



News For All Seasons

Wayne County Area
Agency on Aging



pennsylvania

Medicare Education and Decision Insight

By Pat Perkins

Greetings to everyone from the PAMEDI staff. (I'm having a hard time getting used to the new name.) It's hard to believe that we are moving into the next season already. It seems like we were just planting our gardens and enjoying the sights and sounds of summer. Hopefully everyone has the opportunity to visit the local farmers' markets or reap the harvest from your backyard gardens.

With the autumn season comes the deluge of mailings and phone calls related to Medicare drug plans and Medicare Advantage plans. The Annual Enrollment Period (AEP) begins October 15th and runs to December 7th. We encourage everyone to pay attention to the information received from your current plan, whether it is a "stand alone" drug plan or an Advantage plan, which includes both health and drug coverage. Premiums for plans will likely increase; many times we have seen a consumer's current plan increase, concurrent with the introduction of a lower cost plan to attract new consumers.

The cost of a plan premium does not determine how good the plan is. The best plan for each beneficiary is dictated by your medications. Staff enters your medications at the Medicare "Plan Finder" website and provides details on the most cost-effective plan for each consumer. The website also gives information on the cost of the medication during each phase of the Medicare structure, availability on the plan's formulary, and pharmacy information. We rarely see a pharmacy that is not in network, but costs vary according to "standard" or "preferred" sites. Again, the outcome is determined by the consumer's medications. Advantage plans undergo these changes as well and the health coverage portion is subject to a wide variety of copays. Providers can choose to not participate with certain companies, and, if so, that would cause a consumer to incur an "out-of-network" increase.

For those who have a traditional supplement, such as Plan G, Plan N, etc., no changes occur except for the yearly premium increase due to a consumer's increased age. "New to Medicare" recipients are eligible to purchase a supplement plan without health questions (aka Guaranteed Issue), however when changing supplement plans, whether for lower premiums or more or less coverage, consumers are subject to health questions. The answers will determine acceptance, denial or a higher Tier 2 premium cost.

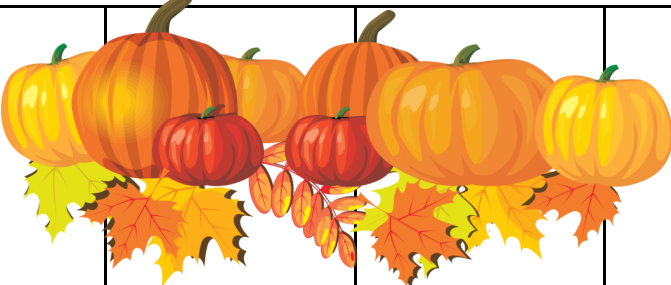


Pennsylvania's Pharmaceutical Assistance Contract for the Elderly (PACE) cardholders will receive a letter stating what course of action to follow. Most PACE participants have a Part D "Partner Plan" that coordinates with the state-operated program funded by the PA lottery. This past year's partners were Silver Script Choice and Wellcare. PACE will inform you of the plan that's best for you and if you agree, (which you should), you will not have to do anything. PACE staff will take care of any changes. Please remember to note what plan you will be in.

For questions or appointments, please call for PAMEDI assistance in Honesdale - 570-253-4262 or Lu in Hawley- 570-226-4209. You can also go online to Medicare.gov or call Medicare at 1-800-633-4227.

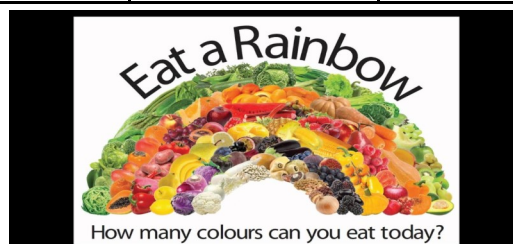


**Suggested meal price:
\$2.50. Milk is included
with all meals.**



			1) Teriyaki-Glazed Turkey Cutlet Home Fried Potatoes Corn Roll/Butter Strawberry & Pineapple Cup
4) Meatloaf Scalloped Potatoes Roasted Broccoli Rye Bread/Butter Pineapple Chunks	5) <i>Wayne County Goulash</i> Over Noodles Carrots Wheat Bread/Butter Vanilla Pudding	6) Pork Chop Au Jus Brown Rice Butternut Squash Wheat Dinner Roll/Butter Fresh Orange	7) Lemon Butter Cod Baked Potato Vegetables Bread/Butter Ambrosia NW-Juice, Egg Salad On Rye, Pickled Beets, Fruit
11) Columbus Day All Centers and Offices Closed  Columbus Day	12) Hawaiian Pork Brown Rice Steamed Cauliflower Rye Bread Pineapple Chunks	13) Octoberfest Chicken & Red Cabbage Potato Pancake Bavarian Pretzel Orange 	14) Shepherd's Pie Candied Carrots Rye Bread/Butter Chocolate Pudding
18) Beef Stew Creamed Spinach Biscuit/Butter Fresh Cantaloupe H.B. Apricots	19) Orange Juice Cheese Omelet Sausage Patty Breakfast Potatoes Wheat Bread/Butter Strawberries w/ Whip Topping	20) Spaghetti w/ Meatballs Italian Green Beans Wheat Bread/Butter Fresh Apple	21) Turkey Pot Pie Brussel Sprouts Rye Bread/Butter Pumpkin Mouse w/ Whip Topping NW-Juice, Tuna Fish Wheat Bread, Bean Salad, Fresh Fruit Cup
25) Baked Ham Sweet Potatoes Steamed Broccoli Rye Bread/Butter Applesauce	26) Lemon Pepper Fish Roasted Potato California Blend Bread/Butter Peaches & Pears	27) Vegetarian Shepherd's Pie Spinach Biscuit w/ Butter Fresh Apple	28) Chili Con Carne Baked Potato Cauliflower Cornbread/Butter Fresh Orange
			29) Halloween Chicken In Orange Juice Red Skin Potatoes w/ Herbs Baby Carrots Bread/Butter Dirt Cake

*NW=Northern Wayne
*H.B=Homebound





Community Luncheon

HONESDALE, PA

2nd Saturday | 11:30am to 12pm
St. John's Evangelical Lutheran Church
Shelley Carr, 609-668-9141

4th Saturday | 11-11:45am
St. Mary Magdalene Catholic Church
Dave Nonnenmaeher, 570-253-3378

5th Saturday | 11-11:30am
United Methodist Church



Did you know that the Hamlin, Hawley, Honesdale Senior Centers offer a variety of meals Monday through Friday?

We offer these meals to our Seniors age 60 and older. The spouse of a registered member may also enjoy a meal regardless of their age! We request a donation per meal of \$2.50. If someone is younger than 60, our suggested donation is \$5.50.

Indoor dining is available, but limited because of COVID-19 restrictions. As restrictions are lifted, indoor dining will not be as limited. You will have the opportunity to meet new people and develop new friendships. For now, another nice option is our drive-up/take-out meals.

Once you have registered, all that we request of you is to call and make a reservation by 1:00 p.m. one day prior to dining in or taking out your meal(s).

To join, please register by calling Kathy at: 570-253-5540. She will be happy to assist you.

Did you know that we offer home delivered meals to those who qualify for the service?

If you are not able to travel to pick up your meal(s), you may be eligible for home delivered meals. To learn more about this service, please call 570-253-4262 and ask for the *Intake Worker*.



Hamlin Senior Center



This Photo by

October Events

Hamlin Senior Center 23rd Anniversary – 10/13—Come celebrate our Hamlin anniversary! Oktoberfest theme with entertainment by John Stevens and the Doubleshot band beginning at 11:00, and German style food served!

Chair Yoga – Mondays at 10 AM, 10/4, 10/18, 10/25

Healthy Steps in Motion – Weds. and Thurs. at 10 AM

Columbus Day – Center closed in observance of holiday.

Mary Ann's Spa Day – 10/19 – Enjoy facial treatments, pedicure soaks and nail painting.

Shuffleboard Competition – Friday, 10/22 at 11 AM

Mary Ann's Craft Corner – 10/26 – Thanksgiving favors at 10 AM.

Bingo – Tues. at 1 PM and Fri. at 1 PM.

Halloween Gathering – Friday, 10/29. Judging the ugliest, funniest, scariest and most original. Prizes for the winners! Bingo at 10 AM.

(Schedule subject to change)



Monday	Tuesday	Wednesday	Thursday	Friday
1:00-2:00	10:00-11:00	10:00-11:00	10:00-11:00	10:00-11:00
Chair Yoga	Brain Games	Healthy Steps in Motion Exercise	Healthy Steps in Motion Exercise	Bingo
	1:00-2:00		11:00	11:30
	Bingo		Zumba Gold	Weigh-In

Happy October Birthdays

Paige Balitski 10/17
William Waller 10/23

Nancy Davis 10/24
Marilyn Farcas 10/28



Woodstock Day: Left to right, Oliver Washburn, Becky Klepadlo and Janet Sauers.

Consumers received the royal treatment during Hamlin Spa Day on 8/17/21.



Hawley Senior Center

IT'S FALL Y'ALL! We had a terrific summer with friends and family. Now moving on to the next chapter, we look forward to the changing of the leaves. Our Woodstock celebration was a big success due to the talented entertainment by Mary Peck, decked out in 60s garb (see photo bottom left), Also featured below are Pat Gemeinhardt with Sandy Murphy (center photo) and finally, left to right Lu Seagraves, Tom Olszewski, Arlene Olszewski, Joan Polinkas enjoying the Labor Day party.

Oktoberfest is on Wednesday October 13th. Music performed by Dante Giammarco starting @ 11:30.

Our Halloween party will be Friday, October 29th. Come in costume and perhaps win a door prize.

Check out our activities for the month. Stop by to see what interests you. We still have an eye out for Pinochle players, with instruction available.



****SCHEDULE SUBJECT TO CHANGE****

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9:00-3:00	9:00-3:00	9:00-3:00	9:00-3:00	9:00-3:00
Exercise Equip.	Exercise Equip-	Exercise Equip.	Exercise Equip.	Exercise Equip.
11:00-2:30	ment	10:00-10:30	1:00-2:00	10:30-11:30
Mahjong	10:30 - 2:00	Tai Chi (small fee)	Bingo	Healthy Steps
10:30-2:0	Ceramics	10:30 - 2:00		Class
Healthy Steps	1:00-2:00	Ceramics		
Class	Bingo	10:30-11:30		
10:30-11:30		Healthy Steps		
10:30 -2:00		Class		
Ceramics		5:30-8:30		

October Birthdays

October Birthdays are as follows: Frances Lloyd (102 years young), Valerie Moll, Ann Morgan, Mia Kwiatkowski, Doris Cory, George Hazen, Jim Mancuso, Monica Steele and Dottie Giess. Happy Birthday to you all.



Honesdale Senior Center



Walk with Ease Program Continues – Mondays and Fridays at 1:00 p.m.

Walk with Ease is a program specifically designed for those with arthritis but anyone may participate. Walk at one's own pace around Honesdale's Central Park, weather permitting. Call Marie at 253-5540 to register.

Birthday Friday – October 1, 2021

Are you an October baby? If so, please come down to the center to celebrate all those born in October. Please call Kathy at 253-5540 to make a reservation.



Columbus Day—October 11, 2021

The center is closed in observance of Columbus Day.

Oktoberfest – October 13, 2021

Did you know that **Oktoberfest**, the annual festival in Munich, Germany, is held over a two-week period and ends on the first Sunday in October. The festival originated on October 12, 1810, in celebration of the marriage of the crown prince of Bavaria. Help us celebrate by enjoying live entertainment and a traditional German-style meal complete with Bavarian pretzel. Please call Kathy to make a reservation.



Halloween Party – October 29, 2021

Start planning your costume! We promise fantastical fun, ghoulish games and devilish door prizes for the best in several categories. Call Kathy to make a reservation and ensure your spot.



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
9:00-10:00	10:30-1:30	10:00-11:00	1:00-4:00	10:30-11:30
"Mondays with Marie"—	Exercise	Exercise	Billiards	Exercise
Exercise streamed live	1:00-4:00	11:00-12:00	1:00-2:00	1:00-4:00
on Wayne County PA	Billiards	Tai Chi	Walk w/	Rummikub tile game
Human Services' FACE-		1:00-2:00	Ease	
BOOK page		BINGO		
11:00-3:00 Bridge				
1:00-2:00 Walk w/ Ease				
*SUBJECT TO CHANGE AND LIMITATIONS				

NORTHERN WAYNE/LAKEWOOD CENTER

October 5, lunch is juice, turkey sandwich, pea/broccoli pasta salad with grapes for dessert. On October 21, lunch will be juice, tuna on wheat bread, cold bean salad and fresh fruit cup for dessert. Halloween party including Trick or Treat Bingo is planned—please dress in costume for a chance to win a door prize. Amy Costantino and Lynn Potter from the County's Dietary department will make a presentation. PLEASE CALL 253-5540 one day prior by 1:00 PM TO MAKE A RESERVATION SO THAT WE HAVE AN ACCURATE NUMBER OF MEALS ORDERED—we want to make sure everyone who attends gets lunch!



How lucky were the Lakewood seniors above to receive a visit from Santa and his helpers in honor of Christmas in July! Many thanks to John and Lorie Fearon (Santa and Mrs. Clause) and guest elf!



WT! Work Crew Program Creates Opportunities for High School

In August, the Wayne Pike Workforce Alliance recruited a group of teenagers for a small-scale Wayne Tomorrow! Work Crew. It is a new paid work experience for high-school age students.

Tessa Wright, who coordinates the program, said the WT! Work Crew provides young people with an opportunity to work at different jobs and to experience different types of work with the help of a group of community partners,

Along with the work-experience component, the students are involved in career exploration through “lunch and learn” activities and adult occupational mentoring. But critically, the Work Crews provide opportunities, in more ways than one.

Work Crew Supervisor Alison Miszler came to the program from a summer job with Wayne County, overseeing the Parks & Recreation schedule. Home from college for the summer, Miszler said she wasn't sure what she was going to do when a friend recommended her for the county job.

That opportunity led to the Work Crew position and once the summer program ends, she is headed to a new post at a local law firm.

Following her sophomore year, Miszler said she is taking some time off to gain a better understanding of where her career interests lie. “I never thought I would be doing something like this, but I really like it,” she said.

Along with getting the three-member pilot crew organized and on task three to five days a week depending on weather, she also oversees their rides to and from work on County Transportation.

Miszler said there is often a stigma that young people don't want to work, but they just need an opportunity. In fact, one of the students received a job offer from the Chamber of the Northern Poconos after the crew worked there. Another has been invited to join a US Army Corps of Engineers youth program after working at Prompton Dam, and a third works at the Wayne County Public Library.

One day in late August, the crew gathered in the basement of the Senior Center in Honesdale packing bread and butter for the freezer packs seniors receive each week in addition to their daily, home-delivered meals.

The day before, they toured the Courthouse and learned about its history, attended the County Commissioners Meeting and lunched in Central Park. Before that, the teens washed county vehicles for Children & Youth Services at Park Street.

The WT! Work Crew creates opportunities for young people to develop important work skills and engages youth in the community, while illustrating rewarding careers right here in Wayne County.



The Wayne County Transportation System operates in service to the citizens of Wayne County. To find out about transportation options, please check out the information on the Wayne County website under Human Services, or call us at:

570-253-4280



Improvements on the Way!

Please bear with us as we undergo renovations in the basement area of the Honesdale Senior Center. Certain activities may need to be rescheduled or relocated during this time. Thank you for your patience and understanding. It is anticipated that this will take several months.



DO YOU HAVE EXTRA SPACE IN YOUR HOME?

WOULD YOU LIKE SOME COMPANIONSHIP?

EXTRA INCOME ?

If you answered "yes" to these questions, the

SHARE program may be just what you need.

SHARE (Shared Housing And Resource Exchange) is a housing program being offered in Monroe, Pike and Wayne Counties.

Professional Housing Counselors screen and match people who have extra space in their homes with people seeking an affordable living situation.

If this sounds like a good idea for you or someone you know, please contact: Larisa Yusko (570) 832-5133

BECOME A VOLUNTEER OMBUDSMAN!!!

- ★ Are you LOOKING for a way to really MAKE A DIFFERENCE?
- ★ Do you enjoy working with older adults?
- ★ Have some time you want to fill with a worthwhile activity such as helping ensure the rights of long term care consumers?

If your answer to these questions are yes and you are willing to commit a few hours of your time each month, call to talk with the **Wayne County** Long-term Care Ombudsman, at (570)-344-7190.

Speak with Linda or Bernadette to find out how you can become a part of the Volunteer Ombudsman Program in your community.

FREE TRAINING PROVIDED

YOU TOO CAN MAKE A DIFFERENCE!!!



Retired & Senior Volunteer Program of Berks, Pike & Wayne Counties



Wayne County Area Agency on Aging

Meal Delivery Driver Fill-In, as needed

Wayne County Food Pantry

Packing/Distribution, Warehouse Pallet Assembly,
Gleaning Program



American Red Cross

Blood Donor Ambassador
Disaster Relief

Serving Seniors, Inc.

Volunteer Ombudsman



Senior CHAT Program

Call seniors who are isolated
Or Refer someone to receive a friendly call

Dawn Houghtaling, RSVP Coordinator
570-390-4540 or Email: houghtalingd@diakon.org



**RSVP is funded by AmeriCorps and sponsored
by Diakon Community Services.*



Emergency Rental Assistance Program (ERAP)



The Emergency Rental Assistance Program (ERAP) offers rental assistance and housing stability services to individuals and families experiencing or at risk for homelessness due to the coronavirus disease (COVID-19). ERAP can provide eligible families and individuals financial assistance for rent, rental arrears, utilities and home energy costs, utility and home energy costs arrears, and other expenses related to housing incurred due, directly or indirectly, to COVID-19, in addition to housing stability services, such as case management.

RENTAL AND UTILITY ASSISTANCE - Rental and utility assistance related to the COVID-19 outbreak or unemployment includes assistance that enables eligible households to prevent homelessness or near homelessness by aiding households where housing stability is at risk. Rental, utility and other expenses related to housing, separately or when combined, can be made only for up to 12 months plus an additional three months, if necessary, to ensure housing stability for the household, subject to the availability of funds.

HOUSING STABILITY SERVICES – Housing stability services related to the COVID-19 outbreak include those that enable eligible households to maintain or obtain housing.

For more information, call 570-253-2304 or email: ERAP@waynecountypa.gov



The 3 R's for Medication Safety



All medicines have RISKS as well as benefits. Weigh these risks and benefits carefully for every medicine you take. RESPECT the power of your medicine and the value of medicines properly used. Take RESPONSIBILITY for learning about how to take your medication safely.

Juggling multiple medications and remembering when to take them can be difficult for people at any age.

Here are some tips to make things easier.

Keep things simple. Talk to your doctor or pharmacist about how you could simplify your medication schedule so it will be easy for you to keep track of everything. Also, try using one pharmacy for all prescriptions and refills—that way, the pharmacy can help you manage your refills and check for possible drug interactions.

Make a reminder sheet or calendar. Writing down your medication schedule will help you keep track of what to take and when. For each medication you take, note the day and time you should take it, any special instructions (for example, “Take with food”), and where you will store it (Note: certain medications such as opioids, sedatives and depressants should be kept in a secure place and out of sight from other family members, especially teenagers and young adults who might try to take them inappropriately to get high).

Set a daily routine. If possible, take your medicines at the same time each day, and tie your medication schedule to your daily activities. For example, you could take all of your morning medications just before or after breakfast. Or, if you need to take a certain pill each night before bed, you could keep it next to your toothbrush to help you remember.

Ask your healthcare professional about using reminder tools or products. Many tools are available to help you remember when and how to take your medications. Some people use special pill containers to sort pills by day or time of day. Others use beepers, telephone alerts or programs on their computer or phone to keep track. Or, you can devise your own daily checklist or color coding system.

Enlist someone to help. Take a friend or caregiver along to the doctor or pharmacy if you think you might need help understanding or remembering medication instructions.

Make notes. Take a sheet of paper to the doctor's office to help you take notes on your medications.





www.techowlpa.org

FREE Tools and services to help people

- Device Lending Library - Demonstrations- Free Special Phones - Funding Options
- Reuse Program - Problem Solving

ASSISTIVE TECHNOLOGY PROGRAMS IN PENNSYLVANIA

PA's Assistive Technology Lending Library (PA's ATLL)

PA's ATLL is a free program for Pennsylvanians with disabilities.

- Any age, any disability. - Delivered by UPS.
- Short- term trial of assistive technology devices - 9 weeks.
- "Try before you buy". - Hundreds of devices and apps to borrow

Free Phone Program wireless and landline

Provides free adaptive phones for those who qualify.

- PA resident with a qualifying disability. - Ages 6 years and up.
- Have access to a phone or cell service. - Meets income guidelines

PASS A. T. ON (RE-USE PROGRAM)

PASS A. T. ON is a free in-house reuse program for gently used Assistive Technology devices. Call to donate or receive items. Common items are:

- canes -walkers -wheelchairs -shower chairs -commode chairs -adaptive phones

iCanConnect

The National Deaf-Blind Equipment Distribution Program (NDBEDP), will ensure that low-income individuals who have combined hearing and vision loss can access telephone, advanced communications, and information services.

Pennsylvania Assistive Technology Financing Program

The Pennsylvania Assistive Technology Foundation (PATF), an independent, not-for-profit corporation. PATF has created 2 loan programs for to assist Pennsylvanians with disabilities to purchase the Assistive Technology they need.

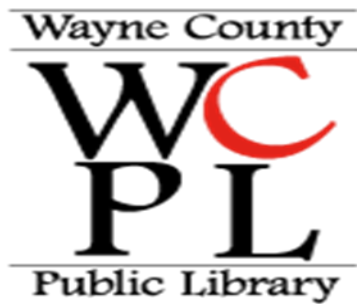
100.00-7,000.00= 0% interest; 7,000.00 and up= low interest rate (3.75%).

<http://patf.us/>

For more information, contact the **Assistive Technology Resource Center** at UCP.



Heather Taber
Assistive Technology Specialist
UCP OF NEPA
Assistive Technology Resource
Center (ATRC)
425 Wyoming Avenue
Scranton, PA 18503
Voice 1-877-UCP-TECH
Office: (570) 347-3357 ext.32
TTY: (570) 347-3117



1406 Main Street
Honesdale, PA 18431
570-253-1220
www.waynelibraries.org
Connecting our community

CONTACT ELIZABETH AT ewilson@waynelibraries.org or 570-253-1220 to register or with questions.

October's Library Literary Series is Myths and Legends. Email us your favorite myth or legend and we will post the information.

Debby Pollak returns with a fall art series: Tuesdays, 10/5 and 10/19 from 5:00 to 6:00 p.m. featuring creating sculptural Halloween pots. (Be sure to look for her art sessions 11/9 & 16, and 12/7 & 14. Fee is \$5.00 per session.)

COMIC CON—Saturday, 10/9 from 12:00 to 3:00 p.m. for all ages (adults, teens, and children). A day of trivia, cosplay, riddles/music, children's obstacle course, and more. Dragon's Den Gaming and Hobbies will join us. (Don't forget about the art contest—entries due 10/2.) Prizes.

Culinary Book Club series continues meeting Wednesday, 10/13. This time we travel to New Zealand to try their food specialties. We are reading the book "Garlic and Sapphires," by Ruth Reichel.

Seasons of Spices continues this month. October's spice is Herbes de Provence. We provide the spice and the recipe. You make it and let us know what you think. It's not too late, you can join now. We continue into December.

Essential Oils returns with Helen Mele Robinson on Tuesday, October 26 from 4:30 to 5:30 p.m. with "Essential Oils and Mood Management."



IS THAT REALLY PPL AT YOUR DOOR?

When you hear a knock or the doorbell ringing, you never know who might be on the other side. One thing you can be certain of—it's not PPL trying to solicit your business. We deliver your electricity, but in Pennsylvania you can shop around for the supplier that's right for you. While most suppliers market their services appropriately, some use fraudulent tactics – like misrepresenting themselves as PPL or offering too-good-to-be-true deals. Don't be fooled! Here are some tips to identify and slam the door on scammers:

Don't let fast talking salespersons push you into providing your personal information or deciding on the spot. If someone knocks, claims to be from PPL and asks for money or wants you to sign a contract, don't do it. We never solicit services or demand payments door-to-door.

Remember, if a salesperson tells you something that seems too good to be true, it likely is. Know what questions to ask when switching suppliers: Is this a variable or fixed rate? What is the length of the agreement? Is there an automatic renewal? Are there cancellation, change or penalty fees?

Check the price you're currently paying for your energy supply and compare it to the PPL price to compare, as well as other supplier offers. Visit pplelectric.com/shopsmart for more shopping advice. Spread the word. Let neighbors know they should keep an eye out for scammers.

Article courtesy of PPL Electric Utilities. If you think you may have been tricked, want to report a scammer or if you have any questions, contact PPL at 800-342-5775.



Autumn

Word Search

B	U	G	U	N	T	L	C	Z	M	A	D	A	O	F
M	Q	A	E	A	T	Y	I	Q	U	R	P	E	A	L
E	T	A	U	H	S	P	S	T	K	P	E	M	G	F
A	C	N	A	N	A	N	U	E	L	O	I	W	N	E
Y	J	N	Z	Y	R	M	I	E	R	L	I	G	F	T
S	K	G	V	O	N	D	C	P	Y	O	G	Z	U	A
S	M	X	C	M	Y	I	D	S	U	X	M	B	V	T
H	Y	A	K	S	D	S	C	D	A	M	O	S	E	X
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ACORN
APPLE CIDER
AUTUMN
BONFIRE

FAMILY
HAYRIDE
LEAVES
PUMPKIN

SCARECROW
SMORES
TURKEY
THANKS



Veterans' Affairs Update

REFLECTIONS FROM VETERANS' AFFAIRS

OCTOBER --- You are such a beautiful month! Perhaps it is a good time to pause and reflect on how far we have come this past year, before rushing forward!!

May found us paying respects to our fallen on Memorial Day. ~~Blink~~ and it is July!! With Covid-19 rules easing, we celebrated our nation's independence! It felt so good to picnic outside with friends and family!! ~~Blink~~ It became September. It was on a September day just 20 years ago, that our world once again made a drastic change. On September 11th, we took time to pay our respects to those brave individuals who rushed towards danger, in an attempt to save countless others. So many lives were lost on that fateful day!!

Now it is October!! Let us stop and take time to enjoy the crisp autumn air and the beautiful leaves before they fall away. Let's just relax and enjoy the peace of a clear fall day! Oh, and have a sip of cider with a friend – I promise not to ask if it is sweet or hard! ☐

Looking ahead, we will honor our veterans on November 11th. We will recognize and thank them for their past service and help them with their current struggles against the unseen enemies that many are fighting. Which reminds me—Veterans' Day ceremonies will be held at all four Senior Centers this year. Northern Wayne is scheduled for Nov 4th at the Lakewood Fire Hall; Hawley Center is on Monday, Nov 8th; Hamlin Center on Tuesday, Nov 9th, and Honesdale Center on Wednesday, Nov 10th. Please call me for further details, and to reserve your spot!!

After that, we will rush head-long into holiday preparations with family and friends.

So, in this Fall-induced mood of reflection, I want to say Thank You for all the kindnesses that everyone has shown. 2021 is turning out to be a year of great change in the Veterans Affairs office. The office is now open full-time to serve our veterans, and I am hopeful that the future holds a new, more convenient office with a meeting room for various veteran groups to gather. Let it be a sheltered place for friendships and healing.

Your humble servant/veteran, Vicki



VIP has emergency services that are available 24 hours/day, 365 days/year.

24-hour hotline: [570-253-4401](tel:570-253-4401) or [570-296-HELP](tel:570-296-HELP). *All calls are kept confidential.* Trained counselor/advocates will assess safety with you and help create a safety plan. Advocates will also provide information on medical care, shelter, legal assistance and other resources. The hotline is available to victims, loved ones and anyone wanting more information.



• FOR YOUR INFORMATION •

211 is a FREE and confidential service, connecting people to services in Wayne County.

Get Connected / Get Help
Dial 211 OR 1-855-567-5341
Website: pa211ne.org
Text your zip code to: 898211



Production Coordinator: Kathy Robbins
Menu Coordinator: Lynn Potter, RD LDN

Editor: Suzanne Putzi

AgingNewsletter@waynecountypa.gov

Wayne County Area Agency on Aging

323 Tenth Street

Honesdale, PA 18431

570-253-4262 / 570-253-9115 fax

Elder Abuse/Protective Services:

800-648-9620

Honesdale Center Earl J. Simons Center 323 10th Street, Honesdale, PA 18431 570-253-4262/570-253-9115 fax. End of 10th St. across from Stone Jail

Hamlin Center Salem Township Building, 15 Township Bld. Rd, Route 590 Hamlin, PA 18427 570-689-3766 // 570-689-5002 fax, Route 191 South to Hamlin 4 corners turn right onto 590 West, go 1/2 mile turn right after UPS Sign

Hawley Center Robert J. Drake Senior Community Center 337 "A" Park Place, Bingham Park Hawley, PA 18428 570-226-4209 // 570-226-3422 fax Route 6 to Hawley, past ball field across from Mayor's office, just before bridge, left onto Park St

Northern Wayne/Lakewood Satellite Center located at: Northern Wayne Fire Company, 1663 Crosstown Highway, Lakewood, PA 18439 570-798-2335 (fire co #) **November-February Events — 1st Thursday only** Events March-October - 1st & 3rd Thursday. **For reservations**, please call Marie at 570-253-4262.

Transportation 323 10th Street, Honesdale, PA 18431; 8:00 am-4:00 pm www.waynecountypa.gov go to "human services" click on "transportation" 570-253-4280; out of 253 exchange 1-800-662-0780

Wayne County Veterans Affairs Representative: 323 10th-Street, Honesdale: For an appointment call 570-253-5970, ext. 3114 or email: va@waynecountypa.gov

The Wayne County Adult Day Program - Hawley Center Robert J. Drake Senior Community Center 337 "B" Park Place, Bingham Park Hawley, PA 18428 *We are accepting applications for new participants. Please call: 570-390-7388; fax 570-390-4564*

