



Find us on the web at: <https://waynecountypa.gov/101/human-services>

The “I have a Dream” speech was delivered by Martin Luther King, Jr., a civil rights activist and Baptist minister on August 28, 1963, during the March on Washington for Jobs and Freedom. He spoke to over 250,000 people from the steps of the Lincoln Memorial in Washington, D.C. He called for civil and economic rights and an end to racism in the United States, using references to the country’s Founding Fathers, the Bible, the Constitution, and the Declaration of Independence. The speech was a highlight of the protest, a defining moment of the civil rights movement, and one of the most famous speeches in history.

Excerpt: “I say to you today, my friends, though, even though we face the difficulties of today and tomorrow, I still have a dream. It is a dream deeply rooted in the American dream. I have a dream that one day this nation will rise up, live out the true meaning of its creed: We hold these truths to be self-evident, that all men are created equal.”

We Celebrate Martin Luther King Jr. Day on January 15, 2024.





Suggested meal price: \$2.50 for 60 and over;

\$5.50 all others. Milk is included.

Menu subject to change due to availability.



<p>1) Closed</p> <p>Bring on the NEW YEAR!</p>	<p>2) Orange juice Vegetarian Lasagna Italian blend Wheat bread/butter Applesauce</p>	<p>3) BBQ Chicken Red diced potatoes California blend Wheat bread/Butter Fresh orange</p>	<p>4) Shepard's Pie Cauliflower Rye bread/butter Fresh fruit cup NW: Juice, Tuna fish sandwich, bean salad, fruit cup</p>	<p>5) Hawaiian Hawaiian Pork Cauliflower rice Carrots Hawaiian Dinner Roll /butter Pineapple</p>
<p>8) Orange juice Cheese Omelet Sausage patty Hash browns Wheat bread/butter Applesauce</p>	<p>9) Swedish Kjottkaker Mashed Potatoes Oven Roasted Carrots Turnbrod/Butter Pepparkakor Cookies</p>	<p>10) Juice Hamburger stew Biscuit/butter Creamed spinach Fresh apple</p>	<p>11) Turkey Pot Pie with crust Roasted Red Potatoes Roasted Brussel sprouts Pumpkin mousse</p>	<p>12) Pork Cantonese Cauliflower rice Stir fry blend Wheat bread butter Pears</p>
<p>15) Closed</p> <p>MARTIN LUTHER KING JR. Day</p>	<p>16) Baked ham Mashed Sweet Potatoes Broccoli Wheat bread/Butter Fresh apple</p>	<p>17) Baked Fish Roasted potatoes California blend wheat bread butter Peaches</p>	<p>18) Chicken with orange sauce Red skin potatoes Carrots Wheat bread butter pudding</p>	<p>19) Chili Con Carne Potato slices Cauliflower Corn bread butter Fresh orange</p>
<p>22) Stuffed shells Creamed spinach Italian green beans Wheat bread/butter Fresh apple</p>	<p>23) Fish sticks Macaroni & cheese Zucchini & tomatoes Wheat bread/butter Fresh orange</p>	<p>24) Polish Luau Polish Kielbasa Red Cabbage Pierogies Potato Bread/Butter Apple Crisp</p>	<p>25) Sloppy Joe on Wheat bun Roasted potatoes California blend Mandarin oranges</p>	<p>26) Chicken w/ mushrooms Mashed potatoes Broccoli Wheat bread/butter Pudding</p>
<p>29) Salisbury steak with gravy Mashed potatoes Cauliflower Wheat bread/butter Fresh apple</p>	<p>30) Greek Spanakopita Lemon Roasted potatoes Roasted Greek Vegetables Pita bread/Butter Greek Honey Cake</p>	<p>31) Roast turkey w/ gravy Corn stuffing Mashed sweet potatoes Broccoli Pudding</p>		

Legend: **Northern Wayne

To make a reservation, please call the center of interest one day prior by 1:00 PM.

Hamlin—570-689-3766; Hawley—570-226-4209; Honesdale—570-253-4262

Interesting Holiday Food Facts

Candy Canes were invented to keep kids quiet. Legend has it that candy canes were invented in 1670, when the choirmaster of the Cologne Cathedral commissioned candies shaped like a shepherd's crook so they could be handed out to children attending the church's crèche scene.

Sugar plums have nothing to do with plums. From the Sugar Plum Fairy to visions of sugar plums dancing in children's heads, sugar plums definitely have a place in Christmas lore. But what are they, exactly? You might not have guessed by their name, but these sweet treats are a type of candy. When they first came around in the 1600s, the term "plum" denoted any dried fruit, and typical sugar plums are made with a combination of dried fruit and spices that are rolled into balls, then coated with a hard candy shell.

Animal Crackers were originally a Christmas treat. Animal crackers were first introduced around Christmastime in 1902. The string on the box was originally intended to be used to hang the boxes on Christmas trees.

Fruitcake was intended to last the whole year. If you've ever received a fruitcake as a gift, you probably know that those suckers can last for a long time without ever going bad, thanks to the preservative properties of the sugar and the booze they contain. Actually, that's a part of the design: they were originally intended to be baked at the end of the harvest season and saved to be eaten at the beginning of the harvest season the following year, for good luck.

Tukey wasn't the main dish at Medieval Christmas Feasts. Roast turkey or another type of poultry is the main protein in a typical British Christmas dinner today, but back in medieval times the preferred poultry was actually peacock! Boar was also a Christmas mainstay. It wasn't until Henry VIII had turkey for Christmas in the sixteenth century that it became the norm.

Australians usually grill on Christmas. It's funny to think that Christmas falls right in the middle of summer Down Under, but it does. The meal is still based on traditional English and North American traditions, but in order to avoid the hot oven most Australians actually prepare their Christmas dinner on the barbie.

Holiday Dinners are usually contain over 7,000 calories. Between the wine, mixed nuts, multiple helpings of turkey and sides, pie, cheese, and booze, the eating and drinking done during Christmas Day alone can add up to more than 7,000 calories per person, according to one study. Maybe skip that second piece of pie this year.

Don't forget the Cookies and Milk. The tradition for leaving cookies for Santa started when Christmas Trees used to be decorated with food and those decorations would disappear during the night, so it was speculated that Santa had a late-night snack while delivering presents..

Sources: Strange and Wacky Food Facts [Strange and wacky Christmas food facts \(foxnews.com\)](https://www.foxnews.com/food/drink/strange-wacky-christmas-food-facts)

Hamlin Senior Center

JANUARY EVENTS



Tai Chi by Sensei Anthony - Certified & Insured. Mondays from 10:30 AM - 11:30 AM. Donation amount is \$10.00 per/month.

Mahjong - Mondays at 12:30 PM

Chair Yoga - Certified & Insured- Mondays at 1:00 PM. \$5 donation per class

Bingo - Tuesdays at 1 PM and Fridays at 10 AM

Healthy Steps Exercise - Wednesdays & Thursdays at 10 AM (No Fee)

Weight-In Fridays- Taking place Friday mornings at 11 AM. Program in place January - March. Biggest loser wins a special prize.

Veteran's Affairs Representation - Vicki Wargo - Wednesdays 1/3 and 1/17, 8:30 AM - 3:30 PM

Armchair Travel to Hawaii - Friday, 1/5, enjoy a time away and experience the food, culture, and activities of the BIG island starting at 11 AM, following bingo.

Armchair Travel to Sweden - Tuesday, 1/9, starting at 11 AM. Join us in the daily tradition of Swedish Fika. We will share in some of the country's culture, food and activities.

Martin Luther King Jr. Day - Monday, 1/15th, **CENTER CLOSED**

Craft with a Purpose - Tuesday 1/16 at 10 AM. Making Valentine cards.

Polish Lua - Wed., 1/24, Starting at 11 AM. Tipping our hats to the Polish heritage with Polish food, activities and a visual tour of the highlights of Poland..

Armchair Travel to Greece - Look forward to a short trip to the Mediterranean! Featuring Greek food, fun and activities of this great culture.

***Schedule Subject to Change**

January Birthdays



Debbie Birtel 1/3

Judy Schrecongost 1/3

Jacque Gilette 1/9

Helen Cohen 1/10

Kathy Miller 1/15

Sharon Kulesza 1/18

Patricia Farrell 1/22

Irene Holowchak 1/23

Michael Antonello 1/24

Hawley Senior Center



HAPPY NEW YEAR!!!!!! “ 2024 is going to be great “

We had a wonderful turnout for our Christmas party. The Northeasters Barber Shop Choir performed for us .

Santa and Frosty stopped by for a visit. Pictures to follow in February Newsletter.

Looking forward to all the great things happening in January at the center. Keep a look out for dates and times on our information board.

We hope everyone had a wonderful, happy and healthy holiday this year.

Center will be closed :

Monday, January 1, 2024 in observance of New Year ‘s Day

Monday, January 15, 2024 in observance of Martin Luther King Jr. Day

Birthday’s for January: Jim Firestine, Duane Austin, Victoria Bickel, Charles Reisal, Linda Mancuso, Eileen Robano, Sandy Murphy, Michael Satriano, Mary Ellen Fillebrown, Joan Palinkas and Carolyn Freethy.



Bill Collins, Tom Olszewski and Dick Martin at our Thanksgiving dinner .



Bill Collins & Donna Pickands dancing to the music .



Jim Firestine and his friend Edie Fitzpatrick before leaving for Florida for the winter .



The whole gang at our Oktoberfest.



Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00	9:00—3:00	9:00—3:00	9:00—3:00	9:00—3:00
Exercise Equip.	Exercise Equip.	Exercise Equip.	Exercise Equip.	Exercise Equip.
10:30—11:30	1:00—2:15	10:00—10:30	1:00—2:00	10:30—11:30
Healthy Steps in Motion Class	Bingo	Tai Chi	Bingo	Healthy Steps in Motion Class
11:30—2:30		10:30—2:00		10:30-2:00
Mahjong		Ceramics		Ceramics
	*Schedule Subject to Change	10:30—11:30		
		Healthy Steps in Motion Class		
		1:00-3:00		
		Crafts		



Honesdale Senior Center



January 1, 2024—Center is closed in observance of New Year’s Day.

January, 5, 2024 —Birthday Friday. Celebrating all those born in January Birthday treat provided.

January 15, 2024—Center is closed in Observance of Martin Luther King Jr. Holiday.

<u>Monday</u> 9:00-10:00 “Mondays with Marie Chair exercise streamed live on Wayne County PA Human Services’ FACEBOOK page 11:00-3:00 Bridge 1:00 PM Canasta	<u>Tuesday</u> 10:30-11:30 Healthy Steps Class 1:00-4:00 Billiards Shuffleboard	<u>Wednesday</u> 10:00-11:00 Healthy Steps Class 1:00–2:00 BINGO 2:00-3:30 Caregivers Support Group—2nd Wed. each month NEW—Grief Sup- port Group—4th Wed. each month	<u>Thursday</u> 10:00 AM Northern Wayne Cen- ter—10/5 & 10/19 11:00 AM Chair Yoga* —\$5 fee Crafts/Crocheting 2nd and 4th Thur. 1:00 Shuffleboard Billiards	<u>Friday</u> 10:30–11:30 Healthy Steps Class 1:00 PM Rummikub tile game Shuffleboard
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Ruth Robbins and Betty Blaine made beautiful Christmas candle centerpieces with Sandy Kline. Sandy will return in 2024 to lead her fun crafting classes. She will have class on January 25, 2024 from 10:00-11:30. Starting February 1, 2024 she will again hold classes every other Thursday from 10:00 to 11:30. Sandy has great ideas for Valentine’s and spring crafts, so come and have some fun being creative with friends!

JUMBLE

Unscramble these four Jumbles,
one letter to each square,
to form four ordinary words.

TERIG

COSHA

FOCART

NICCIL

THAT SCRAMBLED WORD GAME



Now arrange the circled letters
to form the surprise answer, as
suggested by the above cartoon.

Northern Wayne Senior Center

Special surprise visitors, The Grinch and a Santa's helper brought some holiday cheer at our Northern Wayne Christmas Party.

Please call Christina at 570-253-4262 for reservations.

Our Next meeting will be January 4, 2024.



Northeast Sight Services offers a number of different Support Services to adults based on the following qualifications: Geographic Area: ·Lives in the Counties of Upper Luzerne, Pike, Wayne, and Wyoming.

Visual Eligibility (based on one or more of these four factors): ·A corrected visual acuity of 20/70 or greater in the better eye ·A visual field loss of 20 degrees or greater ·A diagnosis of a progressive sight threatening disease ·A significant functional limitation from vision loss Individuals who meet these qualifications are eligible for: Adjustment to Vision Loss Services (Initial Evaluation & Referral) Vision Rehabilitation Therapy Assistive Technology In-Home Independent Living Support Educational and Social Events

1825 Wyoming Avenue, Exeter PA 18643

sara@northeastsight.org

570-693-3555

www.northeastsight.org

Toll free 1-877-693-3555



All Centers will be Closed Monday, January 1, 2024– New Years Day
All Centers will be Closed Monday January 15, 2024 – Martin Luther King Day



Cultivating a Vibrant Future

www.WayneTomorrow.com

County Offers Comprehensive Plan Draft for Review

The Wayne County Commissioners presented the final draft of the Wayne County Comprehensive Plan Update, required by the state every 10 years, for public review. The Commissioners plan to formally adopt the plan in early 2024.

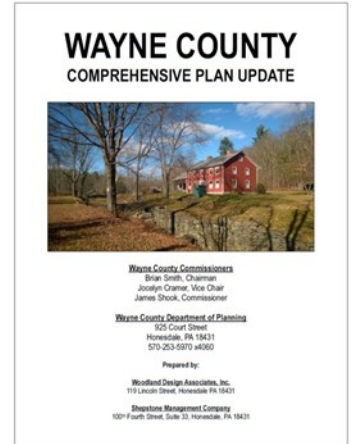
Work began on the two-year Comprehensive Plan Update project in 2022 under the direction of the Wayne County Planning Commission and County Planning/ GIS office with assistance from a consulting team from Woodland Design Associates and Shepstone Management.

This multi-year process looked at where the county stands at all levels, including everything from population and demographics to economic development and transportation. The consultants surveyed the public and held meetings with critical stakeholders in the community. The Comprehensive Plan also includes the Natural Resources & Outdoor Recreation Plan, adopted in 2021, and the Housing Assessment and Strategy completed earlier this year.

The process takes stock of Community Facilities, Cultural and Historic assets and more, involving a series of studies or analysis of everything from population & demographics to economic development and transportation. Taking all of that information into account, the Comprehensive Plan then sets out goals and objectives and formulates specific plans, looking at ways to reach those goals.

The draft of the [Wayne County Comprehensive Plan Update](#) represents the community strategy for managing change, but is not a binding legal document. It is a plan for dealing with growth while maintaining a balance between appropriate economic development and the preservation of our natural resources.

In 2010, when the Commissioners adopted the last Comprehensive Plan Update, they wanted all the work and recommendations it contained to have a real impact on the future. The result has been Wayne Tomorrow! and a way of doing business that promotes collaboration and cooperation. Wayne Tomorrow! stands poised to carry out the vision established by the Comprehensive Plan, making this update an unprecedented opportunity to help guide Wayne County toward a shared vision of opportunity and prosperity for everyone.



Join Our Team

AARP Foundation Tax-Aide is looking for compassionate, friendly people to join our team of volunteers for the upcoming tax season.

Tax-Aide is a free program that makes it easier for older taxpayers to file their tax returns. Neighbors like you help prepare tax returns or serve in other ways, like organizing client paperwork, managing computer equipment, acting as interpreters, or making sure everything runs smoothly.

There's a role for everyone.

You can volunteer in person or virtually.

Go to aarpfoundation.org/taxaidevolunteer

AARP Foundation
Tax-Aide

NOW HIRING



We are hiring part time meal drivers.

If interested, call 570-253-4262

FREE COVID TESTS AVAILABLE

Get four free at-home COVID-19 tests this fall on COVIDTests.gov via the federal government.

Every U.S. household may place an order to receive four free COVID-19 rapid tests delivered directly to your home. Order Free At-Home Tests (If you are reading this on line, click the link to fill out form) OR place an order by calling 1-800-232-0233 (TTY 1-888-720-7489). The U.S. government will continue to make COVID-19 tests available to uninsured individuals and underserved communities through existing outreach programs.

Victims' Intervention Program



Human Trafficking and Exploitation of Older Adults

As we head into January, we celebrate National Human Trafficking Awareness month. By now, most of us have heard the term “human trafficking”. Yet when speaking about this topic, older Americans are not the target group that come to mind. To put it simply, human trafficking is profiting from the exploitation of others through means of force, fraud, or coercion. This can take on various forms and is often intertwined with additional crimes such as domestic violence, sexual assault, and other forms of abuse.

Due to the high number of societal and individual biases, such as ageism, adults over the age of 60 are placed within a much higher risk of victimization than other age groups. Senior citizens are commonly thought to have less bodily autonomy and are more socially isolated. They are also the least likely to report abuse to the authorities.

Exploitation and abuse can present differently for each person. Each day, older adults and adults with disabilities are being trafficked for their government benefits such as Social Security and Veterans’ benefits. Recruitment by traffickers happens through hospitals, jails, homeless shelters, mental health providers, and legitimate licensed care facilities. Victims are often locked away, living in deplorable conditions, robbed of their money, and unable to reach out for help.



LIHEAP or the Low-Income Home Energy Assistance Program is a grant to help eligible people pay for heat. HEAP offers both cash and crisis grants. The payment is sent directly to your utility company or fuel provider, and it will be credited on your bill. Grants range from \$300-\$1000 and are based on household size, income, and fuel type. Crisis grants may be available if you have an emergency situation and are in jeopardy of losing your heat. You can receive more than one Crisis grant, as necessary, during the season until the maximum benefit of \$1000 is reached. Crisis situations include broken heating equipment or leaking lines that must be fixed or replaced, lack of fuel, termination of utility service, danger of being without fuel (less than a 15 day supply) or having utility service terminated (received a notice that service will be shut off within the next 60 days).

The income limit for LIHEAP for an individual, that is a gross income of \$21,870 per year, and for a family of four \$45,000 per year. (Add \$7,710 per additional family member.)

Pennsylvanians can apply for LIHEAP now through April 5, 2024 online at www.dhs.pa.gov/COMPASS, by phone toll-free at 1-866-550-4355, or in person at the Wayne County Assistance Office is located at 15 Innovation Drive, Lake Ariel, PA 18436, telephone number 570-253-7118.



**VOUNTEERS NEEDED FOR THE
OMBUDSMANPROGRAM IN WAYNE PIKE
AND MONROE COUNTIES**

Volunteer Ombudsmen are community neighbors who are specially trained to help clarify responsibilities and rights of consumers in long-term living facilities. If you are available for a few hours a month, over 18 years of age, concerned about the rights of nursing home and assisted living/personal care home residents and interested in making a difference in the lives of long-term living residents, then you may be perfect for the Volunteer Ombudsman Program. For more information, please contact:

Ombudsman Melinda Rispoli at 570-344-7190 or email:
mrисpoli@servingseñiorsnepa.org

**Do you have extra space in your home?
Would you like some companionship or
assistance with living expenses?**

**The SHARE program may be just what
you need!**

Shared Housing and Resource Exchange (SHARE) is an affordable housing choice that brings together homeowners who want to share their home with home seekers who have an option to assist with living expenses, help around the house, or a combination of both.

***SHARE is available here, in Wayne and
Pike Counties!***

Call Larisa Yusko 570-832-5133



**Retired & Senior Volunteer Program of
Berks, Pike & Wayne Counties**

Volunteer Opportunities

Wayne County Area Agency on Aging

Senior Center Food Delivery, Dishwashers, Kitchen Assistants

Wayne County Food Pantry

Packing / Distribution Day, Warehouse Pallet Assembly

American Red Cross

Blood Donor Ambassador, Disaster Relief

Serving Seniors, Inc.

Volunteer Ombudsman

Ladore Camp, Retreat & Conference Center

Food Service, Program Instructor, Grounds Maintenance

Salvation Army Honesdale Extension

Honesdale Office/Food Pantry

Senior CHAT Program

Call seniors who are isolated for a friendly chat

Wayne County Housing

Point in Time Homeless Count January

Dawn Houghtaling Call: 570-390-4540 or

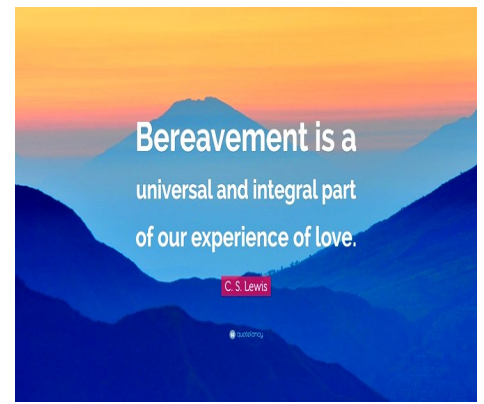
Email: houghtalingd@diakon.org

**RSVP is funded by AmeriCorps and sponsored by Diakon Community Services.*





Grief Support Group



If you've experienced a loss and find yourself needing extra support, please join us.

HONESDALE SENIOR CENTER

323 10th Street

Honesdale, PA 18431

Virtual option available upon request

4th Wednesday of each month

2:00-3:30 PM

Please RSVP if you plan to attend (570) 253-4262

All are welcome!

Facilitated by volunteers Anthony Campbell & Bill Reitsma

Wayne County
WCPL
Public Library
1406 Main Street
Honesdale, PA 18431
570-253-1220
www.waynelibraries.org
Connecting our community

LOVE
the LIBRARY



TO REGISTER CONTACT:

Miles Keesler

570-253-1220 or

email mkeeslerwaynelibraries.org



January 2024 Programs:

1. Crystal Healing- Learn about Crystal properties and how to work with them. Presenter Ricky Williamson Wednesday 1/10 4:30-5:30 pm.
2. Immune System-Learn on what you can do in the Cold & Flu season to stay healthy. Presenter Jamie Stunkard Wednesday 1/17 4:30-5:30 pm.
3. Tai- Chi for Arthritis and Fall Prevention with Larry Robinson Board Certified Tai-Chi Instructor. Wednesday 1/24 4:30-5:30 pm.



For Those Receiving In-Home Meal Delivery:

Currently all home delivered meals will be frozen, we are not serving them hot at this time. You will receive one delivery each week. Unfortunately due to staffing, we cannot guarantee set delivery days.

During these winter months we encourage everyone to be prepared for those days when your homebound meals will not be delivered. The homebound meal delivery program runs along with the Wayne Highlands School District. When the Wayne Highlands School District closes for inclement weather, you will not be receiving delivery on that day.

Again for this month and February you will receive a box containing three emergency meals.

These meals are for the days when the homebound meal program does not deliver to you due to inclement weather. You will receive a box on the first full week of the month.

Meals may not be delivered if your driveways and/or sidewalks are not clear.

Wayne County Transportation System's Consumers:

If the schools are closed for inclement weather which affects roads and travel, the Senior Centers, Home Delivered Meals and County Transportation System will not operate.

Wayne Highlands School District: ALL Centers closed.

Western Wayne School District only: Hamlin Center closed.

Wallenpaupack School District only: Hawley Center & Adult Day program closed.

If the schools are closed for other reasons (i.e. power outages), a determination will be made if the Centers, Home Delivered Meals and Transportation will operate. This will be announced on local radio (Bold Gold Media), TV (WBRE) and the County website (www.waynecountypa.gov) as early in the morning as possible, no later than 7:00 a.m.

If the schools have a delay for inclement weather, the Senior Centers and Home Delivered Meals will work a normal schedule with no delay. Transportation will attempt to run as close to schedule as possible.

PLEASE NOTE: The only time the offices will close is when the Courthouse closes. Transportation may cancel your ride if the local roads are not plowed or safe to transport – even if the department is open/operating during inclement weather or questionable road conditions. A determination will be made on a case by case basis. *Early closing of schools will be considered on a case by case basis.*

Winter Wordsearch

Q	W	H	O	P	T	E	K	N	A	L	B	S	F	L	W	N	A	S	T	O	O	B	G
F	O	R	H	F	M	L	R	E	I	N	D	E	E	R	F	T	K	H	E	U	Z	L	A
K	N	L	D	M	I	T	T	E	N	S	Q	P	S	T	V	U	K	S	Z	A	H	X	Q
G	D	F	I	R	E	W	O	O	D	A	X	A	W	K	R	W	K	Z	E	X	L	P	U
D	S	N	O	W	S	T	O	R	M	K	G	Q	N	Z	C	I	K	H	E	T	D	J	I
U	S	F	O	X	V	J	K	H	L	L	E	G	L	O	U	O	P	Y	N	W	A	A	L
Y	U	I	W	I	N	T	E	R	O	Z	N	E	O	J	Q	I	S	O	S	N	A	L	T
M	D	N	I	W	O	J	N	V	I	Q	O	F	T	B	R	B	D	X	U	B	D	R	Q
L	O	Z	Z	K	L	X	E	X	G	F	C	S	O	K	O	Q	P	A	R	G	C	G	M
H	E	G	I	L	E	S	A	N	O	K	E	K	U	O	Y	T	R	S	E	L	Z	L	O
S	A	V	W	U	S	G	H	W	N	M	N	A	J	R	B	Y	L	Q	T	O	F	I	H
U	A	T	O	T	M	H	X	G	G	R	I	T	D	E	L	S	C	K	A	E	H	C	J
L	J	D	K	H	P	I	I	N	G	L	P	E	K	B	P	K	A	Z	L	V	K	I	C
S	C	A	F	N	S	H	G	V	E	G	Y	B	E	Q	T	Z	Y	B	O	Z	N	C	X
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O	K	R	C	M	F	R	O	S	T	R	L	G	O	N	E	W	Z	L	O	E	E	E	N
H	D	B	P	C	A	F	V	S	K	R	J	O	F	A	M	W	X	S	H	N	R	R	O
X	K	R	Y	S	L	O	U	B	W	H	F	K	S	M	P	S	N	X	C	N	G	B	W
R	F	E	A	T	H	I	S	C	A	R	F	A	L	W	G	S	J	K	T	A	R	S	F
F	X	G	V	Z	E	A	R	M	U	F	F	S	E	O	N	H	V	C	O	L	E	C	L
J	K	N	T	R	Z	K	J	D	J	N	U	J	E	N	T	Q	Y	K	H	F	V	H	A
T	C	I	B	R	C	I	C	A	Z	D	U	D	T	S	L	E	A	J	N	A	E	S	K
J	Y	G	L	S	M	K	L	A	V	J	F	E	B	R	U	A	R	Y	H	U	A	D	E
M	V	N	P	B	Z	P	H	B	J	K	N	Q	K	F	L	U	R	R	I	E	S	P	K

winter

snowstorm

sled

quilt

hotchocolate

firewood

blizzard

wind

snowman

ski

pinecone

gloves

february

blanket

toboggan

snowflake

skate

mittens

gingerbread

evergreen

sweater

sneeze

shiver

january

frost

eggnog

socks

slush

scarf

jacket

flurries

earmuffs

shovel

sleet

reindeer

icicle

flannel

boots



• **FOR YOUR INFORMATION** •

211 is a FREE and confidential service, connecting people to services in Wayne County.

Get Connected / Get Help
Dial 211 or 1-855-567-5341
Website: pa211ne.org
Text your zip code to: 898211



Production Coordinator:
Kathy Robbins

Menu Coordinator:
Lynn Potter, RD LDN

Co-Editors: *Michele Braid, Christina Tiel, Leigh Wilson*



Find us on Facebook at Wayne County Office of Human Services



Wayne County Area Agency on Aging
323 10th Street
Honesdale, PA 18431
570-253-4262 / 570-209-5770 fax
Elder Abuse/Protective Services:
1-800-648-9620

Honesdale Center: Earl J. Simons Center, 323 10th Street, Honesdale, PA 18431, 570-253-4262/570-253-9115 fax. Located at end of 10th Street across from the Old Stone Jail.

Hamlin Center: Salem Township Building, 15 Township Bldg. Rd, Route 590, Hamlin, PA 18427 570-689-3766 /570-689-5002 fax, Route 191 South to Hamlin 4 corners, turn right onto 590 West, go 1/2 mile, turn right after UPS sign.

Hawley Center: Robert J. Drake Senior Community Center, 337 "A" Park Place, Bingham Park, Hawley, PA 18428, 570-226-4209 / 570-226-3422 fax. Route 6 to Hawley, past ball field across from mayor's office, just before bridge, left onto Park St.

Northern Wayne/Lakewood Satellite Center located at: Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439. Meetings are November—February, first Thursday only; March—October –first and third Thursday. **For reservations**, please call Christina at 570-253-5540.

Transportation: 323 10th Street, Honesdale, PA 18431; 8:00 AM—4:00 PM www.waynecountypa.gov. Go to "Human Services" click on "Transportation" Call 570-253-4280; out of 253 exchange 1-800-662-0780.

Wayne County Veterans Affairs Representative: 314 10th Street, Honesdale, PA 18431; For an appointment call 570-253-5970, ext. 3114 or email: va@waynecountypa.gov

Wayne County Adult Day Program: Robert J. Drake Senior Community Center 337 "B" Park Place, Bingham Park, Hawley, PA 18428 **We are accepting applications for new participants. Please call: 570-390-7388; fax 570-390-4564.**