

Wayne County Area
Agency on Aging

July 2020
Issue 120



News For All Seasons

June 2020

Hello! We hope that you are doing well and want everyone to know that we have missed you and can't wait until we can be together again.

We know that this has been a difficult time and have been happy to be able to stay connected with some of you through phone calls, drive-thru and Facebook exercise classes!

We are in the process of preparing a plan to resume activities at our Centers with a target date of 6/29/2020. At that time, meals and activities will resume on a limited basis and reservations will be required by 1pm on the prior business day. This will be strictly enforced.

We will not be able offer all of our previous activities at this time. A scheduled will be released at a later date.

Until further notice, we will continue to offer take-out meals at all 3 centers (11am-12pm with reservation by 1pm on the prior business day), Facebook Live Chair Exercise (Mondays, 9am), and check-in calls (weekly or biweekly) for those who would prefer this method of participation.

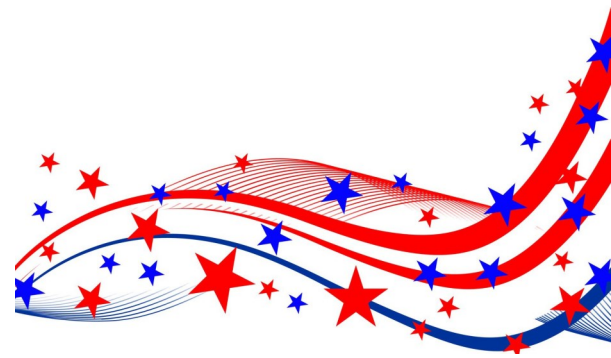
As we move into the next phase – we want you to be aware of the new protocols in place to keep our participants, volunteers, and staff safe. Please review our new guidelines, sign the acknowledgement and complete a brief survey prior to returning to the center.

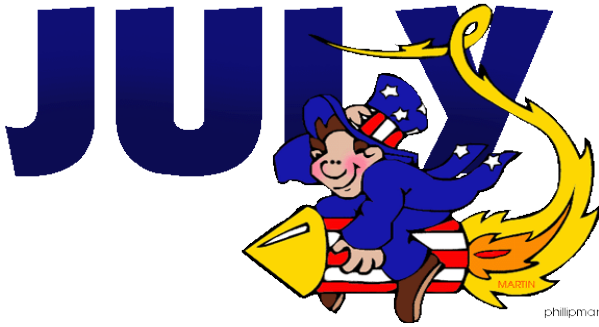
These guidelines will be closely adhered to and if you are unable to comply, you will be asked to leave. It is our goal that our Centers are safe and comfortable for all of our participants.

Sincerely,
Mary Ursich, MSW
Administrator

Pat Perkins
Senior Center Director

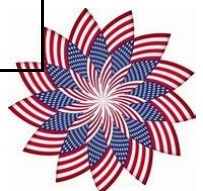
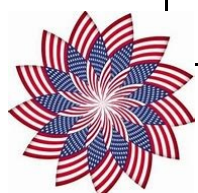
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**Suggested meal price:
\$2.50. Milk is included
with all meals.**

		1) Spaghetti & Meatballs Zucchini Yellow Squash Fresh Fruit	2) Hot Dogs & Roll w/Turkey Chili Baked Beans Corn Strawberries, Blueberries w/ Whipped Top- ping	3) Centers Are Closed
6) Tomato Juice Hot Ham & Cheese Broccoli Croissant Peaches	7) Chicken Leg Potatoes Green beans Roll w/ Butter Cranberry Sauce Fruit Cocktail	8) Pork Chops Sweet Potato Cream Corn Banana Muffin Applesauce	9) Potato Pollock Fried Rice Stir Fry Veg- gies Beets Tropical Fruit	10) Turkey Pot Pie Potatoes Butternut Squash Apple Slices w/ Raisins & Cin- namon
13) WG Macaroni & Cheese Stewed Toma- toes Carrots Mandarin Or- anges	14) Chicken Strips In Butter, Wine & Garlic Sauce Brown Rice Green Beans Yellow Squash Fresh Fruit	15) Beefy Tater Tot Casserole Beets Italian Bread w/Butter Peaches	16) Ham & Potato Casserole Zucchini WG Roll w/ Butter Strawberry & Pineapple Cup	17) Chicken Mar- sala Sweet Potato Cauliflower WG Blueberry Muffin Loaf Pears
20) Chicken Sweet Pota- toes Peas Roll w/ Butter Raisins	21) Sweet & Sour Pork Canton- ese Brown Rice Lima Beans Fresh Fruit	22) Turkey Cutlet Honey Glaze Red Potatoes Corn Roll w/ Butter Peaches	23) Meatball Hoagie w/ Marinara Sauce Capri Veggies Orange Sec- tions	24) Salmon w/ Honey Mustard Sauce Potatoes Broccoli Roll w/ Butter Fruit Cocktail
27) Pizza Burger w/ WG Roll Green Beans Beets Pears	28) Chicken Enchi- ladas Brown Rice Black Beans Corn Plantains	29) Roast Beef w/ Gravy Potatoes Broccoli Banana Muffin Loaf Apricots	30) Baked Fish Sweet Potato Mixed Vegeta- bles Roll w/ Butter Peaches	31) Vegetable La- sagna Mini Meatballs Spinach Italian Bread w/ Butter Mandarin Or- anges



SENIOR CENTER GUIDELINES EFFECTIVE 6/29/2020

- While at the center, masks must be worn at all times, except when at your seated at your table.
- Plexiglass shields will be installed in the reception areas and staff areas for additional protection. We ask that you not enter the staff cubicles and offices, unless invited by the staff member.
- Signs will be posted throughout the Center in regards to hygiene and social distancing. Please review these and follow all recommendations.
- Tables and chairs will be arranged according to social distancing guidelines. Please do not move any tables and chairs.
- Please do not enter the kitchen/dietary area.
- Everyone must remain on the first floor or the basement for specific activities. Only 2 people on the elevator at a time.
- Only one person in each restroom at a time.
- Coffee, tea, and ala carte will not be available at this time.
- Certain activities will not be available at this time.
- Reservations are required for congregate meals and all activities (by 1pm on the prior business day) with 24-hour cancellation notice. Honesdale: 570-253-5540, Hamlin: 570-689-3766, Hawley: 570-226-4209
- Participants must sanitize shared equipment in between each use.
- Sanitizing Wipes and hand sanitizing stations will be available throughout each center.
- Our maintenance staff will continue to thoroughly clean and sanitize all areas throughout the day.
- The card room/library at the Honesdale Senior Center will not be available until further notice.
- Each room has a capacity limit that will be posted. This capacity limit includes staff, participants, and volunteers.
- Any staff, volunteer or participant who is exhibiting symptoms of COVID-19 (fever 100+, shortness of breath/difficulty breathing, diarrhea, chills/shaking, muscle pain, headache, sore throat, new loss of taste/smell), has been in recent contact with someone who has tested positive for COVID-19, or traveled outside of the country within the past 14 days are asked not to enter the Center.

If you need to meet with a member of our staff to discuss services or assistance with applications, etc., please make an appointment.

I _____ (print name) acknowledge that I have reviewed these guidelines and agree to follow them while I am in any of the Wayne County Area Agency on Aging Senior Community Centers.

Signature

Date

SURVEY

- _____ I will return to the senior center for Congregate Meals.
- _____ I prefer to continue drive-thru/take-out meals or delivery (circle one).
- _____ I will return to the senior center for activities.
- _____ I would like Facebook Live Chair Exercise Classes to continue.
- _____ I would like someone to continue to call me weekly or biweekly (circle one).

Comments/Questions/Concerns/
Feed-
back: _____

Hamlin Senior Center

WELCOME BACK TO GREEN!

Alright it is a go! Green is the new fashion! It is ok to welcome you back into the fold! As of 6/29/20 we are authorized to open our doors again and I for one am very pleased to see each of you! We will have to do some programs a little differently to accommodate the occupancy guidelines required, however, it is all for you and your safety! Hopefully, you will feel comfortable and value the detail into the care measures taking place.

PS – Just a little peak at the garden. It nice to see some things do not change!

Becky



THE GARDEN



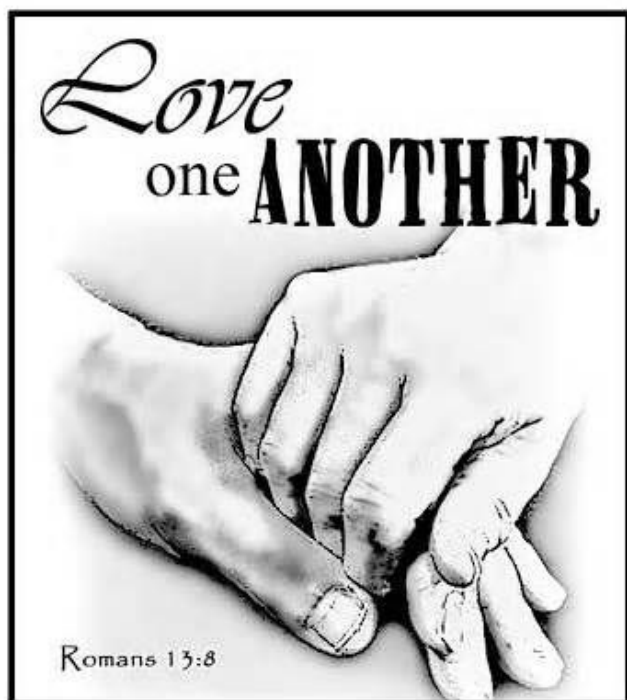
JULY BIRTHDAYS

Betty Sullivan
Camilla Palumbo
Gloria Czubowicz
Kathy Miller

7/3
7/15
7/16
7/16

Judith Pepe
Linda Vonderhey
John Falcone
Rose Camilleri
Irvin Weller

7/18
7/19
7/20
7/26
7/29



**"Darkness cannot drive out darkness;
Only Light can do that.
Hate cannot drive out Hate;
Only love can do that."**

Martin Luther King Jr.

Hawley Senior Center

We made it through this worrisome time in our lives. So on to our next chapter. It is a wonderful feeling having our centers back open, enjoying each other's company even though we have some important guide lines to follow. We will know more as we go on in our daily routine at the center.

Our Father's Day was celebrated by giving the Dads a small token of appreciation. Hope all Dads had a wonderful Father's Day.

See everyone soon and will know more about what we are expected to do.



July Birthday's



Tom Bates, Jeanne Smack, Joann Thurgood,
Al Guzzo, Jean Pollaro, Josephine Tramutola,
Frank Darling, Barbara Ann Uzupes, Steven
(Buck) Evans and Kathryn Powlics.



Northern Wayne Days Will Resume In August.

1st & 3rd Thursday of every month at the Northern Wayne Fire Hall.

Call 253-5970, ext. 3162 (Marie) one week in advance to reserve a box lunch!

Cards & Games

10:00 Exercise

11:30 B/P's

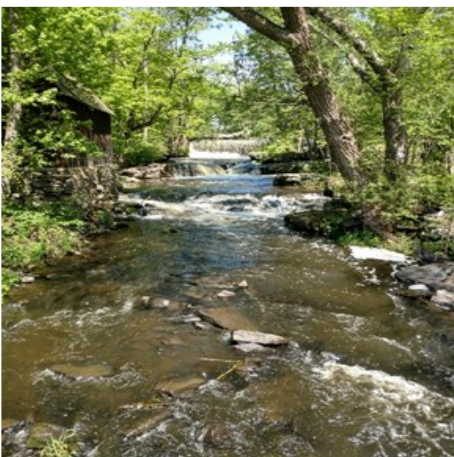
1:00 Crafts/Bingo



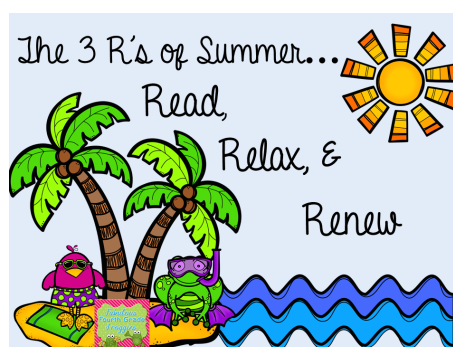
ABSORBING THE LOCAL BEAUTY

As I drive around my local backyard within Wayne County I have been noticing the beauty of places that I never gave a second glance to, just due to the busyness of life. Now I am thankful for the sights and sounds that provide a beautiful distraction to the world's current events. I'm grateful to take off the mask and breathe in the fresh air and feel the gentle breeze on my face.

All along I have been saying to myself and others, "this too shall pass" but... honestly, I always wish to absorb the sensory experience and the loving people within our community. Submitted By: Becky Klepadlo



Varden Falls Honesdale Falls



Honesdale Senior Center

AARP Tax Preparation Services: We regret to inform you the AARP is unable to reschedule tax preparation appointments for this season. Federal and state tax deadlines have been extended to 7/15/2020. If you have not done so already, we recommend that you make alternative arrangements to file your taxes or request an extension.



Going Green! It's the time we all have been waiting for. It will be wonderful to welcome everyone back to all of our centers. I know everyone will be excited to come back, but we will need to work together to ensure that daily operations run smoothly. Safety will be our biggest concern and our normal routine will not be happening right away. We ask for your patience as we move forward. All activities will not be offered at the onset. I know our Bingo players are raring to go, but it will be several weeks before that occurs. Our focus will be on serving meals and there will be limits for attendance to allow for "social distancing". We will not be serving coffee initially. I can hear everyone saying "What, no coffee!" but is a precautionary measure, at least for now, to avoid problems. Lunch reservations and cancellations will be critical. We will keep our drive- thru lunch going so we will need to know what list you wish to be on also. On the positive side, you'll be socializing and having lunch together, it will just take cooperation. We look forward to seeing everyone!

HONESDALE ACTIVITIES

SUBJECT TO CHANGE AND LIMITATIONS

<u>Monday</u> 9-10 Exercise on FACEBOOK "Mondays with Marie" 12-4 Beginning / Intermediate Line Dancing	<u>Tuesday</u> 10:30- 11:30 Exercise	<u>Wednesday</u> 11:00 -12:00 Tai Chi 11:30 Painting Class	<u>Thursday</u> 12:30 – 4:00 Dancing	<u>Friday</u> 10:30 – 11:30 Exercise 1:00 – 4:00 Pool
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MONDAYS WITH MARIE CHAIR EXERCISES ONLINE!

MONDAYS, AT 9:00 AM, MARIE WILL BE DOING A HALF-HOUR CHAIR EXERCISES CLASS VIA

WAYNE COUNTY OFFICE OF HUMAN SERVICES'

FACEBOOK PAGE.

Hand weights and resistance bands are used during the class; if you don't have those, you can improvise with canned goods and scarves!

Wayne County Area Agency on Aging - 570-253-4262



Wayne County Public Libraries Are Open!!!!

The WCPL's Current Hours are:

Mon- 10 am- 4 pm

Tues- 10 am- 4 pm

Weds- 10 am- 4 pm

Thurs- 10 am- 4 pm

Fri- 10 am - 4 pm



Veterans Affairs:

We are pleased to welcome Wayne County's new Veteran Affairs Director, Tom Yadlosky. Starting, 7/6/2020, Mr. Yadlosky will be seeing veterans at the Wayne County Area Agency on Aging on Tuesdays and Wednesdays. During this time we request that an appointment is scheduled by calling 570-253-5970, ext. 3114.



APPRISE

Greetings to everyone from the APPRISE staff. We hope everyone is staying safe and following the recommended guidelines. We continue to assist clients by phone and mail, but we do realize that adds to the confusion, especially when dealing with Medicare. For those who are turning 65, Social Security is the first step. If you are working and covered by a group health insurance and will continue working, you do not have to do anything. This pertains to employers with more than 20 workers. If you are not covered through employment or retiring, you will need to apply for Medicare A + B. Even if you have a retiree health plan that provides great coverage, if you are not "actively" working, you will receive a penalty when you do apply. The penalty is 10% for every 12 months that you do not have Medicare and would be based on the current rate of \$144.60 for the Part B premium. PART A is free and covers hospitalization. PART B covers the majority of services outside of a hospital stay, such as testing, lab work and outpatient procedures. Medicare covers at 80% and plans are available to pick up to remaining 20% and deductibles. A drug plan is also required and the penalty for not joining a drug plan is 1% for every month without it.

If you are turning 65 or thinking about retirement, give us a call. We can answer your questions and provide guidance for determining your specific needs. Call us at the Honesdale Senior Center – 570-253-4262 or Lu at the Hawley Senior Center at 570-226-4209. Stay safe! Submitted by: Pat Perkins

FARMERS' MARKET VOUCHERS

Please see page 9 of this newsletter for an application.

TO BE ELIGIBLE:

MUST BE A WAYNE COUNTY RESIDENT
60 YEARS OF AGE OR OLDER BY 12/31/20
MEET THE HOUSEHOLD INCOME GUIDELINES
(\$23,606 for 1 person; or \$31,894 for 2 people)



Applications need to be completed including **SIGNATURE** and **DATE OF BIRTH** and **sent back to:**

WAYNE COUNTY AREA AGENCY ON AGING
323 10TH STREET
HONESDALE PA 18431

Applications will be processed and vouchers will be mailed to you on or about 7/1/20.

To find a farmers' market or farm stand with eligible farmers, go to www.pafmnp.org. For a market with a phone number, please contact the market for changes to operating hours before visiting.

Any questions, please call 570-253-4262



The Wayne County Transportation System operates in service to the citizens of Wayne County. To ask about transportation options, please check out our area of the Wayne County website, under Human Services, or call us at 570-253-4280.



For office use only
Application _____

**COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF AGRICULTURE
SENIOR FARMERS' MARKET NUTRITION PROGRAM**

2020 Application Form

To qualify you must be a Wayne County resident, 60 or older (or turn 60 by 12/31/2020) and meet the household income guidelines.

RIGHTS AND RESPONSIBILITIES

I certify that the information I have provided below for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP.

By signing this, I acknowledge that my total household income is within the Income guidelines: \$23,606 for 1 person in the household; or \$31,894 for 2 people in the household and that I am 60 years old or older (or will turn 60 by December 31, 2020).

1st Participant Name (print): _____ **Birth date** _____
(Person vouchers are for)

(Signature)

2nd Participant Name (print): _____ **Birth date** _____
(if applicable) (Person vouchers are for)

(Signature)

Address (print): _____ **Telephone Number:** _____

City, State, Zip _____

Please circle the most appropriate identifier for each:

Ethnicity: Hispanic or Latino Not Hispanic or Latino

Race: American Indian or Alaskan Native Asian Black or African American
Native Hawaiian or other Pacific Islander White

If more responses are received than funding allows you will be notified by mail.

Please mail or email your completed form before September 30, 2020 to:

Wayne County AAA, 323 Tenth Street, Honesdale, PA 18431

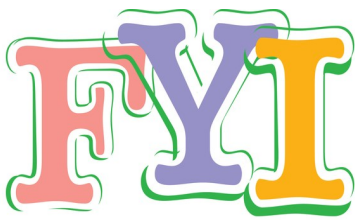
Phone: 570-253-4262

nkutch@waynecountypa.gov

OR

kmcginnis@waynecountypa.gov

This institution is an equal opportunity provider.



• FOR YOUR INFORMATION •

Wayne County's Information and Referral Program is a FREE and confidential service connecting people to services in Wayne County. 1-866-253-5986 toll free or in the 253 exchange 570-253-5986. Also, contact 211 of Northeast PA 24 /7. Text 898211 with your zip code and question. Or on line at: www.pa211ne.org. Toll free 1-855-567-5341



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Editor: Clarissa Wimmers cwimmers@waynecountypa.gov

Honesdale Center Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax end of 10th St. across from Stone Jail

Hamlin Center Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after UPS Sign

Hawley Center Robert J. Drake Senior Community Center 337 Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St

Northern Wayne satellite @ Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co) Meetings March-October - 1st & 3rd Thursday; Meetings November-February—1st Thursday only

Transportation 323 10th Street, Honesdale, PA 18431; 8:00 am-4:00 pm www.waynecountypa.gov go to "human services" click on "transportation" 570-253-4280; out of 253 exchange 1-800-662-0780

Wayne County Veterans Affairs Representative: 323 10th Street, Honesdale: For an appointment call 570-253-5970, ext 3114

The Wayne County Adult Day Service will reopen 6/29/2020. We are accepting applications for new participants. To contact the Hawley Center please call: 570-390-7388; fax 570-390-4564

Wayne County Area Agency on Aging
323 Tenth Street
Honesdale, PA 18431
570-253-4262 / 570-253-9115 fax
Elder Abuse/Protective Services:
800-648-9620

PLEASE
PLACE
STAMP
HERE

