



Find us on the web at <https://waynecountypa.gov/101/human-services>



Hot Weather Safety Tips For Older Adults

While summer brings us warmth and bloom, prolonged exposure to excessive heat in summer months can be dangerous. This is especially true for older adults, and this summer has been particularly hot and humid. Every summer, more than 600 Americans die of health problems caused by excessive heat and humidity. Older adults and individuals with chronic medical conditions are at high risk of developing heat-related illnesses, because of aging-related physical changes in the body, chronic health conditions, and even effects of taking some medications.

STAYING SAFE WHEN IT'S TOO DARN HOT

- **Stay away from direct sun exposure** as much as possible. If possible, plan your outdoor activities either early in the morning or when the sun starts to set.
- **Air conditioning** is your friend in summer. Spend as much time as possible in air-conditioned spaces. If you don't have an air conditioner, go somewhere that is air-conditioned. For example, read a book at the library, walk around in indoor malls, watch that new movie at the theater, or **meet your friends at the senior center.** *
- **Stay hydrated.** Drink plenty of cool water, clear juices, and other liquids that don't contain alcohol or caffeine. Alcohol and caffeine cause you to lose water in your body by making you urinate more.
- **Dress appropriately.** Whenever you can, try wearing loose, light-colored clothes. Avoid dark-colored clothes as they may absorb heat. Top it off with a lightweight, broad-brimmed hat and you are dressing like a pro! These simple changes will help you both stay cool and avoid sunburn.
- **Did someone say sunburn?** Buy a broad spectrum sunscreen lotion or spray with sun protection factor (SPF) of 15 or higher. Apply the sunscreen liberally to all exposed skin.
- **Cool down!** Take tepid (not too cold or too hot) showers, baths, or sponge baths when you're feeling warm. Don't have the time?—Wet washcloths or towels with cool water and put them on your wrists, ankles, armpits, and neck.

*The Wayne County Senior Centers offer a great weekday respite from the heat. Come for lunch, activities and to spend time with or make new friends. Please call Hamlin ((570-689-3766), Hawley (570) 226-4209 or Honesdale/Northern Wayne (570) 253-5540 for information or find the schedules inside this newsletter. For information about the Adult Day Program in Hawley, please call (570) 390-7388.



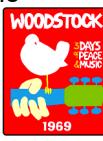


Suggested meal price: \$2.50

for 60 and over. Milk is included.

Menu subject to change due to availability.

(NW=Northern Wayne)

	1) Baked Ham w pineapple Mashed sweet potatoes Cauliflower Rye bread/butter Fresh Pear 	2) Grape Juice BBQ Chicken Sliced potatoes with butter Brussel sprouts Wheat bread Butter Pudding 	3) Baked fish Florentine Creamed potatoes Carrots Wheat bread Butter Melon NW: Juice, Ham & cheese sandwich, cottage cheese, peaches 	4) Grandparent's Day Grape juice Cheese Pizza w Sausage Broccoli Cottage cheese Peaches 
7) Orange Juice Fish patty on wheat bun Tarter sauce Potato wedges Carrots Pudding 	8) Eggplant parmesan Creamed spinach Pasta w sauce Wheat bread Butter Cottage cheese With peaches 	9) Meatloaf w/ gravy Cauliflower rice Green beans Wheat dinner roll Butter Fresh orange 	10) Tomato juice Hot ham w/ cheese on a croissant Roast red potatoes Broccoli Pineapple 	11) Roast chicken Potatoes O'Brien Blended veggies Wheat dinner roll Butter Cantaloupe 
14) Pulled BBQ pork on Wheat bun Baby potatoes Sautéed cabbage Fresh orange 	15) Chicken Cacciatore over cauliflower rice Broccoli Wheat bread Butter Fresh apple 	16) Pineapple juice Baked cod w/ dill sauce Veggie pasta primavera Spinach Wheat bread Butter Pudding 	17) Spanish rice w/ Ground turkey Green beans Corn bread Butter Mandarin oranges NW: Juice, Chicken salad sandwich, bean salad, mandarin oranges 	18) Woodstock Day Mushrooms Burger on Wheat Bun Sweet potato cubes Vegetable blend Brownie 
21) Italian sausage w/ peppers & onions Home-fried potatoes Italian blend veggies Butter Fresh orange 	22) Chicken patty On wheat bun Sweet potato fries Broccoli & Cauliflower Peaches 	23) Red pepper & Broccoli quiche Creamed spinach Wheat bread Butter Fresh apple 	24) Grape juice Open-faced Turkey Sandwich on wheat bread w/ gravy Roasted red potatoes Cauliflower Pudding 	25) Stuffed cabbage casserole Brown rice Baby carrots Wheat bread Butter Mandarin oranges 
28) Stuffed shells Mini meatballs Marinara sauce Spinach with Butter & garlic Wheat bread Butter Fresh orange 	29) Pineapple Juice Baked fish Scalloped Potatoes Broccoli Wheat bread Butter Pudding 	30) Honey mustard Chicken Mashed potatoes Peas & carrots Wheat dinner roll Butter Mandarin oranges 	31) Pork Cantonese Cauliflower rice Zucchini & Tomatoes Wheat bread Butter Fresh fruit cup 	

Please call the center of interest one day prior by 1:00 PM to make a reservation.



Cooking Classes Coming in September

Cooking for one? How about learning some new techniques courtesy of the Second Harvest Food Bank of the Lehigh Valley and Northeast Pennsylvania's *Cooking Matters* program! All classes are free; 10 AM to 12 noon on the following dates and locations:



Hamlin-Tues., 9/12; Hawley-Fri., 9/15; Honesdale-Fri., 9/22

Class sizes are limited and reservations are required. Please call the center of interest to reserve a spot.



**MOBILE FARM
Market**
the cooperage project

Rolling into a town near you!

Location Schedule:

2nd Thursday from 2-3:30pm at
Hawley Senior Center, Hawley, PA

2nd Friday from 10am to 12pm at
Moravian Church, Newfoundland, PA

3rd Tuesday from 3-5pm at the
Honesdale Borough Pool, Honesdale, PA
(July and Aug only; rain location - YMCA)

3rd Wednesday from 12:30-2pm at
Northern Wayne Family Health Center, Lake Como, PA

4th Thursday from 1-3pm at
Honesdale Senior Center, Honesdale, PA

4th Friday from 10am to 12pm at
Hamlin Heights, Lake Ariel, PA



Accepted Forms
of Payment:
Cash, credit
SNAP, NEAR Cash



Follow us on Facebook
and Instagram at:
Northern Poconos
Mobile Market

Contact Info:

Laurel Burns, Mobile Market Manager
570-251-1278
laurel@thecooperageproject.org

The Cooperage Project

1030 Main Street, Honesdale PA 18431
thecooperageproject.org

This project was financed in part by a grant from the Commonwealth of Pennsylvania
Department of Community and Economic Development, and the William E. Chatlos Foundation.

Hamlin Senior Center

Chair Yoga – Mon. at 1 PM, 8/7, 8/14, 815, 8/21, 8/28

Healthy Steps – Wed. & Thur. at 10 AM

Boomwacker Motion & Music – Thur. at 1 PM

Craft Day – Tue., 8/1 in the side room. Craft TBA

Brain Health w/ Sharon Carroll – Topic: “Self-Care” 8/3 at 11 AM

Grandparents Day – Fri., 8/4, Bingo at 10 AM and outdoor games at 11 AM. Bring those grandbabies for fun, pizza and root beer floats!

Meditation & Yoga w/ Diana – Fri., 8/4 and 8/18 at 1 PM

Woodstock Day Pavilion Picnic – Fri., 8/18 at 11 AM Woodstock games and picnic. Dress in your favorite groovin clothes!

Garden Spot – Vegetable & flower beds upkeep. Tue. at 11 AM

Bingo – Tue. at 1 PM and Fri. at 10 AM



June
birthday
cele-
brants,
left.

AUGUST BIRTHDAYS

Donna Reifler	8/1
Gerald Restaino	8/8
Keith Good	8/9
MaryAnn Vaccaro	8/16

Evelyn Manhart	8/19
Debbie Carlson	8/23
Loretta Curtis	8/25

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-3:00 Exercise Equip.	9:00—3:00 Exercise Equip.	9:00—3:00 Exercise Equip.	9:00—3:00 Exercise Equip.	9:00—3:00 Exercise Equip.
10:30 –2:00 Ceramics	10:30—2:00 Ceramics	10:00—10:30 Tai Chi	10:30—11:30 Healthy Steps in Motion Class	10:30—11:30 Healthy Steps in Motion Class
12:30 Mahjong	1:00—2:15 Bingo	10:30—2:00 Ceramics	10:30—11:30 Healthy Steps in Motion Class	10:00—11:00 Bingo
1:00 Chair Yoga	*Schedule Sub- ject to Change			



4th of July fun above!



At right: Women's Veterans Ceremony was held on June 16. Left to right, Marie, Joyce and Vicki..

At left: Dorothy (right) made a beautiful cake and surprised Betty (left) on her birthday.



Hawley Senior Center

We are enjoying our increased membership, more musical entertainment and new individuals joining our exercise group.

Glad we're getting the much needed rain, however the ground is so saturated it can't hold to much more.

Father's Day social was nice. We had a delicious dinner and ice cream social with lots of toppings.

August Birthdays, Thelma Dewar, Pat Schmidt, Barbara Beecroft, Ed Reim, Danielle Muscari, Dot Sherman, Joe Rago, Mary Day, Ann Kovatch, Dan Murphy, Bob Molle, Steve Knutsen, John Vega, Joyce Cole, Joyce Stiehl and David Sutton.



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9:00-3:00 Exercise Equip. 10:30—11:30 Healthy Steps in Motion Class 10:30—2:00 Ceramics 11:00—2:30 Mahjong	9:00—3:00 Exercise Equip. 10:30—2:00 Ceramics 1:00—2:15 Bingo *Schedule Subject to Change	9:00—3:00 Exercise Equip. 10:00—10:30 Tai Chi 10:30—2:00 Ceramics 10:30—11:30 Healthy Steps in Motion Class 5:30—8:30 Mahjong	9:00—3:00 Exercise Equip. 1:00—2:00 Bingo	9:00—3:00 Exercise Equip. 10:30—11:30 Healthy Steps in Motion Class



Many center members at left enjoyed a concert at the beautiful local outdoor amphitheater Harmony in the Woods at 19 Imagination Way in Hawley. For information about the venue/performances, please call (570) 588-8077 or visit harmonyinthewoods.org

Ice cream social fun. We honored fathers and Father's Day at our annual ice cream social, pictured right, on June 16.



Honesdale Senior Center



August 3, 2023—Volunteer Sandy Kline will lead craft and crochet classes every other Thursday from 1:00 p.m. to 3:00 p.m. August 3 (crocheting), August 17 (craft), August 31 (to be determined). For more information call Kathy at (570) 253-5540. Don't know how to crochet? Come and learn! Free.

August 4, 2023—Come for birthday Friday and celebrate Grandparents Day too. Please call Kathy to make reservations for either/or. If you plan to bring grandchildren or great grands, please let Kathy know in advance so we can plan accordingly.

August 18, 2023—It's our annual celebration of Woodstock! Break out the tie dye, love beads and bell bottoms. Door prize for the best costume! The Woodstock documentary film will be shown.

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-10:00 "Mondays with Marie"—Exercise streamed live on Wayne County PA Human Services' FACEBOOK page	10:30-11:30 Healthy Steps Class	10:00-11:00 Healthy Steps Class	10:00 AM Northern Wayne Center August 4 & 18	10:30-11:30 Healthy Steps Class
11:00-3:00 Bridge . New players wanted!	1:00-4:00 Billiards Shuffleboard Walk with Ease	1:00-2:00 BINGO	11:00 AM Chair Yoga	1:00 PM Rummikub tile game Shuffleboard
1:00 PM Canasta		2:00-3:30 Caregivers' Support Group—2nd Weds. each month	1:00 Shuffleboard Billiards	1:00 PM Walk with Ease

Left to right Gordon, Bob and Aaron show off their door prizes during our annual Father's Day celebration, right.

PAPA **POP**
Grandpa
GRANDAD
PAPI **GRAMPS**
Grandfather



La Nota House of Dance treated us to some fabulous performances on July 19. Thanks so much to all of the talented dancers.



Northern Wayne/Lakewood Center

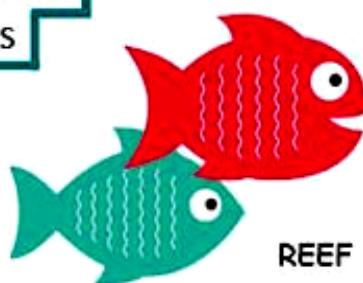
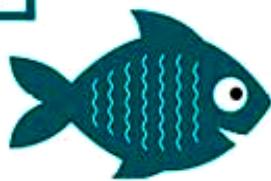
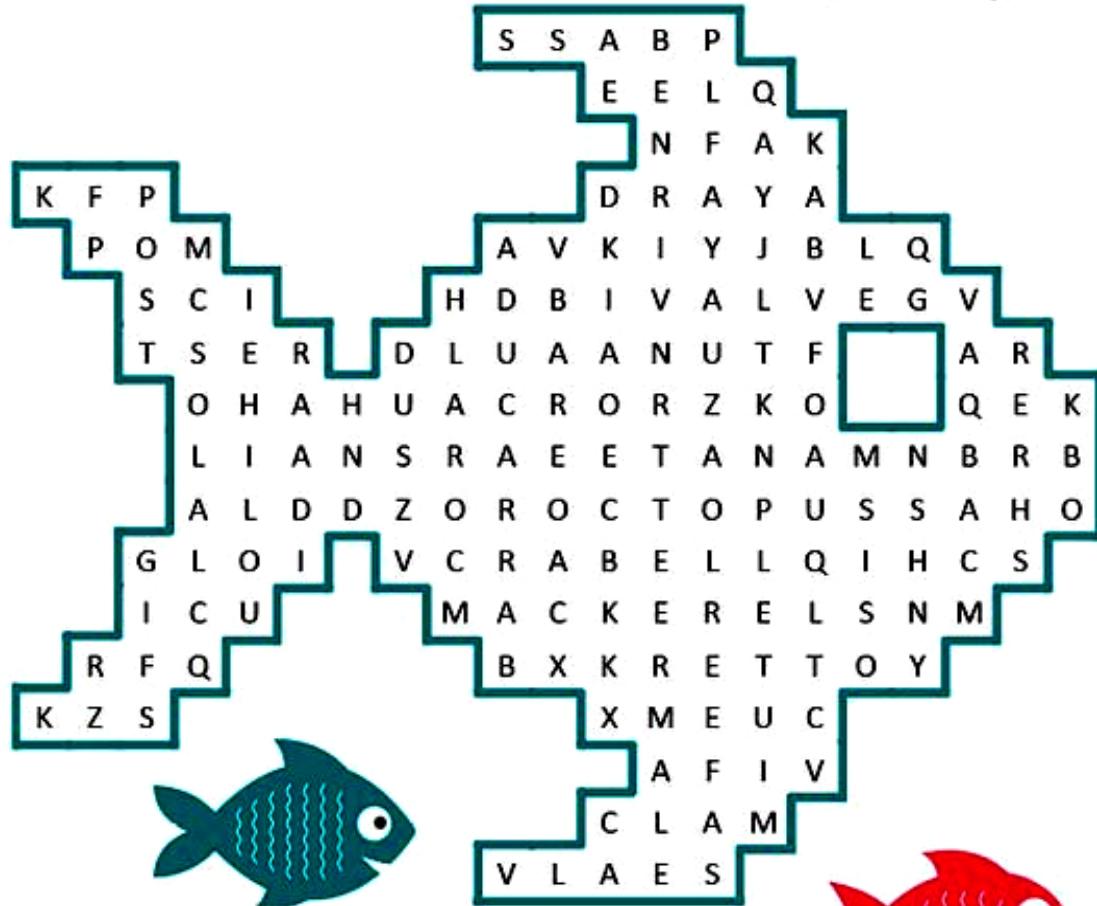
Get-togethers in August will be on the 3rd and 17th. On the 17th Lorrie will be doing a crafts class. Call Marie to reserve your spot and lunch, (570) 253-5540.



UNDER THE SEA



Word Search



ALGAE
BARRACUDA
BASS
BIVALVE
CLAM
COD
CONCH
CORAL
CRAB
DIATOMS

EEL
KELP
KRILL
MACKEREL
MANATEE
OCEAN
OCTOPUS
ORCA
OTTER
RAY

REEF
SEAL
SHAD
SHARK
SHRIMP
SNAIL
SQUID
TUNA

HOW TO PROTECT YOURSELF AS ARTIFICAL INTELLIGENCE (AI) FUELS MORE SOPHISTICATED SCAMS



There has been a proliferation of AI scam calls using voice cloning. Once a scammer finds an audio clip of someone's voice online, they can easily upload it to an online program that replicates the voice. Such applications emerged a few years ago, but under the generative-AI boom, the apps have improved, become more accessible and are relatively cheap to use.

Don't trust your caller ID. If you get a call from a business, hang up and find their number (for a bank, it will be on your statement, for example), then call them directly. No matter what the pitch, anyone asking you to pay them with a gift card is a scammer, according to the FTC.

Pause before you click. Never click on a link in an email or text message without confirming that it's from a legitimate source. Criminals can now craft extremely sophisticated looking messages, as well as fake websites that convincingly mimic real ones.

Consider choosing a safe word for your family. Share it only with family members or others in your inner circle. If someone calls claiming to be a grandchild, for example, you can ask for the safe word or words — rubber ducky, Fred Flintstone, whatever — and if the caller doesn't know it, it's clearly a scam.

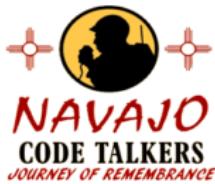
Call back your "grandchild" in crisis. If you don't have a safe word and your supposed grandchild or child calls saying they've had a medical emergency or some other crisis (sometimes they say they've been kidnapped), they may add that their phone is broken so you can't call them. Pause, take a breath (criminals try to rattle you to disrupt your rational thinking), and tell them you want to try to call them back anyway. Chances are your real grandchild will pick up, unharmed and bewildered by your concern. If you can't reach your grandchild, check on their whereabouts with another family member.

Don't click on ads to download software. The FTC says that if you see an ad for software that piques your interest, rather than clicking on it, go to the website by typing in the address. If you search for it, the agency's recent warning adds, "remember that scammers also place ads on search engines. They'll appear at the top of your search results page and might have a label that says 'Ad' or 'Sponsored.' Scroll past those to get to your search results."

Guard your personal information. To avoid identity theft, be careful with disclosing your full name, your home address, your Social Security number, credit card and banking information, and other personal details. Definitely don't share them with someone you only know from email or texting. If you use social media (Facebook, Instagram, Twitter, etc.), make sure your settings are truly private!

Spread the word. Educate your loved ones on the latest scams and the advice noted above.

Report scams. If you spot or have been victim of a scam, report it to the police, as well as the Federal Trade Commission (FTC) at reportfraud.ftc.gov or call 877-382-4357. In Wayne County, you can reach the Protective Services department by calling **1-800-648-9620**. The more information authorities have, the better they can identify patterns, link cases and ultimately catch the criminals.



Wayne County Veterans Affairs



National Navajo Code Talkers Day is August 14. It was established in 1982 by President Ronald Reagan. This day honors the contributions of the Native Americans who contributed to the United States war effort during World War II.

This code used not only the Navajo language, but also that of the Cherokee, Choctaw, Comanche, and Hopi tribes. The complexity of the Navajo language, as well as further encoding, rendered it impossible to break as a code; some sources report that it may be the only code used by the US military in conflicts, that was never broken.

The first use of this First Nations language code was in World War I and was predominately the language of the Choctaw tribe. Because it was discovered that German and Japanese students were coming to America to study these languages, federal officials became nervous about the security of this code. In 1942 the Marine Corps partnered with Philip Johnston, who spent most of his childhood on Navajo reservations with his missionary parents to create a more secure code. The Navajo language was deemed to be a near "perfect" language to create military codes because non-native speakers of that language are very rare. Some 400 code talkers were trained and used in World War II. There are some who strongly believe that the success in the Battle of Iwo Jima would not have been possible without the participation of the Code Talkers. On July 26, 2000 the original 29 Code Talkers were awarded special gold Congressional Medals of Honor. Special silver Congressional Medals of Honor were awarded to those that served later in the program.

Additional veterans-related special days to remember in August are: August 7th Purple Heart Day, August 10th Agent Orange Awareness Day, and August 16th National Airborne Day (a day close to my heart).

Victims' Intervention Program

Happy Birthday to VIP!



July 2023 marks a monumental milestone for Victims' Intervention Program. On July 1 this year, we turned 35!

The last three and a half decades have been a tale of growth and development. In 1988, VIP formed as a small collection of individuals driven to help victims of domestic violence and sexual assault. As early as 1982, local outreach began concerning domestic violence and sexual assault. Over the next six years, the movement would gain traction through town meetings, and the hiring of counselors through a local women's resource center. Finally, VIP was born.

VIP's initial staff consisted of one full-time counselor, a part-time volunteer coordinator, and a fiscal manager hired in 1990. The need for new staff was evident as early as '92 and '93 when further positions were created and VIP's community outreach blossomed in full with Take Back the Night, the Clothesline Project, Empty Place at the Table, and more.

Since then, we have risen to a team nearly two dozen strong working round-the-clock to aid not only survivors of those crimes, but of violence and oppression in nearly all its forms. Our work has shifted to include not just helping survivors cope with their trauma after an incident occurs, but also proactively engaging the community, schools, government leaders, and more to help prevent these crimes in the first place.

In the last 35 years, VIP has added:

- A 24-hour crisis hotline
- A dedicated court/medical advocate (1997, later split into distinct positions)
- In-school counseling (2005)
- Comprehensive services for non DV/SA crimes (2006)
- Shelter services for clients and their pets (2014)
- A second office in Pike County (2018)
- A Rapid Rehousing Program (2021) and much, much more

VIP has emergency services that are available 24 hours/day, 365 days/year. 24-hour hotline: 570-253-4401 or 570-296-HELP. All calls are kept confidential



**Serving
Seniors
INC.**

**VOUNTEERS NEEDED FOR THE
OMBUDSMANPROGRAM IN WAYNE PIKE
AND MONROE COUNTIES**

Volunteer Ombudsmen are community neighbors who are specially trained to help clarify responsibilities and rights of consumers in long-term living facilities. If you are available for a few hours a month, over 18 years of age, concerned about the rights of nursing home and assisted living/personal care home residents and interested in making a difference in the lives of long-term living residents, then you may be perfect for the Volunteer Ombudsman Program. For more information, please contact:

**Ombudsman Melinda Rispoli at 570-344-7190 or email:
mrispoli@servingseniorsnepa.org**



ALZHEIMER'S DISEASE SUPPORT GROUP FORMING

George Haser, a certified facilitator, is interested in leading an Alzheimer's support group in Wayne County. Please call George at (601) 697-0808 for more information.

LOW VISION PROBLEMS? ENRICHMENT AUDIO RESOURCE SERVICES INC. (E.A.R.S) Program

E.A.R.S. (Enrichment Audio Resource Services Inc.) is a 501 (c) (3) nonprofit organization. We provide, free of charge, audio lessons that teach adaptive daily living skills to the vision impaired and their caregivers. The lessons, modeled after current blind rehabilitation techniques, are a must for anyone coping with loss of eyesight. We are committed to teaching, each of the one out of six older adults who have developed limited vision, the skills necessary to continue living their lives with confidence and dignity.



WHAT IS LOW VISION REHABILITATION?

Quite simply, it's learning practical techniques to overcome the limitations of vision loss. It provides solutions for safely moving about, making the most of available light and contrasting color, and using your sense of touch to replace information your eyes used to provide. It enables you to continue to live independently. By listening to E.A.R.S. audio lessons you'll learn many new ways to successfully continue to do everyday activities when you have reduced vision.

HOW E.A.R.S. WORKS

When you call the toll-free telephone number, you'll talk with a vision counselor who determines which lessons are appropriate for you. The lessons are designed for use in the privacy of your home. Within a week you'll receive your first lessons free of charge. We do not require any designation of legal blindness, and your call is strictly confidential.

Stay Independent. E.A.R.S. is here to tell you how. Call 1-800-843-6816 or email tom@earsforeyes.org



DO YOU HAVE EXTRA SPACE IN YOUR HOME?

WOULD YOU LIKE SOME COMPANIONSHIP?

EXTRA INCOME?

If you answered "yes" to these questions, the SHARE program may be just what you need.

SHARE (Shared Housing And Resource Exchange) is a housing program being offered in Carbon, Monroe, Pike and Wayne Counties.

Professional Housing Counselors screen and match people who have extra space in their homes with people seeking an affordable living situation.

If this sounds like a good idea for you or someone you know, please contact: Larisa Yusko (570) 832-5133, email lyusko@pikepa.org



Cultivating a Vibrant Future

www.WayneTomorrow.com

The Institute Expands Data Gathering to Wayne County

The Wayne Tomorrow! Community Impact Network recently heard from The Institute, a non-profit, education collaborative formed in 2004 to do community-based data, analytics and research that helps inform policy makers. They routinely collect data in Lackawanna and Luzerne Counties and are now expanding into Wayne.

The Indicators, on which the Institute collects data, include 150 different metrics; there is also an online dashboard. Institute Executive Director Terri Ooms said they also produce an Economy Tracker and Public Policy Tracker and conduct regular polling of 18-to 22-year-old students in higher education to stay on top of what they are thinking about Northeast Pennsylvania. All of this is made possible by a long list of academic partners, underwriters and sponsors. The client work The Institute takes on also helps to pay the bills, but generally that data is proprietary.

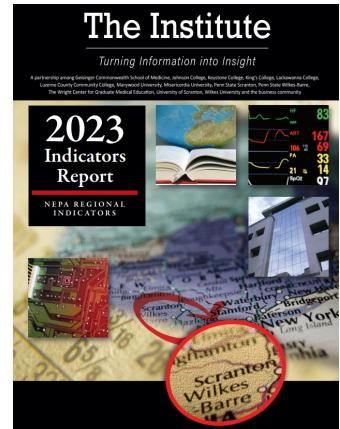
Everything else they produce is available to the public and policy makers are encouraged to use and share the data and analysis. In 2023, The Institute has put its focus on seven themes: Growing Region/Growing Prosperity; Preparing the Workforce; Meeting the Housing Demand; Social Supports and Healthy Living; Connecting Across Boundaries; Investing in a Bright Future; and Equitable Opportunities for All.

Wayne Economic Development Corporation Executive Director Mary Beth Wood gave examples of how that agency uses these economic indicators to guide investment in the necessary infrastructure to make improvements in things like the industry profile or the percentage of technology jobs.

Ooms also said that people are starting to notice that many of the region's economic indicators are falling more in line with state and national trends after many years of being distressed. This becomes particularly important as the area compete for workers with other regions, states and even countries, a position which is unfamiliar to many employers after years of having more workers than jobs.

The Institute produces can help to shift the region's thinking. "For example, by looking at the negative impacts of poverty and developing root-cause solutions that can get them into the workforce," Ooms said, "we are addressing several issues at once." She said adding Wayne County now, and hopefully, the other northeast counties overtime, will help to bring together the data in one place to help inform the kind of regional planning needed to meet these challenges.

For more about Wayne Tomorrow! visit www.WayneTomorrow.com or call 570-492-0080.



Wayne County 1406 Main Street
WCPL
 Honesdale, PA 18431
 570-253-1220
www.waynelibraries.org
Connecting our community
 Public Library

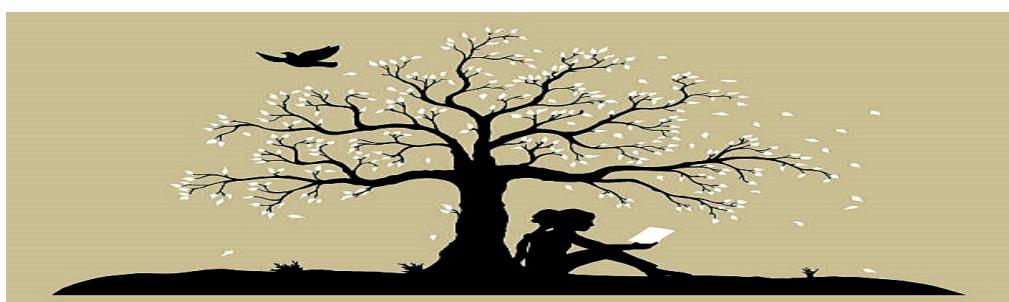
August 2023 Programs



TO REGISTER CONTACT:

Miles Keesler
570-253-1220 or
 email mkeeslerwaynelibraries.org

- 1. Sound Therapy Workshop**—Learn how sound therapy can improve your overall well being. Presenter Kailin Bouse. Wednesday, August 2 from 4:30-5:30 PM.
- 2. Meditation**—This program will introduce you to the benefits of starting a meditation practice. Presenter Dick Roberts. Wednesday, August 16 from 4:30-5:30 PM.
- 3. Foraging**—You will learn how to forage in every season by identifying plants, mushrooms and more. Presenter: Nathaniel Whitmore - Wednesday August 23 from 4:30-5:30 PM.



\$6.00 admission for Senior Citizens 62 and up and Military/Veterans on Friday, August 4 and Wednesday, August 9.

PAY ONE PRICE!

\$12
Per Person

Admits Everyone to the Wayne County Fair
(Includes 24 months+ of age)
Must have wrist band to ride.
All rides have posted height requirements.

PAY-ONE-PRICE (POP) admission includes: parking, small stage shows, most grandstand shows, and best of all ... **ride all day at no further cost!**

POP does not include Food, Beverages, Midway Games and Shows, Demolition Derbies or Monster Truck Show.

* Price of Admission to the grandstand includes 10% Amusement Tax levied by Dyberry Township

SENIOR CITIZEN'S (Age 62) and MILITARY/VETERAN DAYS

Friday, August 4 and Wednesday, August 9
\$6.00 Admission on both days.

SEASON TICKETS – \$50

SAVE BY PURCHASING TICKETS IN ADVANCE!
Season Tickets are for admission to the grounds only, and do not include rides.

SEASON TICKETS ARE ON SALE AT:

- Dirlam Brothers Lumber Co. – 250 Sunrise Avenue, Honesdale
- Turkey Hill Convenient Store – 1050 Main Street, Honesdale
- Iron Hill at 1940 – 228 Roosevelt Hwy., Waymart
- Wayne County Fair Office – Fair Week Only

• Fair Grounds Open at 9 AM
• Midway & Rides Open 12 Noon to 11 PM
• Exhibit Buildings Open 10 AM to 10 PM

(Please note that all livestock exhibits and shows will take place in the arena. NOTICE: For the public's safety, the barns will be closed during all livestock shows.)

Sorry, no pets are allowed on the fairgrounds.
No alcoholic beverages allowed on fairgrounds or property.
No firearms allowed on the fairgrounds or property.

ATM's Are Available at the Main Gate, on the Midway and North End of the Midway.

For more information go to:

www.waynecountyfair.com



THE CHOICE OF THE
161st WAYNE COUNTY FAIR

2024 Fair Dates: August 2–10

161st WAYNE COUNTY FAIR

Rte. 191 N.
Honesdale, PA

Welcome to the fair!

**RIDES
GAMES
ENTERTAINMENT
4H EXHIBITS
GREAT FOOD**



www.waynecountyfair.com

HNB
The Honesdale National Bank
www.hnbbank.bank 800-HNB-9515
Member FDIC

Proud Sponsor

ATMs will be available at the Security Office and Main Gate!

Growing Older Together is a non-profit organization serving residents aged 60 and older in Wayne County (PA), western Sullivan County (NY), and adjacent areas, both with the practical means and social connections to live independently in their homes for as long as possible. Our team is comprised entirely of Volunteers who undergo a careful background check. We are grateful for support from local organizations because of whom we are able to continue doing what we do.

For more information, call 570-630-0509.

GROWING OLDER TOGETHER

PRESENTS



THE 1ST
ANNUAL

LA VAPALOOZA

BENEFIT - 2023

AUGUST 5TH 3PM - 7PM

BLUE HILLS FARM, NARROWSBURG NY

FAMILY FUN **FOOD**
ENTERTAINMENT **BBQ** **SWING** **FORTUNE**
BBQ **BEER & WINE** **SWING** **TELLER**

MIGHTY
JOE CASTRO
AND THE
GRAVAMEN

SWEET TREATS

CLASSIC CARS

AUCTION

FOOD **SWING** **BEARDED**
SWING **DANCING** **LADIES**

WWW.MYRIVERTICKETS.COM/EVENTS/LAVAPALOOZA



•FOR YOUR INFORMATION•

211 is a **FREE** and confidential service, connecting people to services in Wayne County.

Get Connected / Get Help

Dial 211 or 1-855-567-5341

Website: pa211ne.org

Text your zip code to: 898211



Production Coordinator: Kathy Robbins

Menu Coordinator:
Lynn Potter, RD LDN

Editor: Suzanne Putzi



Find us on Facebook at Wayne County Office of Human Services

"THE SECRET OF CHANGE IS TO FOCUS ALL OF YOUR ENERGY, NOT ON FIGHTING THE OLD, BUT ON BUILDING THE NEW."
— SOCRATES

Honesdale Center: Earl J. Simons Center, 323 10th Street, Honesdale, PA 18431, 570-253-4262/570-253-9115 fax. Located at end of 10th Street across from the Old Stone Jail.

Hamlin Center: Salem Township Building, 15 Township Bldg. Rd, Route 590, Hamlin, PA 18427 570-689-3766 /570-689-5002 fax, Route 191 South to Hamlin 4 corners, turn right onto 590 West, go 1/2 mile, turn right after UPS sign.

Hawley Center: Robert J. Drake Senior Community Center, 337 "A" Park Place, Bingham Park, Hawley, PA 18428, 570-226-4209 / 570-226-3422 fax. Route 6 to Hawley, past ball field across from mayor's office, just before bridge, left onto Park St.

Northern Wayne/Lakewood Satellite Center located at: Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co #) **November-February events — 1st Thursday only** events March-October - 1st & 3rd Thursday. **For reservations**, please call Marie at 570-253-5540.

Transportation: 323 10th Street, Honesdale, PA 18431; 8:00 AM—4:00 PM www.waynecountypa.gov. Go to "Human Services" click on "Transportation" Call 570-253-4280; out of 253 exchange 1-800-662-0780.

Wayne County Veterans Affairs Representative: 314 10th Street, Honesdale, PA 18431; For an appointment call 570-253-5970, ext. 3114 or email: va@waynecountypa.gov

Wayne County Adult Day Program: Robert J. Drake Senior Community Center 337 "B" Park Place, Bingham Park, Hawley, PA 18428 **We are accepting applications for new participants. Please call: 570-390-7388; fax 570-390-4564.**

Wayne County Area Agency on Aging

323 10th Street

Honesdale, PA 18431

570-253-4262 / 570-209-5770 fax

Elder Abuse/Protective Services:

1-800-648-9620