



pennsylvania

Medicare Education and Decision Insight

Greetings to all from the PA MEDI staff. The change of seasons from summer to fall signals the onset of the Medicare Annual Open Enrollment Period (AEP). Like most everyone, we are unhappy to be at this point already.

With the autumn season comes the deluge of mailings and phone calls related to Medicare drug plans and Medicare Advantage plans. The AEP begins October 15th and runs to December 7th. We encourage everyone to pay attention to the information received from your current plan, whether it is a "stand alone" drug plan or an Advantage plan, which includes both health and drug coverage. Premiums for plans will likely increase; many times we have seen a consumer's current plan increase, concurrent with the introduction of a lower cost plan to attract new consumers.

The cost of a plan premium does not determine how good the plan is. The best plan for each beneficiary is dictated by your medications. Staff enters your medications at the Medicare "Plan Finder" website and provides details on the most cost-effective plan for each consumer. The website also gives information on the cost of the medication during each phase of the Medicare structure, availability on the plan's formulary, and pharmacy information. We rarely see a pharmacy that is not in network, but costs vary according to "standard" or "preferred" sites. Again, the outcome is determined by the consumer's medications. Advantage plans undergo these changes as well and the health coverage portion is subject to a wide variety of copays. Providers can choose to not participate with certain companies, and, if so, that would cause a consumer to incur an "out-of-network" increase.

For those who have a traditional supplement, such as Plan G, Plan N, etc., no changes occur except for the yearly premium increase due to a consumer's increased age. "New to Medicare" recipients are eligible to purchase a supplement plan without health questions (aka Guaranteed Issue), however when changing supplement plans, whether for lower premiums or more or less coverage, consumers are subject to health questions. The answers will determine acceptance, denial or a higher Tier 2 premium cost.

Pennsylvania's Pharmaceutical Assistance Contract for the Elderly (PACE) cardholders will receive a letter stating what course of action to follow. Most PACE participants have a Part D "Partner Plan" that coordinates with the state-operated program funded by the PA lottery. This past year's partners were Silver Script Choice and Well-care. PACE will inform you of the plan that's best for you and if you agree, (which you should), you will not have to do anything. PACE staff will take care of any changes. Please remember to note what plan you will be in.

For questions or appointments, please call for PAMEDI assistance in Honesdale - 570-253-4262 or Lu in Hawley- 570-226-4209. You can also go online to Medicare.gov or call Medicare at 1-800-633-4227.

MEDICARE




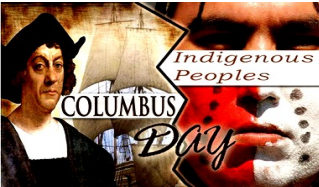

















HEALTH INSURANCE



Suggested meal price: \$2.50
for 60 and over. Milk is included.
Menu subject to change
due to availability.



<p>2) Breaded fish Sliced potatoes/butter Green Beans *WW bread/butter Mandarin oranges Milk</p> 	<p>3) Tuscan chicken Veggie pasta/sauce White beans w/ col- lard greens WW bread/butter Fresh apple Milk</p> 	<p>4) Meatloaf Scalloped Potatoes Roasted broccoli WW bread/butter Fresh cantaloupe Milk</p> 	<p>5) Juice Turkey goulash Over veggie pasta Cauliflower WW bread/butter Vanilla pudding **NW: Juice, turkey salad sandwich, bean salad, apple</p>	<p>6) Oktoberfest Bratwurst w/ Sauerkraut Potato pancakes Carrots Bavarian pretzel Apple muffin Milk</p>
<p>9) CLOSED Indigenous Peoples/ Columbus Day</p> 	<p>10) Vegetarian lasagna Ital-blend veg Ital. bread/butter Fresh Orange Milk</p> 	<p>11) Hawaiian pork Cauliflower rice Carrots WW bread/butter Pineapple chunks Milk</p> 	<p>12) BBQ chicken Red Potatoes Cali-blend veg WW bread/butter Fresh fruit cup Milk</p> 	<p>13) Juice Shepherd's pie Cauliflower Rye bread/butter Choc. pudding Milk</p> 
<p>16) Orange Juice Omelet Sausage patty Breakfast potatoes WW bread/butter Strawberries Milk</p> 	<p>17) Veggie pasta w/ meatballs Broccoli WW bread/butter Fresh apple Milk</p> 	<p>18) Orange juice Turkey potpie w/ bis- cuit Carrots Rye bread/butter Pumpkin mousse Milk</p> 	<p>19) Hamburger stew Creamed spinach Biscuit/butter Cantaloupe Milk **NW: Juice, ham & cheese sandwich, pickled beets, fruit cup</p>	<p>20) Pork Cantonese Cauliflower rice Stir-fry veggies WW bread/butter Fresh fruit cup Milk</p> 
<p>23) Baked ham Mashed sweet potatoes Broccoli Rye bread/butter Applesauce Milk</p> 	<p>24) Lemon pepper fish Roasted potatoes Cali-blend veg WW bread/butter Peaches & pears Milk</p> 	<p>25) Sausage, onion & Peppers Roast potato wedges Baked beans Rye bread/butter Fresh orange Milk</p> 	<p>26) Juice Turkey chili con Carne Pasta w/butter Cauliflower Cornbread Butter Fresh apple Milk</p> 	<p>27) Chicken w/ orange Sauce Brown Rice Green Beans WW bread Butter Mandarin oranges Milk</p> 
<p>30) Stuffed shells Creamed spinach Italian green beans WW bread/butter Fresh Apple Milk</p> 	<p>31) HALLOWEEN Poultry smothered In Fungi Mummy potatoes Green googly eyes Harvest bread w/ Bloody butter Dirt dessert</p>	<p>Sing a song of HALLOWEEN Pumpkins everywhere. Cats and bats and witches are flying through the air</p> 		

Legend: *WW= Whole Wheat; **Northern Wayne

To make a reservation, please call the center of interest one day prior by 1:00 PM .



ALZHEIMER'S DISEASE SUPPORT GROUP

In coordination with the Alzheimer's Association, George Haser facilitates an Alzheimer's Disease support group the first Tuesday of every month from 5:30 p.m. to 6:30 p.m. at Wayne Memorial Hospital, David Katz Conference Room, second floor. Please call George at (601) 697-0808 for more information.

alzheimer's
association



Marywood University's College of Health and Human Services Center for Natural and Health Sciences' senior year nursing students will be visiting the centers in the fall. Students will provide blood pressure screenings, friendly visiting, shadow case managers on home visits and more, on Thursdays and Fridays throughout the fall. For more information, please call your center of interest.



MOBILE FARM
Market
the cooperage project

Rolling into a town near you!

Location Schedule:

2nd Thursday from 2-3:30pm at
Hawley Senior Center, Hawley, PA

2nd Friday from 10am to 12pm at
Moravian Church, Newfoundland, PA

3rd Tuesday from 3-5pm at the
Honesdale Borough Pool, Honesdale, PA
(July and Aug only; rain location - YMCA)

3rd Wednesday from 12:30-2pm at
Northern Wayne Family Health Center, Lake Como, PA

4th Thursday from 1-3pm at
Honesdale Senior Center, Honesdale, PA

4th Friday from 10am to 12pm at
Hamlin Heights, Lake Ariel, PA



We Accept
SNAP
Benefits

Accepted Forms
of Payment:
Cash, credit
SNAP, NEAR Cash



Follow us on Facebook
and Instagram at:
Northern Poconos
Mobile Market

Contact Info:

Laurel Burns, Mobile Market Manager
570-251-1278

laurel@thecooperageproject.org

The Cooperage Project

1030 Main Street, Honesdale PA 18431
thecooperageproject.org

This project was financed in part by a grant from the Commonwealth of Pennsylvania Department of Community and Economic Development, and the William E. Chatlos Foundation.

Hamlin Senior Center

Hamlin Senior Center 25th Anniversary - Fri., 10/6- Come celebrate Hamlin's anniversary! Oktoberfest theme with entertainment by John Stevens and Doubleshot at 11 AM, German menu. Bingo at 1 PM.

Fun in Games - Mon. & Tue. 8-11:30 and afternoons Wed. & Thu. from 1-3PM.

Chair Yoga - Mon. at 1 PM.

Columbus Day Observance - Center Closed 10/9

Healthy Steps In Motion - Wed. and Thur. at 10 AM

Boomwacker Music & Motion - Thur. at 11 AM excluding 10/5

Texas Holdem Poker Game - Fri. from 12:30-3:00 PM

Make the Most of What You Have - 10/5 at 11 AM, facilitated by Sharon Carrol.

Shuffleboard Competition -10/10 at 11 AM

Craft Corner - 10/17 - Pumpkin Craft at 10:30 AM

Bingo - Tue. at 1 PM and Fri. at 10 AM

Immune Support Speaker- facilitated by Dietitian Lynn Potter, Tues. 9/24 at 11 AM

Halloween Gathering - Mon, 10/31. Judging the ugliest, funniest, scariest and most original. Prizes for the winners! Bingo At 1 PM.

***Schedule Subject to Change**

October Birthdays: Sharon Carroll 10/9 and Barbara Giovagnoli 10/23



Birthday Celebration for August and September (below left)

Pictured standing (left to right) Debbie Carlson, Loretta Curtis and Donna Schreyer. Front row (left to right) is Lily Samuelson (97!), Joe Attard (93!) and MaryAnn Vaccaro. Missing from this picture is John Noon.



Heartfelt thanks go to Barry Landis for constructing a wishing well (right) in remembrance of Alek Stanku and Marie Laskowski, Lois Johnson for providing and caring for the flowers, and Tom Gillette for the sign placement.



Good weather on the Friday before Labor Day made for an enjoyable holiday picnic and games (above). A big thank you goes to the Dietary Department's staff for the preparation of a wonderful meal.

Hawley Senior Center

We would like to thank all that donated to make our picnic a BIG SUCCESS:

Beach Lake Bakery, Dr. Stephen Pokowicz, DC, Honesdale Greenhouse Flower Shop, Wally's Café, B. Madigan Jewelry Arts, A.M. Skier Agency, Barb Wallace Hair Designs, Shooky's Distributors, Christina Peirano, Mary Kay, Trading Post, What Knots, Joe & Lorenzo's Pizza, Lake Region IGA, Pat's Bar & Grill, PJ's Route 6 Garden Center, Teeters' Furniture, Theresa's Hair Revue, Alexandra's Salon & Spa, Paupack Insurance Agency, Rack'em Manufacturing, Luhrs True Value Hardware, East Shore Lodging and Harmony in the Woods.

Activities for October: Friday, October 6 Oktoberfest—music and traditional German food. Celebrate Halloween with us on Tuesday, October 31. Best costume wins a prize.

Always check our newsletter to see what is going on at the center. Call a day ahead by 1:00 p.m. to order lunch. As always, have a wonderful day.

October Birthdays: Frances Lloyd "104" years young, Valerie Moll, Mia Kwiatkowski, Doris Cory, George Hazen, Jim Mancuso, Monica Steele & Dotty Geiss



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9:00—3:00	9:00—3:00	9:00—3:00	9:00—3:00	9:00—3:00
Exercise Equip.	Exercise Equip.	Exercise Equip.	Exercise Equip.	Exercise Equip.
10:30—11:30	10:30—2:00	10:00—10:30		10:30—11:30
Healthy Steps in Motion Class	Ceramics	Tai Chi	1:00—2:00	Healthy Steps in Motion Class
10:30 —2:00	1:00—2:15	10:30—2:00	Bingo	
Ceramics	Bingo	Ceramics		
11:00—2:30	*Schedule Subject to Change	10:30—11:30		
Mahjong		Healthy Steps in Motion Class		
		5:30—8:30		
		Mahjong		

Northern Wayne Senior Center



In case you missed her photo in last month's newsletter, here's Loretta, left, looking fab in her 50's fashion! Beginning in November and running through February, we return to once a month meetings, on the first Thursday of the month. For those who aren't aware, meetings are held at 10:00 AM at the Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood. Please call Marie at (570) 253-5540 for more information or to make a reservation for lunch. See what's featured on the menu (page two) for October 5 and and19.



Honesdale Senior Center

October 6, 2023—Come for birthday Friday and Oktoberfest! The menu is bratwurst with sauerkraut, potato pancakes, carrots, Bavarian pretzel, and an apple muffin for dessert. Please call Kathy to make reservations at 570-253-5540.

October 9, 2023—The center is closed in observance of Indigenous Peoples/Columbus Day.

October 31, 2023—Annual Halloween festivities. Door prizes for the best costumes! Call Kathy to reserve lunch.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9:00-10:00 "Mondays with Marie"—Chair exercise streamed live on Wayne County PA Human Services' FACEBOOK page 11:00-3:00 Bridge! 1:00 PM Canasta	10:30-11:30 Healthy Steps Class 1:00-4:00 Billiards Shuffleboard	10:00-11:00 Healthy Steps Class 1:00-2:00 BINGO 2:00-3:30 Caregivers Support Group—2nd Wed. each month	10:00 AM Northern Wayne Center—10/5 & 10/19 11:00 AM Chair Yoga* —\$5 fee Crafts/Crocheting 2nd and 4th Thur. 1:00 Shuffleboard Billiards	10:30-11:30 Healthy Steps Class 1:00 PM Rummikub tile game Shuffleboard

With Gratitude—

We are grateful to the following businesses for their generosity in support of the Honesdale picnic on July 14, 2023. Please patronize them: *ARTS FOR HIM AND HER TOO; CASE TIRES; BARNA LAW; CITIZEN'S SAVINGS BANK; DIRMLAM BROS. LUMBER; FIRMSTONE OIL CO.; FNCB; FRANCES GRUBER, ESQ.; GIBNEY'S RESTAURANT; GRIMM CONSTRUCTION CO.; HARMONY IN THE WOODS; HIGHHOUSE OIL CO.; HONESDALE FARM & GARDEN; ODDFELLOWS FREEDOM LODGE #88; PIONEER CONSTRUCTION CO.; PLATFORM INDUSTRIES; REMAX WAYNE; ROBINSON INSURANCE; SHEAR EXPRESSIONS; STEPHEN'S PHARMACY/NORTHEAST MEDIQUIP; THE DIME BANK; TURANO INSURANCE CO.; UNIVERSAL HAIR DESIGN; AND VAN GORDER'S FURNITURE CO.*



Our annual Woodstock anniversary party was a blast from the past with center members and staff getting into the heart of rock and roll. Bottom left are our costume contest winners, Billie G. and Sarah T. Congrats to them!



ANNUAL HIKE AT PROMPTON STATE PARK, SEPTEMBER 8, 2023

Despite the gray day, the rain held off and intrepid hikers did what they went to do. Joining the hikers this year was radio station WVIA's Rural Reporter, Isabela Weiss as well as Marywood U's nursing students in their senior year. If you use the internet and would like to read/listen to the WVIA story, go to <https://www.wvia.org/news/local/2023-09-11/wayne-county-seniors-hit-the-road-and-the-trail>

Those who didn't hike had an enjoyable day painting rocks and playing lawn games. Below are pictures from the day.



Photos above courtesy of Isabela Weiss | WVIA News | Report For America



CALL THE NUMBER AT THE BOTTOM OF THE PAGE TO SEE IF YOU QUALIFY; IT IS POSSIBLE TO QUALIFY BY INCOME, RATHER THAN ASSISTANCE PROGRAMS.

AFFORDABLE CONNECTIVITY PROGRAM

A Federal Communications Commission program that provides a discount on monthly internet bills for qualifying households.

IF YOUR HOUSEHOLD IS ELIGIBLE, YOU CAN RECEIVE:

- **Monthly Benefit:** Up to a \$30/month discount on your internet service and associated equipment rentals
- **Enhanced Tribal Benefit:** Up to a \$75/month discount if your household is on qualifying Tribal lands
- **One-time Device Discount:** Up to \$100 for a laptop, tablet, or desktop computer (with a co-payment of more than \$10 but less than \$50) where available

Only one monthly service discount and one device discount is allowed per household. The program rules recognize there may be more than one eligible household at the same address.



To learn about eligibility and application options,
visit [ACPbenefit.org](https://www.acpbenefit.org)

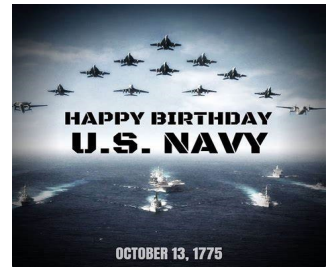


ACP SUPPORT CENTER
(877) 384-2575 | 9 am-9 pm ET
7 DAYS PER WEEK | ACPSupport@usac.org

Wayne County Veterans Affairs

HAPPY OCTOBER!

As everyone's thoughts turn to pumpkins and Halloween, it is only fair to give some extra attention this month to our Seabee brothers and sisters! October is a very important and busy month for them--first on their calendar is the Navy's birthday on October 13. The official date of the birth of the Navy was October 13, 1775; back then it was known as the Continental Navy and consisted of a small fleet patrolling to intercept ships sent to resupply British Army troops at or near the colonies. My, their fleet has grown!



Next on the Navy's calendar is Navy Day. Navy Day is observed on October 27. Surprisingly, Navy Day pre-dates the official recognition of the Navy's birthday. What is the difference? The first Navy Day was sponsored by the Navy League of New York in 1922 to coincide with the birthday of President Theodore Roosevelt. It is specifically about military service. The official observation of the Navy's birthday was initiated by Admiral Elmo Zumwalt in 1972 to celebrate the origins and history of the US Navy.



To wrap up this busy month is the Day of the Deployed. The first official Day of the Deployed was on October 26, 2011 in North Dakota. Today, all 50 states recognize October 26 in some fashion. It honors the untold sacrifices of all of US service members to protect our freedoms. It also recognizes the sacrifices of the spouses and families that are left behind during these deployments--families who manage households and childcare by themselves are true, often unrecognized, heroes! Without the never-ending support of their families, many of our soldiers/sailors would not continue to serve our great nation. Thanks to all our service members and veterans from Veterans Affairs.



Victims' Intervention Program

Domestic Violence Awareness Month



Domestic violence claimed the lives of 112 Pennsylvanians in 2022, according to PA Coalition Against Domestic Violence (PCADV) statistics. Over half of these lives were claimed by an intimate partner, and nearly two out of every three of them were shot to death. For each of these victims, and the millions of survivors across the United States who still live in abusive situations, we observe October as Domestic Violence Awareness Month.

Raising awareness is key to helping reduce barriers which may stop a survivor from coming forward, especially in the senior community. National Coalition Against Domestic Violence (NCADV) statistics show that, each year, more than 10% of older Americans who reside in senior living communities experience physical, psychological, sexual, or financial abuse or neglect at the hands of someone they trust. This can be their spouse or partner, their children, their caregiver or others. Moreover, NCADV states that crimes against older adults are significantly underreported. Estimates state for every one crime against an older individual, between 13 and 23 go unreported.

This is where senior center staff, home health aides, and other elder care professionals come into play. Of the crimes which are reported, the greatest number come from health care providers. Social support for senior citizens is critical to keeping them safe from exploitation and abuse. It allows those in their extended network, be they family, friends, or caregivers, to spot the abuse and report it. Training senior center staff, home health aides, and other elder care professionals how to screen for domestic violence and other abuse is essential. It can not only save lives, it can preserve an older American's sense of independence, security, and overall life experience. We are here, and we can help. **Call VIP at 570-253-4401 or visit www.vipempowers.org to learn more.**



**VOUNTEERS NEEDED FOR THE
OMBUDSMANPROGRAM IN WAYNE PIKE
AND MONROE COUNTIES**

Volunteer Ombudsmen are community neighbors who are specially trained to help clarify responsibilities and rights of consumers in long-term living facilities. If you are available for a few hours a month, over 18 years of age, concerned about the rights of nursing home and assisted living/personal care home residents and interested in making a difference in the lives of long-term living residents, then you may be perfect for the Volunteer Ombudsman Program. For more information, please contact:

Ombudsman Melinda Rispoli at 570-344-7190 or email:
mrисpoli@servingseñiorsnepa.org



DO YOU HAVE EXTRA SPACE IN YOUR HOME?
WOULD YOU LIKE SOME COMPANIONSHIP?
EXTRA INCOME?

If you answered "yes" to these questions, the SHARE program may be just what you need.

SHARE (Shared Housing And Resource Exchange) is a housing program being offered in Carbon, Monroe, Pike and Wayne Counties.

Professional Housing Counselors screen and match people who have extra space in their homes with people seeking an affordable living situation.

If this sounds like a good idea for you or someone you know, please contact: Larisa Yusko (570) 832-5133, email lyusko@pikepa.org



**Retired & Senior Volunteer Program of
Berks, Pike & Wayne Counties**

Volunteer Opportunities

Wayne County Area Agency on Aging

Senior Center Manager Assistant, Adult Day Assistant, Meal Delivery, Kitchen, Health & Wellness

Wayne County Food Pantry

Packing / Distribution Day, Warehouse Pallet Assembly

American Red Cross

Blood Donor Ambassador, Disaster Relief

Serving Seniors, Inc.

Volunteer Ombudsman

Ladore Camp, Retreat & Conference Center

Food Service, Program Instructor, Grounds Maintenance

Salvation Army Honesdale Extension

Honesdale Office/Food Pantry

Wayne County Housing

Volunteers as needed



Dawn Houghtaling Call: 570-390-4540 or

Email: houghtalingd@diakon.org



**RSVP is funded by AmeriCorps and sponsored by
Diakon Community Services.*





PPL Foundation Grant Supports Worker Crisis Fund

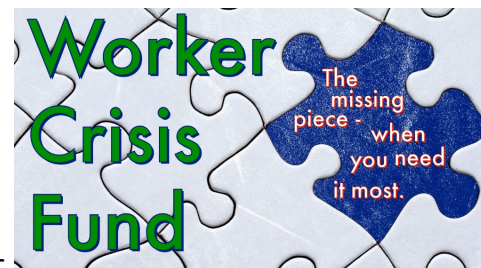
The Worker Crisis Fund is a partnership between the Wayne County Community Foundation and the Wayne Pike Workforce Alliance. The fund provides support to individuals running into barriers to employment that aren't supported through other state and federal programs, such as car repairs and employment support.

"A little boost, in times of need, can make a major difference in the lives of local families," said Derek Williams, Community Grant Writer. "Whether facing unexpected medical expenses, vehicle repairs, or other barriers to employment, the Worker Crisis Fund and our collaborative partnership with the Wayne Pike Workforce Alliance can remove these hurdles for our neighbors experiencing economic hardships. "

"We sincerely appreciate the support from the PPL Foundation to ensure that barriers to employment are broken down for Wayne County residents," said Ryanne Jennings, Wayne County Community Foundation President/CEO.

To learn more about or support the Worker Crisis Fund, call the foundation at 570-251-9993.

The PPL Foundation is an independent, nonprofit organization formed to support community initiatives in the areas served by PPL Corporation's utilities. Through strategic partnerships, the PPL Foundation supports nonprofit organizations that are engaged in innovative and groundbreaking work to create vibrant, sustainable communities. Learn more at www.pplcares.com.



Wayne County
WC
PPL
Public Library
1406 Main Street
Honesdale, PA 18431
570-253-1220
www.waynelibraries.org
Connecting our community



TO REGISTER CONTACT:
Miles Keesler
570-253-1220 or
email mkeeslerwaynelibraries.org



October 2023 Programs



1. Wraith Paranormal- Join Ricky Williamson as he shares his paranormal experiences. Wednesday, October 11 from 4:30-5:30 p.m.
2. Reiki- You will learn about Reiki and the benefits to your own health care. Presented by Tina Pineiro on Thursday, October 19 from 4:30-5:30 p.m.
3. Breath Work - Join Dick Roberts as he teaches Breath Work to enhance physical and mental wellbeing on Wednesday, October 25 from 4:30-5:30 p.m.
4. Movie Friday - *It's The Great Pumpkin Charlie Brown* showing on Friday, October 27 at 1:00 p.m. Free. Refreshments provided.

21ST ANNUAL LACKAWANNA & WAYNE COUNTY

SENIOR EXPO

THURSDAY, OCTOBER 26TH, 2023

9:30AM - 12:30PM

SPONSORED BY THE SALVATION ARMY
AND REPRESENTATIVE JONATHAN FRITZ

FREE EVENT

EXHIBITORS
FREE SEMINARS
FREE HEALTH SCREENINGS
FREE FRESHMENTS

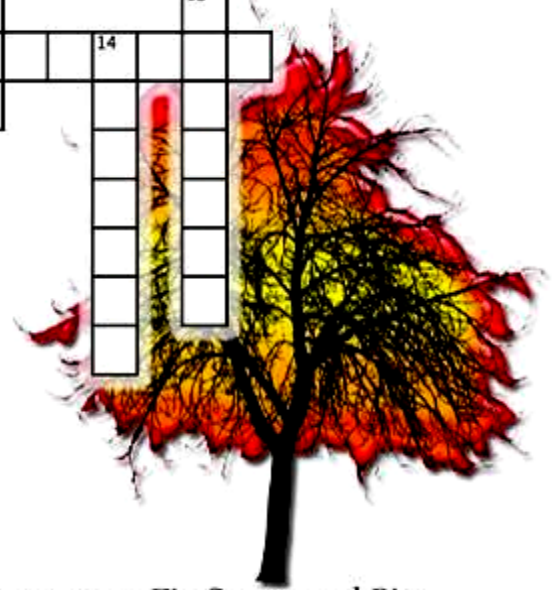
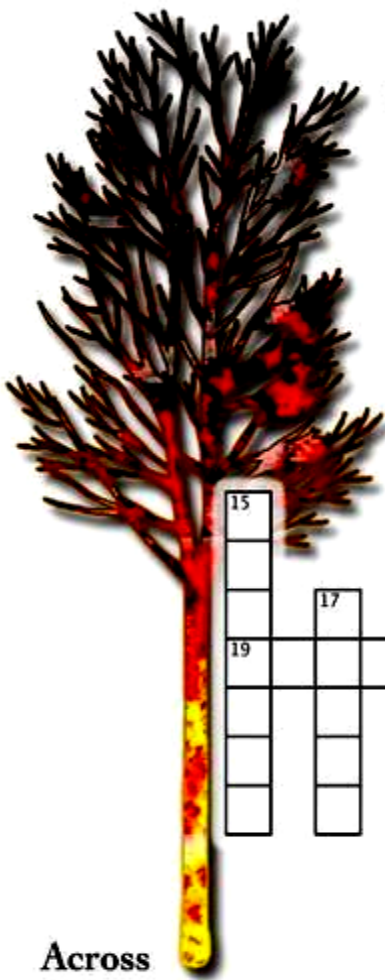


DOING THE MOST GOOD

LADORE PAVILLION : 287 OWEGO TURNPIKE WAYMART, PA 18472

Fall Crossword Puzzle

Trees and their fruits are the focus of this fun puzzle!

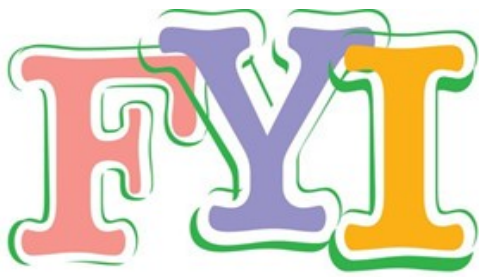


Across

3. The spiky partner of the Ivy from the holiday song.
4. You've got to hand it to Florida for picking this as their State tree!
6. This tree grows in Indiana, not Amsterdam! It's the State tree.
8. Looks like an evergreen, but loses its leaves.
13. This giant is the State tree of California.
16. Shellfish meets orchard fruit?
19. A horse doesn't eat them, despite the name; this tree is also known as the conker tree.
20. I've no "eye-deer" why they thought this tree's fruit looked like a mammal's optical organ!

Down

1. We harvest young Fir, Spruce and Pine trees at this time.
2. The seeds of this tree whirl down to earth like miniature helicopters!
5. If you burn the wood of this tree, you're left with its name.
7. This tree sounds like it has a lot of friends...
9. The tree's not built from bricks and the nuts are hard to crack.
10. All trees which lose their leaves are called this.
11. The tree we get syrup from.
12. Four-legged friends might be tempted to tinkle on the State tree of Missouri.
14. This Willow doesn't really have much to cry about.
15. If there's a shortage of coffee, then the root of this tree is roasted and ground as a bitter-tasting substitute.



• **FOR YOUR INFORMATION** •

211 is a FREE and confidential service, connecting people to services in Wayne County.

**Get Connected / Get Help
Dial 211 or 1-855-567-5341**

Website: pa211ne.org

Text your zip code to: 898211



Production Coordinator: *Kathy Robbins*

Menu Coordinator:
Lynn Potter, RD LDN

Editor: *Suzanne Putzi*



**Find us on Facebook at Wayne
County Office of Human Services**

Note from the Editor: It is my last month in this position; retirement awaits! I hope you have found the content interesting, informative and enjoyable. Sincerely,
Suzanne

Wayne County Area Agency on Aging

323 10th Street

Honesdale, PA 18431

570-253-4262 / 570-209-5770 fax

Elder Abuse/Protective Services:

1-800-648-9620

Honesdale Center: Earl J. Simons Center, 323 10th Street, Honesdale, PA 18431, 570-253-4262/570-253-9115 fax. Located at end of 10th Street across from the Old Stone Jail.

Hamlin Center: Salem Township Building, 15 Township Bldg. Rd, Route 590, Hamlin, PA 18427 570-689-3766 /570-689-5002 fax, Route 191 South to Hamlin 4 corners, turn right onto 590 West, go 1/2 mile, turn right after UPS sign.

Hawley Center: Robert J. Drake Senior Community Center, 337 "A" Park Place, Bingham Park, Hawley, PA 18428, 570-226-4209 / 570-226-3422 fax. Route 6 to Hawley, past ball field across from mayor's office, just before bridge, left onto Park St.

Northern Wayne/Lakewood Satellite Center located at: Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439. Meetings are November—February, first Thursday only; March—October –first and third Thursday. **For reservations**, please call Marie at 570-253-5540.

Transportation: 323 10th Street, Honesdale, PA 18431; 8:00 AM—4:00 PM www.waynecountypa.gov. Go to "Human Services" click on "Transportation" Call 570-253-4280; out of 253 exchange 1-800-662-0780.

Wayne County Veterans Affairs Representative: 314 10th Street, Honesdale, PA 18431; For an appointment call 570-253-5970, ext. 3114 or email: va@waynecountypa.gov

Wayne County Adult Day Program: Robert J. Drake Senior Community Center 337 "B" Park Place, Bingham Park, Hawley, PA 18428 ***We are accepting applications for new participants. Please call: 570-390-7388; fax 570-390-4564.***