and 3rd Friday each month.
<b><i>*schedule sub- ject to change</i></b>		<b>2:00-3:30</b> Grief Support Group 2nd & 4th Wed. each month		



## **Northern Wayne Senior Center**

**April 3rd**-We will play board games in honor of National Scrabble Day which is April 13th. Bingo will be at our regular time, after lunch.

**April 17th**-Join us for our Easter Celebration and make a bookmark craft project.



For those who aren't aware, meetings are held at 10:00 AM at the Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood. We meet the 1st and 3rd Thursday March-October and the 1st Thursday of the month November-February (weather permitting, if schools are closed so are senior centers) Please call Christina at (570) 253-5540 for more information or to make a reservation for lunch. See you soon!

**The Low-Income Home Energy Assistance Program (LIHEAP)** helps low-income families pay their heating bills. LIHEAP is a grant. You do not have to repay it. The program offers both cash and crisis grants. Families may apply for cash grants that help pay heating bills. The one-time payment is sent directly to your utility company or fuel provider, and it will be credited on your bill. (In some cases, the check may be mailed to you directly.) Cash grants range from \$200-\$1000 and are based on household size, income, and fuel type. Crisis grants may be available if you have an emergency situation and are in jeopardy of losing your heat. You can receive more than one Crisis grant, as necessary, during the season until the maximum benefit of \$1000 is reached. Crisis situations include broken heating equipment or leaking lines that must be fixed or replaced, lack of fuel, termination of utility service, danger of being without fuel (less than a 15 day supply) or having utility service terminated (received a notice that service will be shut off within the next 60 days).

**Pennsylvanians can apply for LIHEAP November 4th, 2024 through April 5, 2025** online at [www.dhs.pa.gov/COMPASS](http://www.dhs.pa.gov/COMPASS), by phone toll-free at 1-866-550-4355, or in person at the Wayne County Assistance Office, located at 15 Innovation Drive, Lake Ariel, PA 18436, telephone number 570-253-7118. Anyone over 60 years old can call their local senior center for an appointment, see back of newsletter for phone numbers.

## **Pennsylvania's Property Tax/Rent Rebate Program**

Pennsylvania offers a valuable Property Tax/Rent Rebate Program designed to support older adults and people with disabilities. This program provides rebates to eligible homeowners and renters, helping to ease the financial burden of property taxes and rent<sup>1</sup>.

### **Eligibility and Income Limits**

To qualify for the rebate, applicants must be at least 65 years old, widowed and 50 years old or older, or permanently disabled and 18 years old or older. Additionally, the program has specific income limits<sup>1</sup>. For the 2024 period, the income limit for both homeowners and renters is set at \$46,520. The rebate amount varies based on income, with the maximum standard rebate being \$1,000.

### **Rebate Amounts**

The rebate amounts are determined by the applicant's income. Here's a breakdown of the standard rebate amounts:

- **\$0 - \$8,270:** \$1,000
- **\$8,271 - \$15,510:** \$770
- **\$15,511 - \$18,610:** \$460
- **\$18,611 - \$46,520:** \$380

### **Application Process**

Applicants can submit their applications online, by mail, or in-person. The deadline for applications is June 30, 2025. The Department of Revenue provides free assistance to help applicants with their submissions.

This program, supported by the Pennsylvania Lottery and gaming funds, has been expanded to include more Pennsylvanians, making it a crucial resource for those in need. If you need assistance please call your Senior Center for an appointment.

## Trout Fishing in Pennsylvania: A Great Way to Stay Active and Enjoy the Outdoors

Pennsylvania is home to some of the best trout fishing in the country, making it the perfect way for those over 65 to enjoy the great outdoors, relax, and stay active. Whether you're an experienced angler or just getting started, fishing offers plenty of physical and mental health benefits.

Trout season in Pennsylvania opens on **April 12, 2025**, marking the start of a thrilling opportunity to fish in rivers, lakes, and streams across the state. With many stocked waters full of brown and rainbow trout, there's no shortage of chances to reel in a catch while enjoying the peaceful atmosphere of nature.

For anglers 65 and older, the cost of a **senior fishing license** is **\$14.47**, and if you plan to fish for trout, you'll also need a **trout permit** which costs **\$14.97**. The total cost for both is **\$29.44**. You can easily purchase both the fishing license and the trout permit online through the Pennsylvania Fish and Boat Commission or at an authorized license agent.

Fishing isn't just about the catch—it's also great for your health. It provides light, low-impact exercise that helps improve flexibility, balance, and cardiovascular health. Walking to your favorite fishing spot, casting your line, and reeling in a catch engage your muscles and keep you moving, all while enjoying the fresh air. Plus, spending time outdoors can reduce stress, improve your mood, and boost overall mental well-being.

So, whether you're a seasoned pro or just looking to get out on the water, trout fishing in Pennsylvania is a wonderful way to stay active, enjoy nature, and take in the health benefits of outdoor recreation. Grab your rod, prepare for the season opener, and make the most of this upcoming trout season!



alzheimer's   
association

### Wayne Memorial Hospital Alzheimer's Support Group

**Presented by:** Alzheimer's Association of greater Pennsylvania

**When:** First Tuesday monthly from 5:30-6:30 pm

**Where:** Wayne Memorial Hospital-David Katz Room, 601 Park Street, Honesdale PA 18431

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.
- All are welcome, for information please call 800-272-3900 or go online to [alz.org](http://alz.org)





Did you know that Wayne County has a brand? Agrolegacy means certified local. Anytime that you see the Agrolegacy label you can be sure that the item you are looking at was produced or grown on one of Wayne County's 523 farms. When purchasing these items, your dollars go directly to our local farms and communities.

The next time that you are shopping, look for our brand and buy with confidence, knowing a local farm is being supported through your purchase.

If you would like to learn more about Agrolegacy or participate in our brand, please visit [agrolegacy.org](http://agrolegacy.org) or [waynetomorrow.com](http://waynetomorrow.com) for additional information.



## Guardianship Case Manager

### Job description

We are seeking a dedicated and compassionate Guardianship Case Manager to join our team. Start your career as a court-appointed Guardian with this remote, full-time position. You will enjoy on-the-job training and employer-sponsored support toward professional certification and future advancement. Starting your work day from your home, you will help older adults make important decisions, serving those who have cognitive impairments. Knowledge of long-term care, Social Security benefits, case management and medical terminology are desirable. **You must live in Pike, Wayne or Monroe counties.**

Independent self-starters interested in this position must have valid PA driver's license, reliable transportation, proof of car insurance, and ability to travel throughout Northeast Pennsylvania focused on the Poconos. As a largely on-the-road, remote employee, you should be comfortable with MS Office suite and web-based collaboration platforms.

See the full job posting here:





**VOUNTEERS NEEDED FOR THE  
OMBUDSMANPROGRAM IN WAYNE PIKE  
AND MONROE COUNTIES**

Volunteer Ombudsmen are community neighbors who are specially trained to help clarify responsibilities and rights of consumers in long-term living facilities. If you are available for a few hours a month, over 18 years of age, concerned about the rights of nursing home and assisted living/ personal care home residents and interested in making a difference in the lives of long-term living residents, then you may be perfect for the Volunteer Ombudsman Program. For more information, please contact:

**Ombudsman Kim Erickson at 570-344-7190**

**Or email: [kerickson@servingseiniorsneps.org](mailto:kerickson@servingseiniorsneps.org)**



**Do you have extra space in your home?  
Would you like some companionship or assistance with living expenses?**

**The SHARE program may be just what you need!**

Shared Housing and Resource Exchange (SHARE) is an affordable housing choice that brings together homeowners who want to share their home with home seekers who have an option to assist with living expenses, help around the house, or a combination of both.

***SHARE is available here, in Wayne and Pike Counties!***

***Call Christina Grape-Garvey***

***Cell:570-817-3236***

**Retired & Senior Volunteer Program of Berks, Pike & Wayne Counties**

**Volunteer Opportunities**

**Wayne County Area Agency on Aging**

Help at a Senior Center, Meal Delivery Drivers

**Wayne County Food Pantry**

Packing / Distribution Day, Warehouse Pallet Assembly

**American Red Cross**

Blood Donor Ambassador, Disaster Relief

**Serving Seniors, Inc.**

Volunteer Ombudsman

**RSVP Senior CHAT Program**

Make or Receive Friendly Phone Calls

**Ladore Camp, Retreat & Conference Center**

Food Service, Program Instructor, Grounds Maintenance

**Salvation Army**

Honesdale Extension

**Dawn Houghtaling Call: 570-390-4540**

**Email: [houghtalingd@diakon.org](mailto:houghtalingd@diakon.org)**



*\*RSVP is funded by AmeriCorps and sponsored by Diakon Community Services.*

# Easter

## Word Search



S O A  
R S C C M  
D P T E Q X E  
V I E E L Z L X M  
S Y K O E E F M O J Y  
J S G M E B P C H Q L  
S A G W C E R D Y E I H M  
B Q O Z E R A H O A C D B  
V U K N G R T W T E A W E  
G N N A G E I N F A R E F  
F R D N S U O J I T R C I  
Q A W L Y T N U H P O H N  
G B P E T U D K O U T I D  
S B F O E A B H R X S C N  
V I C H O C O L A T E K W  
T K G H H F H I B S S  
Q V R B O U Q U E T M  
Z D L U N M Z I C  
F L O W E R S  
J T O Q B

Word list:

BASKET  
BOUQUET  
BUNNY  
CARROTS

CELEBRATION  
CHICKS  
CHOCOLATE  
COTTONTAIL

DYE  
EGGS  
FIND  
FLOWERS

HIDE  
HOP  
PEEP  
RABBIT

## April Fools Day: How Did it Begin?

The exact origin of April Fools' Day is somewhat mysterious and has multiple theories. One popular theory traces it back to 16th-century France, when the calendar changed and New Year's Day was moved from April 1 to January 1. People who continued to celebrate the old New Year's date were called "April fools" and were subject to pranks. Others suggest it goes back even further, to ancient Roman festivals like Hilaria, celebrated in late March, where people would dress up in disguises and mock their peers. Regardless of its origins, April Fools' Day has become a beloved tradition worldwide, filled with fun and harmless mischief.

"Perhaps this entire tale is nothing more than an elaborate April Fools' Day prank. I'll let you be the judge of that."



## Spring Word Scramble

### Can you Guess the Answers?

1. I have keys but open no locks. I have space but no room. You can enter, but you can't go outside. What am I?
2. What comes once in a minute, twice in a moment, but never in a thousand years?
3. I'm not alive, but I can grow; I don't have lungs, but I need air; I don't have a mouth, and I can drown. What am I?
4. I speak without a mouth and hear without ears. I have no body, but I come alive with the wind. What am I?



WBNIAR \_\_\_\_\_  
BLLAMURE \_\_\_\_\_  
WFLORE \_\_\_\_\_  
PLITU \_\_\_\_\_  
NERGE \_\_\_\_\_  
MLOBO \_\_\_\_\_  
PLRIA \_\_\_\_\_  
LFBTUTREY \_\_\_\_\_  
NIAR \_\_\_\_\_  
DREGNA \_\_\_\_\_  
EBE \_\_\_\_\_  
YMA \_\_\_\_\_  
GNRIPS \_\_\_\_\_  
HSSNIEUN \_\_\_\_\_  
YBNUN \_\_\_\_\_  
CAMHR \_\_\_\_\_  
EDES \_\_\_\_\_

### WORD BANK

APRIL | BEE | BLOOM | BUNNY  
BUTTERFLY | FLOWER | GARDEN  
GREEN | MARCH | MAY | RAIN | RAINBOW  
SEED | SPRING | SUNSHINE | TULIP  
UMBRELLA



Answers: 1. Keyboard 2. The letter "M" 3. Fire 4. Echo



## *Grief Support Group*

*If you've experienced a loss and find yourself  
needing extra support, please join us.*

**HONESDALE SENIOR CENTER**

**323 10<sup>th</sup> Street**

**Honesdale, PA 18431**

*\*Virtual option available upon request\**

**Monthly on the 2nd & 4th Wednesday**

**2:00-3:30 PM**

**Please RSVP if you plan to attend  
(570) 253-4262**

**Facilitated by volunteers Anthony Campbell &  
Bill Reitsma**

*All Are Welcome*

## **AARP® DRIVER SAFETY CLASS**

**WHEN:** Thursday, 4/24<sup>th</sup> Friday, 4/25<sup>th</sup>

**WHERE:** Hawley Senior Center

**TIME:** 10 am – 2:30 pm

**Cost:** \$20 member & \$25 non-member

**Contact:** Michele Braidia-570-226-4209

The class will take place between 10:30 AM – 2:30 PM. Please arrive 15 minutes prior to start time. There will be a half hour lunch break each day. You may bring lunch with you or purchase lunch from the Hawley Senior Center. Payment may be cash, check or money order. Reservations are needed in advance for lunch and class attendance. Please call 570-226-4209

There is a %5 insurance deduction when you complete the entire class.

## **Resorts World Catskills Casino**

**Dick Clark's Countdown to the 50's & 60's**

**Wednesday, May 14, 2025—\$87.00 per person**

### **Package includes:**

\$25 slot play, 12:30 – 1:45pm Buffet lunch (salad, chicken, penne ala vodka, meatballs, dessert & soda), 2:00pm show, transportation and gratuities.

When signing up you will need to give us your full legal name (name on your driver's license), address, and birth date.

Christina at 570-253-5540 or  
Debbie at 570-630-2385

### **Depart:**

Hamlin Center - 8:30am

Hawley Center -9:00am

Honesdale - 9:30am (between Harbor Freight & TJ Maxx)

### **Arrive Home:**

Honesdale - 5:30pm

Hawley - 6:00pm

Hamlin - 6:30pm

Depart casino at 4:30pm

**\*Remember to bring your legal ID with birth date.**

**\*Money needs to be in by April 15, 2025.**

**\*Make checks payable to: Wayne County Aging.**

**\*Cancellation Policy: Money refunded only if your seat can be filled.**

***After April 15<sup>th</sup>, no refunds for any reason.***

## Victims' Intervention Program



### April- Sexual Assault Awareness Month

In addition to April showers bringing May flowers, the month of April also brings sexual assault to the forefront of society. Sexual Assault Awareness Month (SAAM) was first celebrated in Pennsylvania in 2001. In 2009, President Barack Obama proclaimed SAAM to be nationally recognized every April. The mission of SAAM has always been the same, to change behaviors, promote respect, and speak out about sexual violence. Prevention is possible through widespread education and awareness.

The theme for this year is, "Together We Act, United We Change". As such, VIP will honor SAAM by holding an event in our local community. Take Back the Night is a movement dedicated to ending sexual violence and empowering individuals to feel confident in their communities, including our senior population. As we age, it's important to remember that everyone deserves to feel safe and secure, no matter the time of day.

For many older adults, the idea of public safety has always been central to peace of mind. Unfortunately, as society ages, so do the risks, and older individuals- especially older women- often experience higher rates of violence but often feel isolated and less likely to speak out. Events like Take Back the Night offer a vital opportunity to challenge these issues head-on. They create a space for all survivors to find their voices, connect with others, and advocate for all generations to live in a world where respect, safety, and kindness are the norms, not the exceptions.

Take Back the Night will begin at 4:30pm on Wednesday, April 30, at Black and Brass in Hawley. Whether you are a survivor, an ally, or simply someone who believes in creating a safer world, your presence can help amplify the message that violence has no place here. Your participation is a step toward a world where everyone, regardless of age or gender, can walk freely and safely.

Remember, *no one is ever too young or too old to make a difference*. By coming together, we can ensure that the night belongs to those who are free to walk it without fear. Let's *Take Back the Night*—together.

Wayne County  
**WC**  
**PL**  
Public Library  
1406 Main Street  
Honesdale, PA 18431  
570-253-1220  
www.waynelibraries.org  
Connecting our community



### TO REGISTER CONTACT:

**Miles Keesler**

**Phone: 570-253-1220 or**

**Email: mkeeslerwaynelibraries.org**

### April Programs:

#### 1. Learn Basic Crochet with Carrie Genzlinger

**Wednesday - 4/16/2025 4:30-5:30pm**

#### 2. Grief Management with Victoria Jordan, learn how to deal with grief in a healthy way.

**Wednesday - 4/30/25 4:30-5:30pm.**





• **FOR YOUR INFORMATION** •

**211 is a FREE and confidential service, connecting people to services in Wayne County.**

**Get Connected / Get Help**  
**Dial 211 or 1-855-567-5341**  
**Website: [pa211ne.org](http://pa211ne.org)**  
**Text your zip code to: 898211**



**Production Coordinator:** *Kathy Robbins*

**Menu Coordinator:**  
*Lynn Potter, RD LDN*

**Co-Editor:**  
*Christina Tiel*



[AgingNewsletter@waynecountypa.gov](mailto:AgingNewsletter@waynecountypa.gov)

**Find us on Facebook at Wayne  
County Office of Human Services**



**Wayne County Area Agency on Aging**  
**323 10th Street**  
**Honesdale, PA 18431**  
**570-253-4262 / 570-209-5770 fax**  
**Elder Abuse/Protective Services:**  
**1-800-648-9620**

**Honesdale Center:** Earl J. Simons Center, 323 10th Street, Honesdale, PA 18431, 570-253-4262/570-253-9115 fax. Located at end of 10th Street across from the Old Stone Jail.

**Hamlin Center:** Salem Township Building, 15 Township Bldg. Rd, Route 590, Hamlin, PA 18427 570-689-3766 /570-689-5002 fax, Route 191 South to Hamlin 4 corners, turn right onto 590 West, go 1/2 mile, turn right after UPS sign.

**Hawley Center:** Robert J. Drake Senior Community Center, 337 "A" Park Place, Bingham Park, Hawley, PA 18428, 570-226-4209 / 570-226-3422 fax. Route 6 to Hawley, past ball field across from mayor's office, just before bridge, left onto Park St.

**Northern Wayne/Lakewood Satellite Center located at:** Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439. Meetings are November—February, first Thursday only; March—October –first and third Thursday. **For reservations**, please call Christina at 570-253-5540.

**Transportation:** 323 10th Street, Honesdale, PA 18431; 8:00 AM—4:00 PM [www.waynecountypa.gov](http://www.waynecountypa.gov). Go to "Human Services" click on "Transportation" Call 570-253-4280; out of 253 exchange 1-800-662-0780.

**Wayne County Veterans Affairs Representative:** 314 10th Street, Honesdale, PA 18431; For an appointment call 570-253-5970, ext. 3114 or email: [va@waynecountypa.gov](mailto:va@waynecountypa.gov).

**Wayne County Adult Day Program:** Robert J. Drake Senior Community Center 337 "B" Park Place, Bingham Park, Hawley, PA 18428 ***We are accepting applications for new participants. Please call: 570-390-7388; fax 570-390-4564.***