



Find us on the web at <https://waynecountypa.gov/101/human-services>



## WEAAD Week is June 12-16



**What Is Elder Abuse?** Elder abuse refers to intentional or negligent acts by a caregiver or trusted individual that causes harm to an older person. Elder abuse takes many forms, including: neglect or isolation, physical abuse, sexual abuse, financial abuse and exploitation, and emotional or psychological abuse (including verbal abuse and threats). Each state defines elder abuse differently. There is some debate over whether mistreatment by strangers, rather than by a person in a trust relationship to the older person such as spouse, child, or friend, also constitutes elder abuse, neglect, or exploitation.

**Why Should We Care About Elder Abuse?** Caring about elder abuse is caring about justice for all. As a country, we are committed to ensuring the just treatment of all people, but elder abuse violates this value. The costs of elder abuse are high for the affected individuals and society alike. Their losses can be tangible (homes and life savings) and intangible (dignity, independence, and possibly their lives). For society, elder abuse is both a social and economic issue: it creates health care and legal costs, which are often shouldered by public programs like Medicare and Medical Assistance (also known as Medicaid,) and isolates them from the community. It's in everyone's interest to care about and prevent elder abuse.

**What Causes Elder Abuse?** Our policies and practices make it hard to stay involved with and connected to our communities as we age. As a result, older people are more likely to experience social isolation, which increases the likelihood of abuse and neglect. Elder abuse affects older people across all socio-economic groups, cultures, and races and can occur anywhere when they are disconnected from social supports. It occurs in a person's own home, in nursing homes, assisted living facilities, hospitals and other institutional settings. While any older person is potentially at risk of elder abuse, some are more susceptible to experience abuse or neglect than others. Based on available information, women and people 80 and older are more likely to experience abuse. Factors such as dementia or poor physical health can increase older people's isolation, which in turn puts people at greater risk of experiencing abuse or neglect.

**SOME COMMON RISK FACTORS:** • Dementia, mental health or substance abuse issues of an older person and/or a perpetrator, social isolation, and poor physical health. Caring about elder abuse is caring about justice for all.

Wayne County Adult Protective Services' (APS) workers are available 24 hours a day, seven days a week to help those Pennsylvania residents age 60 or older who are at imminent risk of physical or emotional abuse, abandonment, exploitation, or neglect. Those calling to report elder abuse need not give their names to the Area Agency on Aging and all information is confidential. Call toll-free 1-800-648-9620 to speak to an APS worker. For more information on elder abuse prevention, please visit the National Center on Elder Abuse at [ncea.acl.gov](http://ncea.acl.gov).

**TOGETHER, WE CAN PREVENT AND ADDRESS ELDER ABUSE.**



**Suggested meal price: \$2.50**

**for 60 and over. Milk is included.**

**Menu subject to change due to availability.**

**(NW=Northern Wayne)**

5) Pineapple juice Fish sticks Macaroni & cheese Stewed tomatoes Wheat bread/butter Butter Fresh orange  	6) Chicken parmesan Veg. pasta w/ Sauce Broccoli Italian bread/butter Pears  	7) Breaded pork chop Veg. pasta Carrots Wheat bread/ butter Vanilla pudding w/ Strawberries  	8) Turkey roll ups w/ cornbread stuffing Gravy Mashed sweet pota- toes Brussel sprouts Fresh apple  	9) Orange juice Cheese omelet Turkey sausage Home fries Wheat bread/ butter Warm peaches  
12) Juice BBQ chicken Baked potato w/ sour cream Brussel sprouts Wheat bread/butter Pudding  	13) Baked fish florentine Creamed potatoes Carrots Wheat bread/butter Melon  	14) <b>Flag Day</b> Veggie pasta w/ Meatballs in sauce Spinach Italian bread/butter Red, white & blue dessert  	15) Grape juice Cheese pizza w/ Sausage Broccoli Cottage cheese w/ peaches <b>NW-Juice, chicken salad sandwich, pick- led beets, special dessert</b>  	16) <b>Father's Day</b> Roast pork w/ sau- erkraut Mashed potatoes Vegetable blend Rye bread/butter Special dessert  
19) <b>CLOSED</b> <b>Juneteenth</b> June 19   Celebrate Freedom!	20) BBQ Rib Patty On wheat bun Potato salad Collard greens Fresh apple  	21) Chicken Cacciatore over cauliflower rice Brussel sprouts Wheat bread/butter Apricots  	22) Baked cod w/ dill sauce Pasta primavera Spinach Wheat bread/butter Pudding  	23) Stuffed pepper casse- role Baked potato w/ butter Mixed vegetables Wheat dinner roll Butter Fresh orange  
26) Fish Patty On wheat bun Tartar sauce Potato wedges Green beans Mandarin oranges  	27) Eggplant parmesan Broccoli Veg. Pasta w/ sauce Wheat bread/butter Cottage cheese w/ peaches  	28) Grape juice Meatloaf w/ gravy Mashed potatoes Cauliflower Wheat roll/butter Pudding  	29) Tomato juice Hot ham w/ cheese on croissant Carrots Fresh orange  	30) Roasted chicken Potatoes O'Brien Vegetable blend Wheat roll/butter Cantaloupe slice  

Please call 253-5540 one day prior by 1:00 PM to make a reservation.

For office use only

Application \_\_\_\_\_

COMMONWEALTH OF PENNSYLVANIA  
DEPARTMENT OF AGRICULTURE  
SENIOR FARMERS' MARKET NUTRITION PROGRAM

**2023 APPLICATION FORM**

**To qualify, you must be 60 or older (or turn 60 by 12/31/2023) and meet the household income guidelines.**

**RIGHTS AND RESPONSIBILITIES**

I certify that the information I have provided for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP.

By signing this, I acknowledge that my total household income is within the Income guidelines: **\$26,973** for 1 person in the household; or **\$36,482** for 2 people in the household and that I am 60 years old or older (or will turn 60 by 12/31/2023).

**1st Participant Name (print):** \_\_\_\_\_ **Birth Date** \_\_\_\_\_  
(Person checks are for)

\_\_\_\_\_  
(Signature)

**2nd Participant Name (print):** \_\_\_\_\_ **Birth Date** \_\_\_\_\_  
(Person checks are for)

\_\_\_\_\_  
(Signature)

**Mailing Address (print):** \_\_\_\_\_

**Telephone Number:** \_\_\_\_\_ **County of residence:** \_\_\_\_\_

**Please circle appropriate identifier for each:**

**Ethnicity:**  Hispanic or Latino  Not Hispanic or Latino

**Race:**  American Indian or Alaskan Native  Asian  Black or African American  
 Native Hawaiian or other Pacific Islander  White

**Please send completed application to:** Wayne County Aging Office, 323 10<sup>th</sup> Street, Honesdale PA 18431 or email it to [kmcginnis@waynecountypa.gov](mailto:kmcginnis@waynecountypa.gov). If you have any questions, call 570-253-4262 opt 0.

## **USDA Nondiscrimination Statement**

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online-- <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

**1. mail:**

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or

**2. fax:**

(833) 256-1665 or (202) 690-7442; or

**3. email:**

[Program.Intake@usda.gov](mailto:Program.Intake@usda.gov)

*This institution is an equal opportunity provider.*

### **FARMERS' MARKET VOUCHERS**

#### **TO BE ELIGIBLE:**

- **MUST BE A WAYNE COUNTY RESIDENT**
- **60 YEARS OF AGE OR OLDER BY 12/31/23**
- **MEET THE HOUSEHOLD INCOME GUIDELINES (\$26,973 for 1 person; or \$36,482 for 2 people)**

Applications need to be completed including SIGNATURE and DATE OF BIRTH and sent back to:  
WAYNE COUNTY AREA AGENCY ON AGING  
323 10<sup>TH</sup> STREET  
HONESDALE PA 18431

Applications will be processed and vouchers will be mailed to you after 6/1/23.

To find a farmer's market or farm stand with eligible farmers, go to [www.pafmnp.org](http://www.pafmnp.org). For a market with a phone number, please contact the market for changes to operating hours before visiting.  
Any questions, call 570-253-4262 option 0.

# Hamlin Senior Center

**Chair Yoga**—Mon. at 1 PM, 6/5, 6/12, & 6/26.

**Healthy Steps**—Wed. & Thu., at 10 AM

**Garden Spot**—Vegetable & flower beds upkeep Tues., 10 to 11 AM.

**Bingo** – Tues. at 1 PM and Fri. at 10 AM.

**Friday Night Bingo**—6/16, and 6/30 from 5 PM to 7 PM.

**Mahjong** – Mon. at 12:30 PM

**Brain Health Talk**—Thur., 6/1 “Make the Best of What You Have” facilitated by Sharon Carrol at 11 AM.

**Northeast Eye Screening** – Tues., 6/13 11 AM -12 PM (in side room).

**NAMI Mental Health Presentation** facilitated by Joanna Van Tine - Tue. 6/13 at 11 AM.

**Flag Day** – Flag Day, 6/14. Wear your red, white, & blue.

**Father's Day Celebration** – Fri., 6/16 – Bingo at 10 AM and Ice cream sundaes after lunch.

**Women's Veteran Recognition** – Tue., 6/16 at 11 AM. Vicki Wargo, Veterans' Affairs Director, honors women veterans.

**Juneteenth Celebration** – Tues., 6/20 at 10:00 AM. Learn about the history of this holiday .

**Shuffleboard Competition** – Tues., 6/20 at 11:00 AM.

**Growing Older Together** -Tues., 6/27 at 11 AM. Facilitated by Tom and Diane.

**Mark Your Calendar!** The summer picnic will occur at the Hamlin senior center on Friday, July 21.



Vita Martel	6/3
Randy Tyler	6/4
Howard Card	6/5
Sandy Baluta	6/13
June Phillips	6/14
Lynne Taylor	6/16

Wanda Gorman	6/16
Mary Ann Asimake-Noon	6/19
William Fleming	6/23
Jane Allardyce	6/26
Madelyn Kirkella	6/27
Arthur Bolduc	6/29

## **Healthy Steps in Motion Class**

Twenty-one members of the center took the Healthy Steps in Motion (HSIM) training classes. The course focuses on falls prevention and strength and balance. Congratulations to those people who participated and focused on their general wellness



Pictured in photo left are: Sandy Baluta, Frank Gracia, Jim Robertson, Judy Franc, Kathy Miller, Sharon Carroll, Donna Reifler, Rita O'Connell, and Loretta Curtis, Fran Kingsley, Wanda Gorman, Marilyn Wormuth, Peggy Smith, Janet Sauers, Betty Ann Davis, and Thelma Evarts. Other attendees not present for photo were Jane Allardyce, Carolyn Black, Debbie Carlson, Rose Ellyn Grohol, and Jane Peet



On May 9 a group of seniors (see photo, right) enjoyed a special art class featuring rubbing alcohol and marker paints. Roselyn, a center member, brought ceramic tiles and demonstrated how to make each tile a masterpiece. There was no limit on the number of tiles a person could paint. A wonderful time of art therapy and expression, Thank you Roselyn!



## **Hawley Senior Center**

Summer has returned. Hallelujah!

Thursday, June 15—Veterans' Affairs Director Vicki Wargo will be on hand to honor women veterans.

Friday, June 16, celebrate our fathers with a great meal followed by root beer floats

Don't forget to fly our American flag proudly on Wednesday, June 14.

CLOSED Monday, June 19 for Juneteenth, a national day of celebration and reflection.

Wednesday, June 21 enjoy the first day of summer.



June birthdays: Joyce Carson, AnnMarie Thompson, Pat Gememhardt, Laura Edwards, Ilona Gross, Joan Nixon, Christine Kurre, Adeline Kellett, Michael Patti and Shirley Stalnecker.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b>9:00-3:00</b> Exercise Equip.	<b>9:00—3:00</b> Exercise Equip.	<b>9:00—3:00</b> Exercise Equip.	<b>9:00—3:00</b> Exercise Equip.	<b>9:00—3:00</b> Exercise Equip.
<b>10:30—11:30</b> Healthy Steps in Motion Class	<b>10:30—2:00</b> Ceramics	<b>10:00—10:30</b> Tai Chi	<b>1:00—2:00</b> Bingo	<b>10:30—11:30</b> Healthy Steps in Motion Class
<b>10:30—2:00</b> Ceramics	<b>1:00—2:15</b> Bingo	<b>10:30—2:00</b> Ceramics		
<b>11:00—2:30</b> Mahjong	<b>*Schedule Subject to Change</b>			
		<b>5:30—8:30</b> Mahjong		



**Cinco  
De  
May  
fun!**



## **Northern Wayne/Lakewood Center**

Meetings this month are on June 1 and 15. Please call Marie to make reservations at 570-253-5540.

# Honesdale Senior Center



## CALLING ALL BRIDGE PLAYERS OR THOSE WHO WOULD LIKE TO LEARN:

The Honesdale center has an active group of Bridge players that meet Mondays (excluding holidays) from 11:00 to 3:00. For more information, please call -253-5540.

June 2, 2023—First Friday of the month is dedicated to birthdays! Come in for lunch followed by special birthday treat. Please call Kathy for a reservation 253-5540.

June 7, 2023—Veterans' Affairs Director Vicki Wargo will honor women veterans before the noon meal.

June 16, 2023—We're celebrating dads today. Roast pork is on the menu and ice cream floats will be served in honor of the upcoming Father's Day holiday.

June 19th, 2023—Closed in celebration of Juneteenth.

## MARK YOUR CALENDAR! HONESDALE'S PICNIC IS SCHEDULED FOR JULY 14 AT THE WAYNE COUNTY FAIRGROUNDS.

Monday 9:00-10:00	Tuesday 10:30-11:30	Wednesday 10:00-11:00	Thursday 10:00 AM	Friday 10:30-11:30
"Mondays with Marie"—Exercise streamed live on Wayne County PA Human Services' FACEBOOK page	Healthy Steps Class	Healthy Steps Class	Northern Wayne Center June 1 and 15	Healthy Steps Class
11:00-3:00 Bridge	1:00-4:00 Billiards Shuffleboard	1:00-2:00 BINGO	11:00 AM Chair Yoga	1:00 PM Rummikub tile game Shuffleboard
1:00 PM Canasta Walk with Ease		2:00-3:30 Caregivers' Support Group—2nd Weds. each month	1:00 Shuffleboard Billiards	1:00 PM Walk with Ease



Bob N. celebrated his birthday on Cinco de Mayo, left, followed by happy revelers enjoying mocktails during the celebration.



## **Wayne County Veterans' Affairs**



J

June is designated as National Post-Traumatic Stress Disorder (PTSD) Awareness Month. It is intended to raise public awareness about issues related to PTSD, reduce the stigma associated with PTSD, and help ensure that those suffering from the invisible wounds of war receive proper treatment. June 27 is PTSD Awareness Day. Why June 27, you ask? It is the birthday of Staff Sergeant Joe Biel, a North Dakota National Guard member who took his life following two tours of Iraq.

PTSD has many faces. It affects the soldier who can't escape the horrors of what they have experienced, both in war and at home. It also affects both genders in the form of Military Sexual Trauma (MST). It affects the members of their families as well. PTSD is not limited to the military; any traumatic experience can cause PTSD.

How do you recognize some of the warning signs that someone you care about may be suffering from PTSD? Frequent nightmares, a quick temper, or other drastic changes in disposition, are all common signs. It is understood that self-medicating, either with drugs or alcohol, are also common symptoms of PTSD.

Where can someone get help? There are many options and very caring people wanting to help! The Vet Center in Scranton (877-927-8387) offers free counseling to both veterans and their families. If a veteran is in a crisis/suicidal situation, please call 988#1. That number puts the caller in touch with a professional trained in veteran suicide prevention. For the civilians reading this who are considering suicide, please call 988 and a professional will help you. Another option is to go to the nearest Emergency Room! For veterans, whether you are receiving VA healthcare or not, the VA will pay for the Emergency Room visit. Before it reaches that level of crisis, please do frequent "buddy checks" on your friends. Make sure that they are really okay. Also, be aware of a sudden change of behavior, the giving away of personal possessions, and sudden calmness can be a sign that an individual has made the decision to end their lives, and are preparing to do so. Tragically, sometimes there are no warning signs at all. Every day, our nation loses 22 veterans to suicide. Our own beloved Wayne County is not exempt from this tragedy.

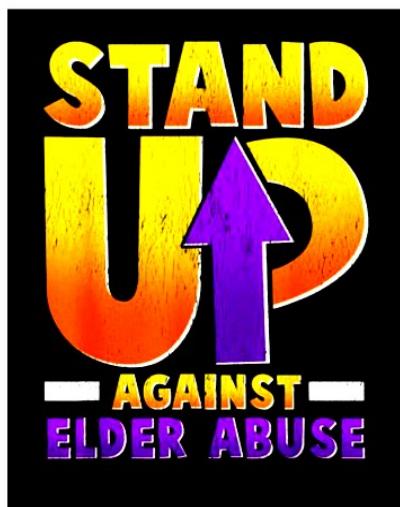
If you have any questions regarding PTSD, please feel free to contact your local Veterans' Affairs office or any trained professional.



### Intimate Partner Violence in Later Life

Intimate Partner Violence, also known as Domestic Violence, can happen to anyone, but it may look different to people in different stages of their lives. When it happens to those over the age of 60, it's known as Intimate Partner Violence in Later Life (IPVILL). While it can include outwardly apparent things such as physical abuse, IPVILL can also look like one partner withholding access to their victim's medications or necessary medical equipment. It can look like a refusal to drive someone to their doctor's appointments. It can look like an abuser taking control over their partner's social security checks or bank accounts, or forcing their partner to transfer property ownership against their will. Additionally, while the moniker "intimate partner" often brings to mind a spouse or paramour, adult children manipulating their elderly parents in the ways noted above or by other means is also a form of IPVILL.

As people age and begin to need more assistance, they become more susceptible to abuse from those who would take advantage of their isolation and potential inability to get around and take care of themselves. While many of these forms of abuse could also be defined as Elder Abuse, senior citizen programs that can help put a stop to it are only available to those over 65 years old. If you or someone you know needs help with IPVILL or any other kind of victimizing crime, VIP is here, 24/7 to help out. Just call us at 570-253-4401.



VIP has emergency services that are available 24 hours/day, 365 days/year.

24-hour hotline: 570-253-4401 or 570-296-HELP. All *calls are kept confidential*. Trained counselor/advocates will assess safety with you and help create a safety plan. Advocates will also provide information on medical care, shelter, legal assistance and other resources. The hotline is available to victims, loved ones and anyone wanting more information.



**Serving  
Seniors  
INC.**

**VOUNTEERS NEEDED FOR THE  
OMBUDSMANPROGRAM IN WAYNE PIKE  
AND MONROE COUNTIES**

Volunteer Ombudsmen are community neighbors who are specially trained to help clarify responsibilities and rights of consumers in long-term living facilities. If you are available for a few hours a month, over 18 years of age, concerned about the rights of nursing home and assisted living/personal care home residents and interested in making a difference in the lives of long-term living residents, then you may be perfect for the Volunteer Ombudsman Program. For more information, please contact:

**Ombudsman Melinda Rispoli at 570-344-7190 or email:  
mrispoli@servingseniorsnepa.org**



**DO YOU HAVE EXTRA SPACE IN YOUR HOME?**

**WOULD YOU LIKE SOME COMPANIONSHIP?**

**EXTRA INCOME?**

If you answered "yes" to these questions, the SHARE program may be just what you need.

SHARE (Shared Housing And Resource Exchange) is a housing program being offered in Carbon, Monroe, Pike and Wayne Counties.

Professional Housing Counselors screen and match people who have extra space in their homes with people seeking an affordable living situation.

If this sounds like a good idea for you or someone you know, please contact: Larisa Yusko (570) 832-5133, email [lyusko@pikepa.org](mailto:lyusko@pikepa.org)

*Hand in Hand...Linking Lives*



**GOT — GROWING OLDER TOGETHER**

Have you been in a situation where you think "If I only had a second set of hands to help me move this table"? Or maybe some savvy technical support would be nice to get a new printer connected to your computer? Or perhaps, it's as simple as wanting to share of mid-afternoon cup of tea and conversation with someone for an hour.

These are common needs, especially as we grow older in the homes we've built for ourselves and our families, who may have grown up and moved on to build their own lives elsewhere.

Growing Older Together (G.O.T.) is a non profit organization founded in Honesdale, formed to address these, and other needs of people 60 years and older, residing in Wayne and Pike Counties in Pennsylvania and Western Sullivan County in New York. G.O.T.'s mission consists of enabling seniors to remain independent, and age in place in the home of their choosing.

With a well equipped volunteer brigade, G.O.T. provides a range of services, including personal transportation, household chores, technology troubleshooting, and light gardening. Need a trip to the doctor? Someone to pick up your groceries at the market? G.O.T. can do that. They also offer services in the home for household chores, technology troubleshooting, or light gardening work. Or to share that cup of afternoon tea. Having something to look forward to can be so important for many seniors, so G.O.T. hosts social events throughout the year for its members.

G.O.T. volunteers are fully vetted with complete background checks. Members — those who request and receive the services — pay a \$150 annual fee. Exceptions for sliding scale fees based on income are available and reviewed on a case by case basis.

Could some support from a caring volunteer be what you need to maintain your independence and quality of life? Or maybe you'd like to be a volunteer? Many of G.O.T.'s members are also volunteers! Call 570-630-0509 to get more information or to learn how to sign up. Phone lines are open Mon — Fri from 9AM — Noon and 1PM — 5PM. Or visit Growing Older Together's website at: [www.growingoldertogether.com](http://www.growingoldertogether.com)



## Cultivating a Vibrant Future

[www.WayneTomorrow.com](http://www.WayneTomorrow.com)

Wayne County may be a great place to live, but it's a bear of a thing to find housing. A recent Housing Study and Market Analysis reveals that over the last decade there has been a significant shift in the housing market: more properties are occupied on a seasonal basis; fewer homes are owner occupied; and more are becoming uninhabitable.

Consultants Isaac Kwon and Chris Lankenau of Urban Partners said this shift becomes starker in the Market Analysis, which showed only about one-third of homes sold between July 2017 and June 2022 were to buyers planning to live full-time in the home. Since 2019, sales to owner occupants have been outpaced two to one.

This trend exacerbates the shortage of renter-occupied units, which are concentrated in the central region of the county. The study showed very few rental units are in multifamily complexes - 65 in all, most (54) percent are single-family homes, and many of those are mobile homes particularly in the north.

The study also shows 23 percent of households are considered cost burdened by housing, which means they spend more than 30 percent of their household's gross income on housing costs. The analysis showed half of households earning less than \$50,000 – 4,000 families, fall into that category.

Along with an obvious need for affordable housing, Wayne County needs to develop a broad mix of housing options to accommodate workforce needs, a variety of senior housing options, starter homes and more.

Urban Partners made three Housing Strategy recommendations: Diversify housing choices to accommodate all life stages and household needs; Stabilize the county's aging housing stock; and Expand housing options for the growing senior population. For each, they recommended specific strategies, laid out the key action steps and identified important partners and funding sources.

The Wayne Tomorrow! Housing Task Force is assembling a wide-ranging coalition of partners to create an action plan for tackling the study's recommendations. To learn more, visit [www.WayneTomorrow.com](http://www.WayneTomorrow.com) or call 570-493-0080.



**TO REGISTER CONTACT:**  
**Miles Keesler at 570-253-1220 or email:**  
**[mkeesler@waynelibraries.org](mailto:mkeesler@waynelibraries.org)**

### June 2023 Programs:

- 1. An Introduction to Pencil Drawing workshop 1 with Kat Beisel—Wednesday, June 7 from 4:30-5:30 p.m.**
- 2. Six Simple Steps For An Active, Healthy Lifestyle with Essential Oils with Helen Mele Robinson PhD—Tuesday, June 13 from 4:30-5:30 p.m.**
- 3. An Introduction to Pencil Drawing workshop 2 with Kat Beisel—Wednesday, June 21 from 4:30-5:30 p.m.**
- 4. Cell Phone Photography with Kat Beisel—Learn how to take great pictures on your iPhone or Android device—Wednesday, June 28 from 4:30-5:30p.m.**
- 5. Friday Films at the Library presents *ET The Extraterrestrial* —Friday, June 16 at 12:30pm Refreshments are included. Free!**

Below are photos from the recent Retired Seniors Volunteer Program (RSVP) Recognition Luncheon held on April 28 at LaDore Lodge and Conference Center in Waymart. The Wayne County Area Agency on Aging partners with Diakon Child, Family and Community Services, the sponsor of the Retired Seniors Volunteer Program (RSVP) of Berks, Pike and Wayne Counties. Attendees enjoyed a delicious meal, raffles and games.

RSVP, funded by AmeriCorps, is America's largest volunteer network for people 55 and over, with more than 300,000 volunteers tackling tough issues in communities nationwide. Volunteers choose how, where, and how often they want to serve with commitments ranging from a few hours to 40 hours per week. RSVP seeks to provide volunteer opportunities that enrich the lives of the volunteer, while assisting in meeting critical community needs. For more information about the program, please contact Dawn at (570) 390-4540 or email at houghtalingd@diakon.org

Thank you to all who volunteer in all ways throughout the year; we couldn't do it without you!



## Trees Word Search

W R O W I H A A Z H M A T G C		
A T S I U R P O N U S H W D A		
A T K L A R P T G L A A D O A		
N O R L S Y L T R W L L O R W		
E S P O C H E S T N U T G A A		
D O O W D E R H U R I F W I K		
P C L N W C O T T O N W O O D		
P K Y S E R M R D H I C O U I		
M R R P N N A O S T P P D Q L		
H L R R R D C A P K A L D E R		
O A E U E E Y A L C K L E S H		
H R H C N U S N O U N P U K A		
A C C E O P G S Y B I R C H W		
T H A Z E L P A M N H W R D L		
D C I N C E S W E Y C U D N T		

Alder	Cottonwood	Pine
Apple	Cypress	Poplar
Ash	Dogwood	Redwood
Aspen	Elm	Sequoia
Birch	Fir	Spruce
Buckthorn	Hawthorn	Sweetgum
Cedar	Hazel	Sycamore
Cherry	Larch	Walnut
Chestnut	Maple	Willow
Chinkapin	Oak	Yew



•FOR YOUR INFORMATION•

211 is a **FREE** and confidential service, connecting people to services in Wayne County.

**Get Connected / Get Help**

**Dial 211 or 1-855-567-5341**

**Website:** [pa211ne.org](http://pa211ne.org)

**Text your zip code to:** 898211



**Production Coordinator:** Kathy Robbins

**Menu Coordinator:**  
Lynn Potter, RD LDN

**Editor:** Suzanne Putzi



**Find us on Facebook at Wayne County Office of Human Services**



**Wayne County Area Agency on Aging**

**323 10th Street**

**Honesdale, PA 18431**

**570-253-4262 / 570-209-5770 fax**

**Elder Abuse/Protective Services:**

**1-800-648-9620**

**Honesdale Center:** Earl J. Simons Center, 323 10th Street, Honesdale, PA 18431, 570-253-4262/570-253-9115 fax. Located at end of 10th Street across from the Old Stone Jail.

**Hamlin Center:** Salem Township Building, 15 Township Bldg. Rd, Route 590, Hamlin, PA 18427 570-689-3766 /570-689-5002 fax, Route 191 South to Hamlin 4 corners, turn right onto 590 West, go 1/2 mile, turn right after UPS sign.

**Hawley Center:** Robert J. Drake Senior Community Center, 337 "A" Park Place, Bingham Park, Hawley, PA 18428, 570-226-4209 / 570-226-3422 fax. Route 6 to Hawley, past ball field across from mayor's office, just before bridge, left onto Park St.

**Northern Wayne/Lakewood Satellite Center located at:** Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co #) **November-February events — 1st Thursday only** events March-October - 1st & 3rd Thursday. **For reservations**, please call Marie at 570-253-5540.

**Transportation:** 323 10th Street, Honesdale, PA 18431; 8:00 AM—4:00 PM [www.waynecountypa.gov](http://www.waynecountypa.gov). Go to "Human Services" click on "Transportation" Call 570-253-4280; out of 253 exchange 1-800-662-0780.

**Wayne County Veterans' Affairs Representative:** 314 10th Street, Honesdale, PA 18431; For an appointment call 570-253-5970, ext. 3114 or email: [va@waynecountypa.gov](mailto:va@waynecountypa.gov)

**Wayne County Adult Day Program:** Robert J. Drake Senior Community Center 337 "B" Park Place, Bingham Park, Hawley, PA 18428 **We are accepting applications for new participants. Please call: 570-390-7388; fax 570-390-4564.**